February 8, 2015
Fifth Sunday in Ordinary Time

Our Mission Statement

The St. James family is a welcoming Catholic community sent forth from our celebration of the Eucharist to walk in faith, live in hope, and act in love.

As disciples of Jesus Christ, we are committed to justice and peace through Prayer, Education, Evangelization, and Stewardship.

We Remember, We Celebrate, We Believe.

St. James Stewardship in Action!

Members of a St. James Confirmation group preparing lunches for the Loaves & Fishes Ministry.
A Reflection…

from JoAnne Mullen-Muhr, Director of Faith Formation

February 8, 2015

“He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them.” (Mk 1:31)

Little could the first disciples have known what they were about to witness when they invited Jesus back to Simon and Andrew’s house. They were already in a state of astonishment, having heard Jesus teach in the synagogue and then speak authority over an unclean spirit by commanding it out of a man. Immediately upon entering Simon’s house, Jesus is told of Simon’s mother-in-law who lay sick with a fever. Did Simon and the others bring Jesus there for the purpose of healing her? Did they already believe that to be possible from the little they had seen of Jesus so far? We are not privy to this information in Scripture, but what we do see is their response to Jesus. They invite him in.

Jesus accepts their invitation. He does not utter a word. He goes to the woman and grasps her hand. Skin on skin. What must this have been like for the woman to encounter the divine power of compassion and healing in this man’s human touch? Scripture says, she was “helped up and waited on them.” Not only does the fever leave her, but she is able to get up and serve. She regains her capacity to provide hospitality and sustenance to those in her life. This is no small gesture. I actually prefer the words of the New Revised Standard Version of the Bible here where it states Jesus “lifted her up.” It is resurrection language. When we encounter Jesus, we are restored, we are invited once again to wholeness. It is the triumphant cry in Revelation, “Behold, I make all things new” (21:5).

What if the disciples’ hearts had not been stirred by Jesus’ words in the synagogue? What if they had not responded to that stirring by inviting Jesus into Simon’s home? Didn’t their actions pave the way for Peter’s mother-in-law to encounter Jesus and be healed? Words and actions. This is what is called the “kerygma” of the Gospel, the initial proclamation of the Good News that grabs people’s hearts and invites them into an ardent relationship with Jesus. The disciples and Peter’s mother-in-law will never be the same. We encounter Christ through one another. When we encounter Christ, we encounter joy! As Pope Francis states in the opening lines of his apostolic exhortation, Evangelii Guadium (The Joy of the Gospel):

The Joy of the Gospel fills the hearts and lives of all who encounter Jesus… I invite all Christians, everywhere, at this very moment, to a renewed personal encounter with Jesus Christ, or at least and openness to letting him encounter them. (1,3).

How have you encountered Jesus lately? What experiences in your life have been moments of God trying to encounter you? Who in your life has been like the first disciples and brought Jesus to you? How in your daily comings and goings do you bring Jesus to someone else?

I recently attended a meeting for religious educators with the members of St. James’ Faith Formation Team. During our gathering, we had the delightful opportunity to meet our new Archbishop Blase Cupich. It turns out he is quite the storyteller! He shared a profound moment he had on Christmas Eve. He was visiting patients at Lurie’s Children’s Hospital. As he was passing a room, he was stopped by the father of a very sick child. The man was Muslim. He asked Archbishop Cupich if he would please pray with his family. The Archbishop happily did so. At the end of their time together, Archbishop Cupich humbly asked, “Why did you ask me, a Catholic priest, to pray with you?” And the father answered, “Because we wanted to bless you. In Islam, we believe that when you visit the sick, you are blessed.” Neither the father nor Archbishop Cupich could have orchestrated the blessings from this encounter. That’s God’s work. They did, however, cooperate with God’s grace by being open to and present with one another. As Pope Francis notes, “God attracts us by taking into account the complex interweaving of personal relationships entailed in the life of a human community” (Ev. Gaud. 113).

Let’s continue to grow our community. Let’s allow our hearts to be open, like the first disciples, to God’s stirrings in our lives. Let’s allow ourselves to be surprised by joy when we encounter Christ through one another.

