Inside this issue:

A Reflection from Deacon Matthew Hahn

Mass for Those With Special Needs

Men’s Spiritual Fitness Exercise

Lenten information, schedules, and Faith Formation opportunities

St. Vincent de Paul Lenten food Collection

Upcoming Parish Events

Parish and Staff contact numbers

February 15, 2015 Sixth Sunday in Ordinary Time

Youth Ministry Confirmation Retreat

Saturday, January 31, 2015
A Reflection…
from Deacon Matthew Hahn

February 15, 2015

The last time I had the opportunity to chat with you I sat and watched the deep blue sky and the leaves turn yellow, orange, and brown. Today, I sit and watch the snow blow almost sideways as we experience a near blizzard. I write to you on the day we all gather around the television to watch the Super Bowl.

Yet, it seems like just the other day we were celebrating the birth of Jesus. As we venture in to the middle of February, plans have already been made for Ash Wednesday and the Easter Season. This time after Christmas and before Lent begins has become a time of great anticipation for me. I tend to get tired of winter, and watching my neighbors labor with their snow shovels and snow blowers…not to mention my own sore back and tired arms…gives me reason to long for the warmer weather of spring and summer.

Walking in to Mass this morning, a parishioner commented to me on how beautiful the snow looks. It got to me thinking that all of God’s creations are beautiful. One of the ministries that we Deacons of St. James are involved in is presiding at Communion Services at Manor Care across the street from Northwest Community Hospital. Immediately upon walking into Manor Care, the beauty of God is evident. We usually are greeted by the receptionist who gives us a warm welcome. As we walk through the corridors on our way up to the second floor where we gather with the residents, we see the Ministers of Care from St. James visiting and praying with the residents who aren’t able to join us for the Communion Service. These humble servants of the Children of God are truly carrying out the Gospel message.

When we get to the second floor, Joe Ott, the Activities Director, gives us a smile and a hearty ‘Thanks’ for coming to visit. Then we see one of the residents who is over one-hundred years old. She gives us the ‘once-over’ and we see the absolute love of God in her beautiful being. Continuing down the hallway there is the resident whom I refer to as ‘Papa.’ Then there is the ever-faithful Bears fan. He never seems to lose faith in the Monsters of the Midway. Eventually we come to the room where we all gather as one to partake in the Body of Christ. Several of the residents are already gathered there. Some are finishing breakfast, some are arriving from their rooms. The mood is always happy…the residents are always thankful that we have come.

Truth is though…I am the one who is most thankful to be there. The beauty of God is truly present in my friends from Manor Care. There is a passage in Scriptures where Jesus tells his disciples that he came not to BE served, but TO serve. It may appear that we Deacons go to Manor TO serve…but I’m not really sure about that. It appears that we are the ones being served by the residents! Oh, how beautiful God’s creations are!

As we enter the season of prayer, fasting, and alms-giving…take time to also see the beauty of all God’s creation.

- Deacon Matthew Hahn

(A podcast of this week’s reflection is available on the St. James website and mobile website.)
**Rosary Group**
Pray the Rosary both before and after daily Mass:
- Monday: Human Life
- Tuesday: Military
- Wednesday: Marriage
- Thursday: Priests and Religious
- Friday: Sick
- Saturday: Souls of the faithful departed

**Eucharistic Adoration**
Adoration takes place from 8:15am to 4pm every Thursday in the Church. Contact: Jo Jozwiak 847-259-2433

**Ministry of Praise**
The Ministry of Praise is a spiritual ministry in which members offer their prayers to God to help others in need. This ministry was developed for the sick and homebound so they might experience a closer relationship with the parish. There are no dues or meetings. If you or a loved one is interested in participating in this ministry, please contact Marilyn Neuman at 224-345-7200, or MinistryofPraise@stjamesah.org

**Rescheduled!**

“*You Love the Mass More Than You Thought!*”

**Save the Date—March 16th**
7-9pm—School Resource Room

Fr. Doug Martis, Professor of Sacramental Theology and Liturgical Studies at St. Mary of the Lake will help us journey into the beautiful mystery of the Mass.

---

**Mass for those with Special Needs**
February 22nd, 2015 – 11:30am

St. James is a welcoming parish and Fr. Matt is working to expand the welcome that we share with people with special needs. This term refers to people with who might need extra help because of a medical, emotional, or learning problem. We have had several masses at St. James with an emphasis on including people with special needs in a service role such as altar serving, bringing up the gifts, etc.

Down syndrome, autism, cerebral palsy and other intellectual disabilities are included under the term special needs. Years ago when I began working with people with Down syndrome and other intellectual disabilities the first request I received from them and their families was to use “People First” language. The individual is a person first and has the intellectual disability second. One would say, “The person with Down syndrome”, “The child with autism”, or the “Adult with an intellectual disability” (rather than the autistic child). In addition, the request is that others acknowledge and speak of the person having the condition rather than being the condition. For example, “She has Down syndrome” rather than “She is Down syndrome”. Another language request is to use the newer term “intellectual (or developmental) disability” rather than the older term “mental retardation”. Language can be a wonderful place to start to make people feel welcome.

Another way is to join us at the next Mass for People with Special Needs at 11:30am Mass on Sunday, February 22nd. If you are a person with special needs or have a family member with special needs, please feel welcome to call Fr. Matt Foley at the Parish Office, 224-345-7222 to participate in the service of the mass.

Brian Chicoine, MD
Medical Director, Advocate Medical Group

Adult Down Syndrome Center
Pope Francis calls us to a Festival of Forgiveness, on February 27th & 28th, 2015

Across two days (February 27th & 28th), the Church in Chicago will offer special opportunities for the Sacrament of Penance and for prayers of healing. The Catholic faithful, especially those who have been away from the sacraments, are urgently invited to come and share God’s mercy. Everyone is invited.

In the Archdiocese of Chicago, we will join our Holy Father and local churches throughout the world in their observance of this graced opportunity.

At St. James:
On February 27th (Friday), we will offer Confession in the Church before and after the Stations of the Cross at 7:00pm.

On February 28th (Saturday), we will offer Confession after the 8:30am Mass in the Church, and also from 3:30-4:30pm in the Chapel (west side of street).

At several local parishes:
From 12:00Noon on Friday, February 27th until 12:00Noon on Saturday, February 28th, the Sacrament of Penance will be celebrated at 24 locations for 24 hours.
A complete list of parishes offering 24-hour confessions may be found at www.archchicago.org.
Here are several parishes closer to Arlington Heights:
Queen of the Rosary Parish (680 Elk Grove Blvd, Elk Grove Village), St. Catherine Laboure (3535 Thornwood Ave., Glenview), St. John Brebeuf Parish (8307 N. Harlem in Niles), St. Paul of the Cross Parish (320 S. Washington St., Park Ridge). Priests from St. James and other local parishes will hear confessions during the 24-hour period at Queen of the Rosary in Elk Grove Village.

THE IMPORTANCE OF EUCHARISTIC ADORATION AND PRAYER
The worship given to the Trinity of the Father and of the Son and of the Holy Spirit... must fill our churches also outside the timetable of Masses... This worship must be prominent in all our encounters with the Blessed Sacrament... Adoration of Christ in this sacrament of love must also find expression in various forms of Eucharistic devotion: personal prayer before the Blessed Sacrament, hours of adoration, periods of exposition – short, prolonged, and annual (Forty Hours) - Eucharistic benediction, Eucharistic processions, Eucharistic Congresses... Let us be generous with our time in going to meet him in adoration and in contemplation that is full of faith and ready to make reparation for the great faults and crimes of the world. May our adoration never cease.”

-Pope John Paul II

WHAT IS EUCHARISTIC ADORATION?
It has been the consistent belief of the Catholic Church from the very beginning that the bread and wine consecrated at Mass truly become the Body and Blood of Christ; and that, furthermore, as the Catholic Catechism states, this “Eucharistic presence of Christ [which] begins at the moment of the consecration... endures as long as the Eucharistic species subsist.” (CCE #1377). In other words, the Eucharistic Christ then continues to be present in our midst beyond the Eucharistic liturgy when the consecrated host is either reposed in a tabernacle or exposed on the altar.

The Blessed Sacrament is exposed for Adoration in the Church at St. James every Thursday following the 7:30 am Mass until 4:00 pm. Starting at 3:00 pm, we recite the Chaplet of Divine Mercy, the Rosary, and end with Benediction.
I want you...to join me in some Spiritual Fitness exercise!

Who: All men and their sons, too.
What: Stations of the Cross
When: February 27th and March 13, 2015. 7:30 PM
Where: University of St. Mary of the Lake, Mundelein, IL
Why: Think about it...
Contact: Deacon Matthew

The particulars...
We will gather around the Dime Statue (21 on the map below...see the arrow!) at 7:30 PM on the second and fourth Fridays in Lent...regardless of the weather conditions. We will then pray the Stations of the Cross as we walk around St. Marys Lake...about 2 miles. The ‘fitness’ comes into play as we’ll be carrying large Crosses around the lake as we pray. These Crosses are quite heavy and will add a new dimension to our spiritual fitness as we experience a small part of what our Lord and Savior experienced as he walked the Way of the Cross for our salvation. Remember to dress for the weather!

Are you up for the challenge? This Lenten season, will you improve your spiritual fitness?
RCIA
Our Catechumens and Candidates
During this Lenten season, we invite you to support and journey with the following men and women who have freely and consciously chosen to seek the living God and enter the way of faith and conversion as the Holy Spirit opens their hearts:

Catechumens:
Kirk Allen
Jessica Braun
Carolina Saiz

Candidates:
Gina Aiello
Anthony Aiello
Chris Arnold
Brent Bell
Stacie Davis
Allison Gattman
Gary Hammelmann

Lenten Reflection Booklets
St. James will offer the Little Black Books from the Diocese of Saginaw for Lent this year. These booklets contain daily reflections and will be available after the Masses on the weekend of February 15th.

The name of one of our RCIA Catechumens or Candidates will be printed inside each booklet, and you are invited to pray for him or her during this Lenten season.

Children in St. James School and our Religious Education programs will receive a Little Purple Book for Lent, which will also contain an RCIA name for whom they are asked to pray.

Lent, 2015
Lenten Opportunities for Reconciliation
Three of the Catholic parishes in Arlington Heights will offer the Sacrament of Reconciliation on three consecutive days during the month of March. Each service contains the same components, and you may attend at any of the three parishes.

Lenten Tri-Parish Reconciliation
7:30pm each evening

March 23—Our Lady of the Wayside
March 24—St. Edna
March 25—St. James (in the CHURCH)
831 N. Arlington Heights Road

During Lent, St. James will also offer Confessions on Saturday mornings, after the 8:30am Mass, in the Church confessional, and on Saturday afternoons from 3:30pm-4:30pm in the Chapel (west side of Arlington Hts. Road).

During the Festival of Forgiveness—at St. James. Confessions will take place on Feb. 27th before and after the Evening Stations of the Cross in the Church, and on Feb. 28th after the 8:30am Mass in the Church and from 3:30-4:30pm in the Chapel.