With a full and grateful heart,

JoAnne Mullen-Muhr

(A podcast of this week’s reflection is available on the St. James website and mobile website.)
Next Sunday’s Scripture
77 Lv 13:1-2, 44-46
Ps 32: 1-2, 5,11
1 Cor 10:31-11:1
Mk 1:40-45

Rosary Group
Pray the Rosary both before and after daily Mass:
Monday: Human Life
Tuesday: Military
Wednesday: Marriage
Thursday: Priests and Religious
Friday: Sick
Saturday: Souls of the faithful departed

Eucharistic Adoration
Adoration takes place from 8:15am to 4pm every Thursday in the Church.
Contact: Jo Jozwiak 847-259-2433

Fr. Matt’s Monday Family Prayer
2nd Monday of each month, at 4pm in the Church, with the Rosary and Adoration. The next Monday Prayer will be Monday, February 9th.

Valentine Day Mass
for Married Couples

Friday, February 13, 2015, 7:00pm in the Church
Celebrate your marriage in a special way this Valentine Day!

Fr. Joji Thanugundla will celebrate this Mass and you will have an opportunity to renew your marriage vows. Your family is invited to join you, if you choose. After Mass, head over to your favorite restaurant, or enjoy an evening at home.

Mass for those with Special Needs
February 22nd, 2015 – 11:30am

St. James is a welcoming parish and Fr. Matt is working to expand the welcome that we share with people with special needs. This term refers to people with who might need extra help because of a medical, emotional, or learning problem. We have had several masses at St. James with an emphasis on including people with special needs in a service role such as altar serving, bringing up the gifts, etc.

Down syndrome, autism, cerebral palsy and other intellectual disabilities are included under the term special needs. Years ago when I began working with people with Down syndrome and other intellectual disabilities the first request I received from them and their families was to use “People First” language. The individual is a person first and has the intellectual disability second. One would say, “The person with Down syndrome”, “The child with autism”, or the “Adult with an intellectual disability” (rather than the autistic child).

In addition, the request is that others acknowledge and speak of the person having the condition rather than being the condition. For example, “She has Down syndrome” rather than “She is Down syndrome”. Another language request is to use the newer term “intellectual (or developmental) disability” rather than the older term “mental retardation”.

Language can be a wonderful place to start to make people feel welcome. Another way is to join us at the next Mass for People with Special Needs at 11:30am Mass on Sunday, February 22nd. If you are a person with special needs or have a family member with special needs, please feel welcome to call Fr. Matt Foley at the Parish Office, 224-345-7222 to participate in the service of the mass.

Brian Chicoine, MD
Medical Director, Advocate Medical Group Adult Down Syndrome Center

OUR CHARITY
Our charity during the month of February is the Annual Catholic Appeal. We thank you for your generosity to this initiative and to all of our monthly charities during the year. This is the annual In-Pew pledge commitment weekend.
Vicariate I Eucharistic Minister and Lector Training Workshops

Eucharistic Minister Training Workshop
Saturday, February 21, 2015
Our Lady of the Wayside, 434 W. Park St. Arl. Hts.
847-253-5353—Mandy Dillon  Hospitality 8:30am, Presentation: 9:00am-Noon

Saturday, March 7, 2015
St. Thomas Becket, 1321 N. Burning Bush Ln. Mt. Prospect
847-827-9220—Liz Mika   Hospitality 8:30am, Presentation 9:00am-Noon

Saturday, April 18, 2015
Church of the Holy Spirit, 1451 W. Bode Rd. Schaumburg
847-882-7580—Rosi Viquez   Hospitality 8:30am, Presentation 9:00am-Noon

Proclaiming the Word—Lector Training Workshops
Saturday, February 21, 2015
Our Lady of the Wayside, 434 W. Park St. Arl. Hts.
847-253-5353—Mandy Dillon  Hospitality 8:30am, Presentation 9:00am-Noon

Saturday, March 7, 2015
St. Thomas Becket, 1321 N. Burning Bush Ln. Mt. Prospect
847-827-9220—Liz Mika   Hospitality 8:30am, Presentation 9:00am-Noon

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Questions? Mandy Dillon at pastoralassociate@olwparish.org
or Marie Paul at mmpaul@sttheresachurch.org

Parish Leadership Day
Saturday, February 21st, 2015
at Marist High School, in Chicago

http://www.leadershipdaychicago.org/

See information on the website, listed above.

Choose the sessions you would like to attend, and then email parishoffice@stjamesah.org to register.

The event is free, but lunch is available for $7.50, or you may bring a bag lunch.