During the Festival of Forgiveness—outside of our parish...
From 12Noon on 2/27 to 12Noon on 2/28, 24-hour confessions will be available at Queen of the Rosary Parish in Elk Grove Village (750 Elk Grove Blvd.), and other suburban parishes see www.archchicago.org for a full list.
In addition, St. James will offer Confessions on the Monday, Tuesday, and Wednesday in Holy Week, at 7:00pm in the CHURCH. (confessionals) - on March 30, March 31, and April 1.

Ash Wednesday
February 18, 2015
Mass Schedule
6:30am
7:30am
9:00am
12:00 Noon
7:00pm
All Masses are in the Church.

Please note:
Ashes will also be available in the CHAPEL, which is handicap accessible, from 4-6pm.
The Chapel is located on the west side of Arlington Heights Road, off the back parking lot.

Lenten Weekday Masses
In addition to our usual 7:30am weekday Mass, during the Lenten season we will offer a 12:00 Noon weekday Mass Monday-Friday, in the Church.

Eucharistic Adoration
Adoration will take place every Thursday from 8:15am until 4:00pm in the Church.

Our Lenten Outreach
Our Lenten Outreach this year will be the Catholic Relief Services RICE BOWL initiative.

St. Vincent de Paul
Food Box Collection
For Catholic Charities
Boxes distributed Feb. 28/March 1, and due back March 14/15.
Fast and Abstinence During Lent

Abstinence from meat is to be observed by all Catholics 14 years old and older on Ash Wednesday and on all the Fridays of Lent.

Fasting is to be observed on Ash Wednesday by all Catholics who are 18 years of age but not yet 59. Those who are bound by this may take only one full meal. Two smaller meals are permitted if necessary to maintain strength according to one’s needs, but eating solid foods between meals is not permitted.

The special Paschal fast, as well as abstinence, are prescribed for Good Friday and encouraged for Holy Saturday.

Scrutiny Gospels

Cycle A Readings will be used at all Masses this year. The RCIA Scrutiny Masses will take place on the following Sundays:

March 8—10am Mass
March 15—5pm Sunday Mass
March 22—11:30am Mass

Youth Ministry Lenten Soup Suppers

Join our Youth Ministry Mission Team students for food and fellowship each Friday during Lent from 6:00-7:00pm in the Laramie Room (Church basement).

The meal is free, but donations to fund our summer student mission trips are welcome and appreciated.

Enjoy some delicious, warm soup and then move upstairs to the Church for Stations of the Cross at 7:00pm.

Parish Lenten Stations of the Cross

7:00pm each Friday in the Church
February 20 - Traditional Stations
February 27 - Family theme
March 6 - Respect Life theme
March 13 - St. Vincent de Paul theme
March 20 - Peace and Justice theme
March 27 - Traditional Stations

Traditional Stations of the Cross—Good Friday, 12:00 Noon in the Church

Living Stations of the Cross—Good Friday, 11:00/1:00pm—Parish Center, prepared by Youth Ministry.

Triduum and Easter Mass/Liturgy Schedule

Holy Thursday, April 2nd
Mass of the Lord’s Supper—7:30pm in the Parish Center

Good Friday, April 3rd
Morning Prayer—8:00am in the Church
Traditional Stations of the Cross—12:00 Noon in the Church
Living Stations of the Cross—11:00 Noon and 1:00pm in the Parish Center
Liturgy of the Lord’s Passion—3:00pm in the Church
Service of Evening Prayer—7:30pm in the Church

Holy Saturday, April 4th
Morning Prayer—8:00am in the Church
Blessing of Baskets and Food for the Easter Celebration—12:00 Noon in the Church
Easter Vigil—(First Mass of Easter) - 7:30pm in the Parish Center

Easter Sunday
Church: 6:00am (Sunrise Mass), 8:00am, and 10:00am
Parish Center: 8:00am, 10:00am, and 12:00 Noon
Adult Formation Opportunities

Adult Bible Study
Book of Revelation
Mondays—Feb. 2-March 16
2:45-3:30pm
Tuesdays Jan. 27-March 17
6:30-7:45pm
Wednesdays Jan. 28-March 18
4:30-5:45pm
Presented by JoAnne Mullen-Muhr
School Resource Room

Bible Study
Lectio Divina
Thursdays—7pm
Led by Fr. Joji
(and Bob Nielsen)
Lectionary Based
Board Room—Parish Office

Men’s Spiritual Fitness
Exercise
February 27th & March 13th
7:30pm
Stations of the Cross around
the lake at St. Mary of the Lake
Seminary in Mundelein
Deacon Matthew Hahn
847-222-1944

Parish Leadership Day
February 21st
Marist High School, Chicago
http://www.leadershipdaychicago.org
Choose the sessions you wish to
attend; then email
parishoffice@stjamesah.org
to register. Event is free.
Lunch is available for $7.50.

Friday Lenten Fish Fries
Knights of Columbus Hall
15 N. Hickory Ave.
Arlington Heights, IL
Dates: February 20th, March 6th, 13th and 27th, 2015
Time: 5:30pm – 8:00pm

All You Can Eat Fish Dinner
Adults: $10.00
Children under age 12: $5.00
Children 5 and under: Free
Fish Dinner includes; cod fish, tater tots, coleslaw, macaroni and cheese and corn bread.
Plus a desert table presented by the Ladies Auxiliary.

Save the Date
for the Spring
Blood Drive
On Sunday, March 15th
we are planning the St
James Spring Blood Drive.
It will be conducted by
LifeSource Blood Services
from 8:00 am until 1:30
pm in the cafeteria of the
Parish Center/School.
You can be a volunteer
donor as long as you are
at least 17 years old (16
with written parental per-
mission), weigh at least
110 pounds and are in
good health. If you want
more detailed information
on donating, you can call
our LifeSource Repre-
sentative at 877-543-
3768. Please mark the
date on your calendar.
The need for blood is
even greater now. Come
give the gift of life!
ST. JAMES JR. HIGH

Production of

FINIAN’S RAINBOW JR.

Music by: Burton Lane
Lyrics by: Yip Harburg
Book by: Yip Harburg & Fred Saidy
Adaptation by: Deena R. Harburg

Adapted from the classic Broadway musical, Finian’s Rainbow JR. will bring audiences the luck of the Irish, with a classic score by Burton Lane and Yip Harburg (Oscar-winning lyricist of the classic song “Over the Rainbow” from the film The Wizard of Oz) that features heartfelt, memorable songs like “How Are Things in Glocca Mora?,” “Old Devil Moon,” and “Look to the Rainbow.”

ALL SEATING RESERVED SO ORDER TODAY

ENJOY THE TALENTS OF OUR 6TH, 7TH, AND 8TH GRADE STUDENTS IN THEIR 14TH ANNUAL MUSICAL.

FEBRUARY 19TH AND 20TH

SHOWTIME 7:00 PM TICKETS $8*

*Complementary seating is available for families with special needs children. Please contact Liz Czajkowski in the Parish Office directly at 224-345-7205 or email your request to lczajkowski@stjamesah.org.

To order tickets, enclose the lower half with your check payable to St. James Parent’s Club in an envelope marked “Musical” and return to the parish or school office. Please contact Gina Bentz at 312-520-4844 (cell) or email your questions to ginalouisebentz@gmail.com.

Family Name and Email Address: __________________________________________
Telephone Number (Best number to be reached): ____________________________
(Choose) Performance Date: Thursday, February 19th # of tickets _______ x$8 _______
Or Performance Date: Friday, February 20th # of tickets _______ x$8 _______

Please indicate if special accessibility seating is needed.

An email confirmation will be sent to you when your form is received.
Tickets will be held at Willcall for all performances.
Our 1st graders have been spending time with their 5th/8th grade Prayer Buddies. In studying about Noah, some classes made Arks. Our 2nd graders attended a Wee-Treat to begin preparing for First Holy Communion. All of our RE students participated in a Valentine service project, making cards for PADS, local nursing homes, and Sr. Faustina’s convent.
Lenten Food Collection for Catholic Charities

As part of the St. James Lenten mission, the St. James Conference of the Society of St. Vincent de Paul will be conducting a food drive to help stock the Catholic Charities Food Pantry. Their pantry, which serves the disadvantaged throughout the Northwest Suburbs, is located at 1717 Rand Road in Des Plaines.

Due to continued economic difficulties, food donations to the CC pantry continue to be a challenge, and Catholic Charities has reached out to us for help. After Mass on February 28th and March 1st, members of our SVdP Society will be handing out cardboard boxes, which will contain the following list of needed items. We ask that you please stick to this list as this is the standard list of items that the CC pantry hands out to their clients and these items will fit into the box:

- 1 Medium box of cold cereal – 11.5 oz.
- 1 Box of instant oatmeal packets – 14 oz. to 15.1 oz.
- 2 10.5oz. Can of Soup - Variety
- 1 19.0 oz. Can of Soup
- 3 15 oz. cans of Fruit – Variety
- 4 15 oz. cans of Vegetables - Variety
- 2 5.5 oz. Boxes of Macaroni and Cheese
- 1 2 lb. Bag of Rice
- 4 5.0 oz. Cans of Tuna
- 2 5.0 oz. Can of Chicken Breast meat
- 1 64 oz Bottle of Juice – Apple, Cranberry, Etc.
- 2 1 lb. Boxes of Dry Pasta
- 2 24 oz. Jars /Cans of Pasta Sauce
- 2 15 oz. Cans of Vegetarian Beans – Black, Navy – NO Pork and Beans please
- 2 1 Lb. bags of Dry Beans – Black, Navy, Etc.

The return date for the boxes will be the weekend of March 14th and 15th. Similar to the Mercy Box drop off, you will need to drop these boxes off behind the old school either before or after Mass on Saturday night from 4:15 to 6:30 PM or on Sunday from 6:30 AM to 1:00 PM. Someone will be there to tape and assist you with your box. There will be no drop off before or after the 5:00 PM Mass on Sunday. Please, if you do take a box, return it on these dates. We also ask that you only bring food (items on the list above), however any cash collected will be donated to Catholic Charities as well.

The members of SVdP would like to thank the St. James community for their continued support of our mission through your generous donations of food and treasure. This has enabled us to serve the disadvantaged within our parish community.

If you would like to volunteer for this event please contact Mike McNulty at mmcnulty2782@gmail.com or (847) 812-2280. We especially need youth volunteers to help with the dropoff and delivery of the goods on the weekend of March 14th and 15th.

If you would like to become a member of the St. James Conference of the Society of St. Vincent de Paul, call (224) 345-7200 X-8517 and leave a message.
On Saturday, January 17, 2015, three parishioners from St. James, Tom Westerkamp, Barb Sipe & Kathy McGourty, boarded a plane to Haiti. After their arrival they were picked up by Fr. Pascal and began the 5 hour trek to his parish, St. Laurent in Les Cayes. On the way they picked up St. James parishioner Pierre Herard who was already in Haiti visiting family. During the week the group attended mass in a mission chapel in the mountains, visited with a Just Haiti scholarship recipient attending Notre Dame University Haiti, traveled up the mountain to visit with the Just Haiti coffee growers and discuss the challenges they face from climate change, and visited the school garden projects started by Fr. Pascal in the Diocese of Les Cayes. They even got to help plant alongside the students! Most of the donated school supplies were delivered to two of the schools with left over supplies stored in Fr. Pascal’s Diocesan Department of Education office to be distributed to other schools further away.