Pope Francis calls us to a Festival of Forgiveness, on February 27th & 28th, 2015

Across two days (February 27th & 28th), the Church in Chicago will offer special opportunities for the Sacrament of Penance and for prayers of healing. The Catholic faithful, especially those who have been away from the sacraments, are urgently invited to come and share God’s mercy. Everyone is invited.

In the Archdiocese of Chicago, we will join our Holy Father and local churches throughout the world in their observance of this graced opportunity.

At St. James:
On February 27th (Friday), we will offer Confession in the Church before and after the Stations of the Cross at 7:00pm.

On February 28th (Saturday), we will offer Confession after the 8:30am Mass in the Church, and also from 3:30-4:30pm in the Chapel (west side of street).

At several local parishes:

From 12:00Noon on Friday, February 27th until 12:00Noon on Saturday, February 28th, the Sacrament of Penance will be celebrated at 24 locations for 24 hours.

A complete list of parishes offering 24-hour confessions may be found at www.archchicago.org.

Here are several parishes closer to Arlington Heights:

Queen of the Rosary Parish (680 Elk Grove Blvd, Elk Grove Village), St. Catherine Laboure (3535 Thornwood Ave., Glenview), St. John Brebeuf Parish (8307 N. Harlem in Niles, St Paul of the Cross Parish (320 S. Washington St., Park Ridge.

(Priests from St. James and other local parishes will hear confessions during the 24-hour period at Queen of the Rosary in Elk Grove Village.)
I want you...to join me in some Spiritual Fitness exercise!

Who: All men and their sons, too.
What: Stations of the Cross
When: February 27th and March 13, 2015. 7:30 PM
Where: University of St. Mary of the Lake, Mundelein, IL
Why: Think about it...
Contact: Deacon Matthew

The particulars...
We will gather around the Dime Statue (21 on the map below...see the arrow!) at 7:30 PM on the second and fourth Fridays in Lent...regardless of the weather conditions. We will then pray the Stations of the Cross as we walk around St. Marys Lake...about 2 miles. The ‘fitness’ comes into play as we’ll be carrying large Crosses around the lake as we pray. These Crosses are quite heavy and will add a new dimension to our spiritual fitness as we experience a small part of what our Lord and Savior experienced as he walked the Way of the Cross for our salvation. Remember to dress for the weather!

Are you up for the challenge? This Lenten season, will you improve your spiritual fitness?
ST. JAMES JR. HIGH

Production of

FINIAN’S RAINBOW JR.

Music by: Burton Lane
Lyrics by: Yip Harburg
Book by: Yip Harburg & Fred Saidy
Adaptation by: Deena R. Harburg

Adapted from the classic Broadway musical, Finian’s Rainbow JR. will bring audiences the luck of the Irish, with a classic score by Burton Lane and Yip Harburg (Oscar-winning lyricist of the classic song “Over the Rainbow” from the film The Wizard of Oz) that features heartfelt, memorable songs like “How Are Things in Glocca Mora?,” “Old Devil Moon,” and “Look to the Rainbow.”

ALL SEATING RESERVED SO ORDER TODAY

ENJOY THE TALENTS OF OUR 6TH, 7TH, AND 8TH GRADE STUDENTS IN THEIR 14TH ANNUAL MUSICAL.

FEBRUARY 19TH AND 20TH

SHOWTIME 7:00 PM TICKETS $8*

*Complementary seating is available for families with special needs children. Please contact Liz Czajkowski in the Parish Office directly at 324-345-7205 or email your request to lczajkowski@stjamesah.org.

To order tickets, enclose the lower half with your check payable to St. James Parent’s Club in an envelope marked “Musical” and return to the parish or school office. Please contact Gina Bentz at 312-520-4844 (cell) or email your questions to ginalouisebentz@gmail.com.

Family Name and Email Address: ____________________________
Telephone Number (Best number to be reached): ____________________________
(Choose) Performance Date: Thursday, February 19th # of tickets _______ x $8 _______
Or Performance Date: Friday, February 20th # of tickets _______ x $8 _______

Please indicate if special accessibility seating is needed

An email confirmation will be sent to you when your form is received
Tickets will be held at Willcall for all performances.
St. James Youth Ministry students and chaperones at the **Winter Jam Christian Concert**. The group heard the music of 10 Christian artists.