They got a first hand look at the health care challenges in the country and tasted some amazingly delicious food with Haitian flare! The people were warm and welcoming, always ready with a wave and a smile. The children were precious and filled with joy. It is a beautiful country filled with HOPE!

The road over the mountains to Fond Tortue. There we meet with the Just Haiti coffee growers. We gave them pictures of St. James parishioners buying their coffee. These are the growers YOU help when you buy JH coffee!
Buy Just Haiti Coffee today!

After all masses in the Parish Center.
Drink coffee, grow Justice!

St. Anne 4th graders show off their new notebooks!

Working in the garden with the kids at St. Ann school, Les Cayes

Giving donated school supplies to the principal of St. Anne school (above: 300 students) and the principal of Desironceray School (below: 150 kids).

This school uses the newly repaired community well to water their garden.

Thank you to all the St. James parishioners that donated school supplies, money and kept us in your prayers.

Look for the video on our parish website & fb page! We will return in January/February of 2016. If you are interested in joining us or would like more information, email us: peaceandjustice@stjamesah.org
Nearly 1.5 million high school students nationwide experience physical abuse from a dating partner each year. Stepping Stones, a St. James Ministry, wants to end dating violence. This article, printed with permission from Loveisrespect.org, is part of a four-part series that will be featured in the bulletin during the month of February, Teen Dating Violence Awareness and Prevention Month. Please keep all young adults in your prayers.

Setting Healthy Online Boundaries

Is it okay for your boyfriend/girlfriend to tag you in photos online? Do you have to ask your boyfriend/girlfriend if you can follow each other on Twitter? Is sharing your boyfriend/girlfriend’s location okay?

It can be hard to know where the line between healthy and unhealthy is once a relationship goes online. What are the rules for Facebook, Instagram, Twitter, Tumblr, Snapchat? What should your digital relationship look like?

Setting Healthy Boundaries

In any healthy relationship, both people should have a say in setting boundaries for their relationship. Boundaries are guidelines or limits that a person creates so that they can feel safe and comfortable. In a relationship, boundaries should be agreed upon by both people and should be shared openly with one another.

Before you talk to your boyfriend/girlfriend about your online relationship, check in with yourself to see what makes you feel comfortable. Start by considering your digital boundaries:

- Is it okay to tag or check in?
- Do we post our relationship status?
- Is it okay to friend or follow my friends?
- When is it okay to text me and what is the expectation for when we return it?
- Is it okay to use each other’s devices?
- Is it okay to post, tweet or comment about our relationship?

Have the Conversation

Once you know how you feel, you can talk to your boyfriend/girlfriend to create a digital dating “contract,” or an agreement, between the two of you. Together, you can decide what feels healthy to you and what doesn’t.

Having this conversation is about communicating what you want and what you feel comfortable with. It’s also about learning where the lines are for your boyfriend/girlfriend.

There may be some negotiating and compromising as you figure out an agreement that works for both of you. But if your boyfriend/girlfriend asks you to do something that just doesn’t feel right, or they try to control you in some way, that’s when you get to say that this isn’t healthy to you.

Listening to your gut is really important here. If something doesn’t feel right, there’s a good chance it isn’t.

This digital dating “contract” can be changed as you continue with your relationship. Just because you felt comfortable with something at the beginning of a relationship doesn’t mean that you have to stick with that forever. You can communicate with your boyfriend/girlfriend if things change. The reverse is also true -- there may be something that you’re not okay with at the beginning, but with time and trust, you become comfortable with it. Both you and your boyfriend/girlfriend should feel free to openly talk about your changing needs and wants.

Digital Abuse Can Happen!

Everyone deserves a safe and healthy relationship. Remember, love has many definitions, but abuse isn’t one of them.
If you or someone you know has a question about a relationship, healthy or unhealthy, visit loveisrespect.org or text “loveis” to 22522. Peer advocates are also available 24/7 at 888.331.9474.
St. James Over 50 Group presents....

Our 5th Annual St. Joseph’s Celebration

Musical/Dinner, in honor of our 5th Anniversary, featuring LEGENDS

Sunday, March 22nd, Parish Center
Doors open at 3pm; show begins at 3:30pm

Dinner at 5:30pm, catered by Toscano’s.
Price: $28.00 per person (BYOB and Pop)

RSVP to Marcy by 3/18
847-577-2556

Entrance only by paid RSVP!

www.MarkandGretch.com
**Respite Care—Gero Solutions**  
Gero Solutions has trained volunteers who are available to provide up to 3 hours of respite care per week for family members caring for an older adult in their home. This free service is available by calling the Gero Solutions Office at 847-705-2123.

**Lunches by Catholic Charities**  
Luncheons are served daily for seniors 60 and older at Arlington Heights Senior Center, 1801 W. Central. Suggested donation of $4.00 on a reservation basis. Call 847-797-5354 for reservations.

**Mended Hearts** - a national non-profit support group for cardiac patients and families meets monthly at Alexian Bros. Hospital in Elk Grove Village on the first Tuesday of each month in 2015. Call Jack Hanahan at 847-398-0791 for the schedule, information and support.

**Senior Health Insurance Program**  
Volunteers trained by the Illinois Department of Insurance offer a free counseling service to help you compare alternative Medicare, Medicare Supplement, Medicare Drug, HMO or Long Term Care Insurance Plans and to assist in processing billing or appealing denied claims for these plans. Call 847-253-5532 for an appointment.

**Community Resources**  
Alcoholics Anon. 312-346-1475  
Alanon/Alateen 847-358-0338  
Narcotics Anon. 708-848-4884  
Families Anon. 847-795-8320  
A self-help program for family and friends of those with substance abuse and/or behavioral problems. Meets regularly at 7:30pm on Wednesday evenings at Our Savior Lutheran Church in Arlington Hts.

**NAMI—National Alliance on Mental Illness**—Family support group, meets at 7:00pm, the third Wednesday of the month at Alexian Brothers Center for Mental Health, 3436 N. Kennicott, Arlington Hts. 847-899-0195

**For Post-Abortion Counseling Help:**  
Project Rachel - Catholic Charities: 312-337-1962  
http://www.hopeafterabortion.com

**Office for Protection of Children and Youth**  
www.archchicago.org 312-534-5254

**St. Vincent de Paul** - is an emergency source for food and short-term financial help for parishioners and those living within the parish boundaries. Please call 224-345-7200, ext. 8517. Requests will be handled with care and confidentiality.

**Loss**  
Loving Outreach to Survivors of Suicide is a free, non-denominational program offered by Catholic Charities to support individuals grieving the loss of a loved one to suicide. 312-655-7283 or www.catholiccharities.net/loss for info.

**A New Start—Valentine Dance**  
Saturday, February 21, 2015  
7:30pm  
St. Matthew’s Church—Hughes Center 1001 E. Schaumburg Rd. Schaumburg, IL 60173  
Soft drinks, coffee, tea, hot apple cider and Pizza served between 7:30-8:30pm  
Snacks will be available.  
Music by Tony Bernard  
Tickets $10 at the door.  
For information: Joan Neville 847-397-9643 nevillejoan1@aol.com

**Grief Support Group**  
The St. James Grief Support Group meets from 7-8:15pm in Conference Room 1 at the Parish Office.  
The group offers support through sharing, listening, and learning from each other’s story of grief and loss. You do not need to commit to all of the sessions, but may attend as many as you find helpful.  
Here are the upcoming meeting dates:  
February 17, 24, and March 3.  
For information, call MaryJo at 224-345-7200, ext. 8512 and leave a message.

**Caregiver/Child Care**  
Over 25 years of child care and caregiver experience; available for either live-in or come-and-go; outstanding reputation; highly recommended and references gladly provided upon request. Dorothy (312) 342-6022.
Stewardship

February 1, 2015

Weekend Masses — 457 Envelopes  $29,585.87
GiveCentral — 150 Online Donations  $17,154.50
February 1st Total Collection  $46,740.37

Please pray for our sick...
Francis Cardinal George, O.M.I., Bill Glass, Cheri Edwards, Helen McCarter, Edna O. Martin, Lisa Farrington, Chuck Neuman

In Loving Memory
Marina Samaniego

Kenneth Seminatore...brother of Claudette (the late Donald) Foss and Elizabeth Seminatore; uncle of Carolyn (the late Bob) Lorenz, Timothy (Jean) Foss Maureen Aguiniga, Terrance (Stephani) Foss, the late Laura Foss and Michael (Cheryl) Foss

Frances Catherine Zitzow...grandmother of Edward (Kathryn) Johnston, Kathryn (Seth) Felker, and James (Courtney) Buckingham; great–grandmother of Amelia, Henry, Madeline, Samuel, and Benjamin; sister of Catherine Stepke

Stella Dudek...mother of Frederick (Susan) Dudek; grandmother of David (Naomi), James (Sarah), and Daniel (Nancy) Dudek’; great-grandmother of six

John Macko...husband of Marilyn; father of John, Robert (Cyndi), and Mary Ann (Jon) Stavney; grandfather of Samantha, Nicole, Holden, and Margaux

John (Johnnie) Powers...husband of Patricia; father of John P. Powers, James E. Powers, Thomas M. (April) Powers, Susan M. Szczepaniak and Mary B. Jensen; grandfather of fourteen; great-grandfather of three

Baptisms
Alexis Marie Madison...daughter of Laurence & Elizabeth (Sutter) Madison

Wedding Banns
February 28, 2015
Sean O’Neill & Stacie Davis

March 7, 2015
Sean McDonnell & Anita Zgoda

Rose for Life
This week’s Rose for Life is donated by the Blomquist Family in loving memory of Eleanore Blomquist.

Remembrances
Saturday Evening/Sunday Morning, February 15
Carolinda Shay, Jim Grabowy, Janet Ganzer

Monday, February 16
Robert Dotson (1st Anniv.), Edward Doherty

Tuesday, February 17
Lucille Doyle, Lenore Rettig, Patricia Doyle, Linda Long, Adelaide Giorgi, Patrick Ruane, Catherine Sabay, Jo Anne Pinski (13th Anniv.), Dana Mangi

Wednesday, February 18
Rita Jane Muscato, Chick Simpson

Thursday, February 19
Eleanore & Walter A. Ratajik, Dana Mangi, Richard Hathaway (3rd Anniv.)

Friday, February 20
Branimir Kucera, Edgar Kuhn, Jane Campagnolo, Robert Finnerty, Patrick Beem (8th Anniv.)