(Also included is a photo from the recent Pro-Life March at St. Theresa Church in Palatine.)

Pro-Life March at St. Theresa's in Palatine.
Ten people are participating in our RCIA program this year. Three are to be baptized, three wish to be received into the full communion of the Catholic Church and four will be completing their sacraments of initiation. Some of our classes this fall included an evening at Our Lady of the Wayside with Bishop Rassas presenting the Sacraments of Initiation, Pat Farrell discussing our church history and Deacon Matt Hahn demonstrating a teaching mass in St. James Church. We celebrated the Rite of Acceptance at the 11:30 mass in November, received Bibles in December, and celebrated together at a Christmas Party with good food, a RCIA trivia game, and singing Christmas Carols. The class also participated in the St. Malachy gifts at Christmas as one of our service projects. In February we will travel to St. Edna’s to celebrate mass with the other two Arlington Heights Catholic Churches and then meet for a reconciliation presentation. On February 15th, we will attend the 11:30 mass at St. James and then head down to Holy Name Cathedral to be presented to the Bishop and celebrate the Rite of Election. Watch for our catechumens and candidates as we rotate attending masses during Lent. Also please pick up a “Little Black Book” which will contain the name of one of these men or women and pray for them as they continue their studies.
SUNDAY, FEBRUARY 8, 2015
FIFTH SUNDAY IN ORDINARY TIME
Deep healing
If you’ve ever been seriously ill, or even under the influence of a particularly nasty cold, you can understand why ancient peoples imagined that disease was sometimes caused by demonic possession. Being seriously ill can indeed feel as if your body has been possessed by some hostile power. Though today we rely on medically trained personnel and scientific technology to address most illnesses, our souls still need the Great Physician. Turn to Christ with your prayer for healing and wholeness. And keep in mind we celebrate World Day of the Sick on February 11—keep someone who is suffering in your prayers these coming days.

TODAY’S readings: Jn 7:1-4, 6-7; 1 Corinthians 9:16-19, 22-23; Mark 1:20-34 (24).

“...He cured many who were sick with various diseases, and he drove out many demons, not permitting them to speak because they knew him.”

MONDAY, FEBRUARY 9
Be creative
The ability to be a creator is one of God’s greatest gifts to human beings. To make something out of nothing, something beautiful and meaningful, and share it, is uplifting. Think of all the religious art—music, painting, sculpture, architecture, literature—that was divinely inspired and helps people understand God better. But you don’t have to be a Michelangelo to be creative and affect others. Making meals, scrapbooking, family history, holiday decorating, finger painting with kids—there are countless ways to make art that expresses who you are and touches those you love.

TODAY’S readings: Genesis 1:1-19; Mark 6:53-56 (32).

“God saw how good it was.”

TUESDAY, FEBRUARY 10
FEAST OF SCHOLASTICA, virgin, religious
Let the creativity flow
When creating something new, we don’t know if it will make a lasting or meaningful difference in the world. Creation can be a profound act of faith, hope, and love. Saint Scholastica founded a monastery of Benedictine nuns in sixth-century Italy, seeking to grow in holiness and helping others do the same. Her act of creation reverberated through the ages, influencing the history of religious life and how we think about prayer. When you are drawn to create something new, something risky perhaps, remember Saint Scholastica—not only is she walking with you but so is our God who brings every good to fullness!

TODAY’S readings: Genesis 1:21-26; Mark 7:1-13 (32).

“So God blessed the seventh day and made it holy, because on it he rested.”

WEDNESDAY, FEBRUARY 11
FEAST OF OUR LADY OF LOURDES; WORLD DAY OF THE SICK
Heal and be healed
It’s not easy to deal with significant health problems. Our faith can help us. We can draw strength through the sacrament of the Anointing of the Sick, by wearing a medal of the Archangel Raphael as a reminder of God’s healing, or by praying with Our Lady of Lourdes, whose special patronage is those who are sick. Our parish family is also a source of support, with prayers of healing and practical assistance like rides to the doctor’s office or help with meals. If you need a helping hand, have faith and don’t be afraid to ask. If you’re able to give a helping hand, faithfully extend it to others.

TODAY’S readings: Genesis 2:4-6; 7:14-22 (31).

“...It was filling up out of the earth and was watering all the surface of the ground.”