Saturday, February 21
George F. & Regina C. Bieber, Gloria Bennett

Saturday Evening/Sunday Morning, February 22
Dan Kennedy, Raymond Votzmeyer (2nd Anniv.), Harry Laser, Mary Ellen Huber

Stewardship

February 8, 2015

Weekend Masses — 601 Envelopes  $32,898.89
GiveCentral — 58 Online Donations  $4,124.25
February 8th Total Collection  $37,023.14
**Liturgical Ministers** for the Weekend of February 22, 2015

### Presiders

**Saturday evening:**
- 5:00 pm Fr. Gilbert Mashurano

**Sunday:**
- 7:00 am Fr. Joji Thanugundla
- 8:30 am Fr. Matt Foley
- 10:00 am Fr. Matt Foley
- 11:30 am Fr. Gilbert Mashurano
- 5:00 pm Fr. Joji Thanugundla

### Altar Servers

**Saturday evening:**
- 5:00 pm L.Hahn, I.Hahn, T.Haisman

**Sunday:**
- 7:00 am S.Michelini, W.Michelini, A.Hemminginer
- 8:30 am N.Dimarco, A.Dimarco, R.Dimarco
- 10:00 am J.Imhoff, M.Stack, M.Cassady
- 11:30 am S. Bell, C.Ferriss, A.Ferriss
- 5:00 pm P.Jacks, E.Saquin Jr, C.Chambers

### Lectors

**Saturday evening:**
- 5:00 pm N.McShane, D.Pagnotta

**Sunday:**
- 7:00 am J.Ruane, C.Stenzel
- 8:30 am M.O’Hare, E.O’Hare
- 10:00 am L.Lysak, K.Ponce
- 11:30 am S.Sharer, S.Sykes
- 5:00 pm J.Torres, S.Torres

### Scripture Readings

**READINGS FOR THE WEEK OF FEBRUARY 15th**

**Monday:**
- Gn 4:1-15, 25; Ps 50:1, 8, 16bc-17, 20-21; Mk 8:11-13

**Tuesday:**
- Gn 6:5-8; 7:1-5, 10; Ps 29:1a, 2, 3ac-4, 3b, 9c-10; Mk 8:14-21

**Wednesday:**
- Jl 2:12-18; Ps 51:3-6ab, 12-14, 17; 2 Cor 5:20 — 6:2; Mt 6:1-6, 16-18

**Thursday:**
- Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25

**Friday:**
- Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15

**Saturday:**
- Is 58:9b-14; Ps 86:1-6; Lk 5:27-32

**Sunday:**
- Gn 9:8-15; Ps 25:4-9; 1 Pt 3:18-22; Mk 1:12-15

### Eucharistic Ministers

**B Team**

**Saturday evening:** Parish Center
- 5:00 pm S.Garlick, T.Johnston, M.Meissner, N.Nordin, M.Opon, S.Resch, G.Stec, S.Stec, L.Trzesniewski, C Williams, B.Jaffe

**Sunday:**
- Church
- 7:00 am M.Cripe, R.Cruz, J.Garlick
- 8:30 am E.Cahill, P. Cahill, L.Holland, T.Holland, V.McQueeney, K.Newgard, K.Parus, M.Philips, B.Scullion, T.Stengren, M.Vanderwiel, L.P. Martin, L.Miossi, Coordinators: J.Socher, D.,Turney

**Sunday:** Parish Center

**Sunday:** Church

**How Are We Praying?**

Your Liturgy Board is interested in hearing about your experience of prayer and worship at St. James.

We welcome your evaluation of Mass in the Church and Parish Center and your ideas about things we are doing well or ways we can improve our experience of praying together.

E-mail us at: stjamesliturgyboard@yahoo.com
 Cheers!
ST. JAMES SOC PRESENTS
BLARNEY BASH
SAT • MARCH 14, 2015
7:00-11:00 p.m.
Rolling Green Country Club
2525 E. Rand Rd. Arlington Heights IL
$35 per person ($40 at the door)
Irish Feast and Sweets
Traditional Irish Dancers
Craft Beer Tasting
Best Legs in a Kilt Competition
50/50 Raffle & Fabulous
Kiss the Blarney Stone
Irish Raffle Baskets
and Meet St Patrick!
CASH BAR
THIS IS A 21 & OVER EVENT!

PURCHASE YOUR TICKETS ON THE ST. JAMES WEBSITE!
Visit http://www.stjamesah.org and click on “BLARNEY BASH” (after March 10, tickets can not be purchased online).
You can also submit payment and form below to Parish office, Attn: SOC. Checks can be made out to St. James.
Questions...please call the SOC Hotline, (224) 345-7200 x 8516.

Name: ____________________________________________
Phone: ___________________________ email: ___________________________
Number of tickets for BLARNEY BASH ($35 each): _______
_____ I would like an email confirming receipt of payment
_____ I would like my tickets sent to me through school mail
Child’s name: ____________________________ SJS Homeroom number: ___________


MENTION THIS AD FOR 10% OFF YOUR CUSTOM FRAMING ORDER

We’ll Help Your Project...Not Hold It Up!
800-523-4252
www.DandPConstruction.com
3800 W. Lake Street • Metropark, IL 60160

NEIGHBORHOOD EXPERIENCE
CLEANING LADY
WILL TAKE CARE OF YOUR HOUSE LIKE HER OWN!
CALL JOANNA
847-242-8402

Northpoint Hair Studio
304 E. Rand Rd., Suite 225, A. H.
Family Full Service
Call For Appt. 847-368-9594
25% OFF 1ST TIME CLIENTS!

Central Continental Bakery
Fancy Continental Tortes and Pastries
Sweet Table Breads
Open 7 Days
101 S. Main 847-870-9500

Central Continental Bakery
Fancy Continental Tortes and Pastries
Sweet Table Breads
Open 7 Days
101 S. Main 847-870-9500

Paluch Partners - a simple way for you to partner with service providers who support your parish through their sponsorship of the parish bulletin.

NEIGHBORHOOD EXPERIENCE
CLEANING LADY
WILL TAKE CARE OF YOUR HOUSE LIKE HER OWN!
CALL JOANNA
847-242-8402

(continued)
ARMAND’S BEAUTY SALON
1010 S. Arlington Heights Road
Just South of Central Rd.
847-392-8220
Serving The Community Since 1968
A Family Owned & Operated Business Since 1979

OSMONDSON ROOFING CO.
“The Residential Specialists”

Osmontson Roofing Co.
847-255-8696

KELLY PAINTING
Interior Painting, Decorating & Drywall Repair
Greg Kelly, Parishioner • 847-392-5929

OSMONDSON ROOFING CO.
“The Residential Specialists”

847-255-8696

KELLY PAINTING
Interior Painting, Decorating & Drywall Repair
Greg Kelly, Parishioner • 847-392-5929

STUDIO DENARO
Professional Video Services
Promotional, Testimonials, Live Events
Call Andrew for Special Bulletin Pricing
928-600-7010
www.studiodenaro.com

FRED BIASIELLO, D.D.S.
General Dentistry
847-367-5252
1900 Hollister Dr., Suite 150, Libertyville
St. James & St. Viator Grad.

COLDWELL BANKER RESIDENTIAL BROKERAGE

KATHLEEN E. RODRIGUEZ
Attorney at Law
• Real Estate
• Wills & Trusts
847-942-4395
kathleen.rodriguez@yahoo.com

ALLIED
Air Conditioning & Heating Corp.

$100 OFF a New Furnace or Air Conditioner
847-359-4500
500 E. Northwest Hwy., Palatine

KELLY PAINTING
Interior Painting, Decorating & Drywall Repair
Greg Kelly, Parishioner • 847-392-5929

KELLY PAINTING
Interior Painting, Decorating & Drywall Repair
Greg Kelly, Parishioner • 847-392-5929
Welcome to St. James!
St. James Parish
820 N. Arlington Heights Road
Arlington Heights, IL
224-345-7200

St. James Parish Website:
www.stjamesah.org

St. James Parish Council Contacts:
Anthony Beaudette
(ajbeaudette@comcast.net)
Chris Jarosz
(cjarosz@cfoaccountingsolutions.com)

Weekend Masses
Saturday Evening  5:00pm  Parish Center (Cantor)
Sunday Morning  7am  Church (Cantor)
Sunday Morning  8:30am  Church (Traditional Choir)
Sunday Morning  10am  Parish Center (Contemporary Choir and Children’s Liturgy of the Word)
Sunday Morning  11:30am  Parish Center (Contemporary Choir)
Sunday Evening  5:00pm  Church (Teen Ensemble)

Weekday Masses (Church)  831 N. Arlington Hts. Road
Monday – Friday . . . . . . . . . . . 7:30am Mass
Saturday . . . . . . . . . . . . . . . . .8:30am Mass

Holy Day Liturgy
Please refer to publicized special schedules for Holy Days.

Sacramental Celebrations

Baptism
Parishioners must notify the Parish Office of preferred Baptismal date at least one month in advance.

Marriages
Congratulations on your engagement! At least six months prior to your wedding date, we warmly welcome you to contact the Parish Office. Our Office Manager will explain the process of preparing for a Christian marriage and assist you in selecting a date for your wedding liturgy.

Reconciliation
Saturdays . . . . . . . . . . . . . . . . 3:30—4:30pm
In the Chapel—820 N. Arlington Hts. Road, or you may call for an appointment anytime at 224-345-7200.

Parish Office Hours
Monday-Friday  9:00am—8:00pm
Saturdays  9:00am—1:00pm
Sundays  9:00am—1:00pm

Parish E-mail Address: parishoffice@stjamesah.org
Parish Fax Number: 224-345-7220

St. James School
St. James School Number: 224-345-7145
St. James School Fax : 224-345-7140

St. James Pastoral Staff
Debbie Bolash, Business Manager
224-345-7212 - dbolash@stjamesah.org

Liz Czajkowski, Office Manager
224-345-7205 - parishoffice@stjamesah.org

JoAnne Mullen-Muhr, Director of Faith Formation
224-345-7215 - jmullenmuhr@stjamesah.org

Sr. Faustina Ferko, Director of Youth Ministry
224-345-7214 - srfaustina@stjamesah.org

Carrie Conley, Co-Coordinator—Religious Education
224-345-7217 - cconley@stjamesah.org

Rebecca Linscott, Co-Coordinator—Religious Education
224-345-7216 - rlinscott@stjamesah.org

Patricia Farrell, Director of Spiritual Formation, School
224-345-7149 - pfarrell@stjamesschooah.org

Judy Pappas, Principal
224-345-7145 - jpappas@stjamesschooah.org

Judy Tomasiewicz, Bulletin/Liturgy
224-345-7206 - editor@stjamesah.org

Priests
Rev. Matthew Foley, Pastor
224-345-7222 – frmatt@stjamesah.org

Rev. Joji Thanugundla, Associate Pastor
224-345-7201 - Frjoji@stjamesah.org

Rev. Gilbert Mashurano, Associate Pastor
224-345-7202 - frgilbert@stjamesah.org

Rev. Bill Zavaski, Pastor Emeritus

Permanent Deacons
James Bannon (Laura)  847-577-6328
Matthew Hahn (Zuly)  847-222-1944
Paul Schmidt (Paulette)  847-253-3656
Pierce Sheehan (Midge)  847-259-1743
Tom Westerkamp (Diane)  847-253-3090
William Reinert (Joan) - Retired