THURSDAY, FEBRUARY 12
Faith shared, lives changed
Faith is something learned and given and, ultimately, shared. It’s something you carry in your bones. You live it out in who you are and how you are and for that reason, you can share it without even realizing it. Think of the moments that you’ve encountered God’s love in others; when someone shared the gospel with you through their love and forgiveness. God enters the world in those moments and changes lives. If you live out your faith today, there’s no telling how far the gospel will reach. It can change the world—and you may not even realize it.

TODAY’S readings: Genesis 2:1-6; Mark 7:24-30 (33).

“Then he said to her, ‘Your faith has made you well.’”

FRIDAY, FEBRUARY 13
Show mercy
Abraham Maslow’s hierarchy of needs is a theory in psychology that proposes that human beings must have their basic physical and emotional needs met before they can realize their fullest potential. Catholics are expected to help others satisfy those needs through the Corporal and Spiritual Works of Mercy, which include feeding the hungry, sheltering the homeless, and visiting the sick as well as teaching those who lack education, forgiving offenses willingly, and comforting the afflicted. Through works of mercy the world gets closer to reaching its fullest potential. Let’s all get to work!

TODAY’S readings: Genesis 3:1-8; Mark 5:21-37 (32).

“He made them bow and the mute speak.”

SATURDAY, FEBRUARY 14
FEAST OF CYRIL, MONK, AND METHODIUS, bishop
A genuine Valentine
This is real love: two brothers dedicate their lives to serving a people not their own. Born in ninth-century Greece, Methodius was older and eventually attained the office of archbishop. Cyril, more philosophical, was a linguist and theologian. Both took on the evangelization of Moravia. There, Cyril devised the Slavic alphabet developed by later disciples and called Cyrillic in his honor. Both brothers fought for the Bible and liturgy in the language of the people. Pope John Paul II declared these brothers patron saints of Europe. Their love brought good news to strangers. Does yours?

TODAY’S readings: Genesis 3:7-12; Mark 8:1-10 (33).

“Where can anyone get enough bread to satisfy them here in this deserted place?”
“Come after me.” The words Fr. Matt used at Mass to celebrate the kick-off of Catholic Schools Week. He said, “I want every graduate, every alumni, every parent, and every student, to proclaim these three words over and over again. Come after me. Come after me!” As fate would have it, after Mass that Sunday, Saint James School had a record number of visitors “coming after them” at their annual Open House. The hallways were buzzing with excitement as students and parents welcomed the opportunity to show the world all the great and unbelievable things about Saint James School.

Students continued celebrating their faith in a very unique way during National Catholic Schools Week. Fun activities were planned for the kids such as Mismatched Day and Spirit Wear Day. They had the opportunity to attend the Scholastic Book Fair as well as the school wide Band Concert. All students received a Surprise Student Gift as well as a Free Ice Cream at lunchtime. They even enjoyed a No Homework Day! This fun week ended Friday with the annual SJS Variety Show in which many, many students displayed their special, individual talents.

Even though the week included “fun and games,” the true meaning of Catholic education was never far from the student’s minds. They still started each day as they always do, with prayer, and continued to live out the Gospel message of Christ. The students, faculty and staff wrapped up their week at the Friday morning All-School Mass. At the close of Mass, Mrs. Pappas announced the much-anticipated Christian Spirit Award Winners that went to 8th graders Cara Denten and Josh Perkins, and the Heart of the School Award that went to PE instructor, Mrs. Karen Erland. Each grade then spent the rest of the morning performing works of service, including a trip to Luther Village by the 8th grade class.

An Invitation...

Newly Registered Parishioners: SAVE THE DATE!

Please join our Pastor, Fr. Matt Foley, at the 5:00 Mass in the Church on Sunday, February 8. Following Mass, you are invited to a casual reception at the rectory located right next to the Church. Our parish priests will personally welcome you, our very newest St. James parishioners!

Who? Newly Registered Parishioners
What? Mass and casual reception of appetizers and beverages
When? Sunday, February 8 following the 5:00 Mass
Where? Reception at St. James Rectory just north of the Church

Please RSVP...Your Ambassador or Kathy at 847-253-0484
We look forward to seeing you!

Thank you for your participation in the MANNA program. In 2014, profits to St. James Parish were almost $17,000!!!

Please consider using MANNA CARDS for your everyday needs: groceries, home improvement projects, filling up the tank, fast food...AND VALENTINE’S DAY GIFTS!!

For a short time Fannie May cards are available for immediate purchase.

St. James receives a profit of every sale;
the profit for Fannie May cards is a whopping 25%!!

Manna tables are in the gathering spaces after all masses EXCEPT the 5pm Sunday mass.

Questions? Call the parish business office 224-345-7211 or 7212
**JOE OPENING: DIRECTOR OF MUSIC MINISTRY**

St. James, a large, active parish seeks a full-time Director of Music for a well-developed program. Responsibilities: active member of Pastoral Staff, Liturgy Team; direct one or more of five choirs; oversee direction of remaining choirs; plan music/musicians for all liturgies; develop worship aids. Qualifications: credentials in music and liturgy, **advanced degree preferred**, with focus on choral music; 3-5 yrs. experience in parish ministry; thorough understanding of Roman Catholic liturgy; proficiency in piano and/or organ, directing; highly organized, detail oriented and creative. Salary offers competitive salary in accordance with Archdiocesan guidelines. Additional information on request. Please email resume to: dbolash@stjamesah.org.

**St. James Over 50 Social Group**

The St. James Over 50 Social Group cordially invites you to it's **Mardi Gras luncheon**. Francesca's Tavola Restaurant
208 S. Arlington Heights Road
Tuesday Feb. 17th, 2015 at 11:30 AM
Parking lot available

Mardi Gras Mask contest (Optional)
50/50 raffle King and Queen to be chosen.

Luncheon served family style includes:
Choice of: Italian Wedding Soup or Insalata della Casa salad
Bow tie pasta sauteed with Italian sausage, spinach and peas in tomato basil sauce
Roasted chicken breast with lemon, roasted asparagus, Sauteed tilapia, roasted peppers, onions, mushrooms in white wine
King cake and Bismarks Fountain drinks, iced tea, coffee Cash bar (not included)

Cost:$25
Make checks payable to: St. James Over 50 Group - Mardi Gras and take to Parish Office


**Human Concerns**

**St. James Retired Men’s Group**

Wednesday, February 11th, 2015
9:45am
O’Brien Room
(Parish Office lower level)

Speaker:
JoAnne Mullen-Muhr,
Director of Faith Formation

Topic: Our Mission

**Fair Trade Valentine Sale!**

**Next weekend after Parish Center masses!**

**JUST HAITI** Coffee & Chocolate Bars
Share the love for family & friends with gifts that support Haitian farmers

Unable to stop by our table after mass? Order now by email: peaceandjustice@stjamesah.org
Catholic Relief Services RICE BOWL

Catholic Relief Services Rice Bowl is the faith-in-action Lenten program of Catholic Relief Services, the official international development and humanitarian relief agency of the United States Conference of Catholic Bishops.

CRS Rice Bowl is celebrating 40 years of helping communities live out Lent in solidarity with our poorest brothers and sisters around the world.

Seventy-five percent of every donation goes to help the poor overseas, and twenty-five percent stays in our own diocese to support local hunger and homelessness alleviation projects.

For additional information, please access: crsricebowl.org

Pope Francis shares this advice on a recent visit to the Philippines:

“Only by becoming poor ourselves, by stripping away our complacency, will we be able to identify with the least of our brothers and sisters.”
Nearly 1.5 million high school students nationwide experience physical abuse from a dating partner each year. Stepping Stones, a St. James Ministry, wants to end dating violence. This article is part of a four-part series that will be featured in the bulletin during the month of February, Teen Dating Violence Awareness and Prevention Month. Please keep all young adults in your prayers.

What is Digital Abuse?

Digital dating abuse is the use of technologies such as texting and social networking to bully, harass, stalk or intimidate a boyfriend/girlfriend. Often this behavior is a form of verbal or emotional abuse perpetrated online. In a healthy relationship, all communication is respectful whether in person, online or by phone. It is never ok for someone to do or say anything that makes you feel bad, lowers your self-esteem or manipulates you. You may be experiencing digital abuse if your boyfriend/girlfriend:

- Tells you who you can or can’t be friends with on Facebook and other sites.
- Sends you negative, insulting or even threatening emails, Facebook messages, tweets, DMs or other messages online.
- Uses sites like Facebook, Twitter, foursquare and others to keep constant tabs on you.
- Puts you down in their status updates.
- Sends you unwanted, explicit pictures and demands you send some in return.
- Pressures you to send explicit videos.
- Steals or insists to be given your passwords.
- Constantly texts you and makes you feel like you can’t be separated from your phone for fear that you will be punished.
- Looks through your phone frequently, checks up on your pictures, texts and outgoing calls.
- Tags you unkindly in pictures on Instagram, Tumblr, etc.

You never deserve to be mistreated, online or off. If you’re experiencing digital dating abuse, we encourage you to chat with a peer advocate. Remember:

- Your boyfriend/girlfriend should respect your relationship boundaries.
- It is ok to turn off your phone. You have the right to be alone and spend time with friends and family without your boyfriend/girlfriend getting angry.
- You do not have to text any pictures or statements that you are uncomfortable sending, especially nude or partially nude photos, known as “sexting.”
- You lose control of any electronic message once your boyfriend/girlfriend receives it. They may forward it, so don’t send anything you fear could be seen by others.
- You do not have to share your passwords with anyone.
- Know your privacy settings. Social networks such as Facebook allow the user to control how their information is shared and who has access to it. These are often customizable and are found in the privacy section of the site. Remember, registering for some applications (apps) require you to change your privacy settings.
- Be mindful when using check-ins like Facebook Places and foursquare. Letting an abusive boyfriend/girlfriend know where you are could be dangerous. Also, always ask your friends if it’s ok for you to check them in. You never know if they are trying to keep their location secret.

Remember, you have the right to feel comfortable and safe in your relationship, even online.

Everyone deserves a safe and healthy relationship.
Remember, love has many definitions, but abuse isn’t one of them. If you or someone you know has a question about a relationship, healthy or unhealthy, visit loveisrespect.org or text “loveis” to 22522. Peer advocates are also available 24/7 at 866.331.9474.
United States Conference of Catholic Bishops Life Issues Forum

The Public Relations of Death

By Richard M. Doerflinger

A campaign to legalize assisted suicide is moving forward in New Jersey, with similar proposals to be introduced in California, Maryland and other states. The former Hemlock Society (now under the more appealing name “Compassion & Choices”) hopes to pass such bills in a dozen states this year, although its efforts produced new laws in only three states (Oregon, Washington and Vermont) in the past 25 years.

What makes C&C so optimistic? After all, its agenda is the same as always: Protecting doctors who want to prescribe a barbiturate overdose so their patients can kill themselves.

The change is in the public relations of the issue, due to an attractive 29-year-old cancer patient named Brittany Maynard. Ms. Maynard, a California resident, announced last fall that she was unwilling to face the expected suffering of her illness, and would move to Oregon so she could take her life on November 1 using its assisted suicide law. She appeared on the cover of People magazine and became a spokesperson for C&C, her interviews and video appearances carefully vetted by its media relations staff. Just before the announced date she said she didn’t feel too bad and may live longer – then went through with her suicide anyway. What encouragement she received from C&C to “get with the program” we may never know.

Ms. Maynard’s “reality TV” show provided an appealing human face for C&C’s agenda. The voices of others – including patients with similar conditions, who urged her to see meaning in her life and promote hope rather than despair – were drowned out. Now C&C wants to save others the inconvenience of traveling to another state to obtain a lethal overdose from a doctor.

This raises basic questions. Is it the government’s job to make suicide “convenient” for some people? Shouldn’t it value everyone’s life and prevent suicide without discrimination, not select which people receive a helping hand to jump off the ledge?

Moreover, the grim reality of legalized assisted suicide has little to do with self-assured young women facing intractable pain who demand control over their last days.

In Oregon, the state health department tells a different story. Of the 752 people taking their lives under its law from 1998 through 2013, only 6 were under 35 years old; the median age is 71. In 2013, less than 3% had any evaluation to check for treatable depression. Most had no health insurance, or had it only from the government – which has told cancer patients it will fund assisted suicide but not some treatments the patients want so they can live longer. Most took their lives not because of untreated pain or even fear of pain, but because they felt they were losing their autonomy or dignity and becoming a “burden” – a feeling no doubt encouraged by others, including the government itself. Many had chronic conditions, not imminently fatal diseases like late-stage cancer. All reporting on the circumstances of their deaths was done by the doctor prescribing the lethal dose; state officials have said the doctor’s account could be “a cock and bull story” for all they know.

In short, this campaign uses a ploy known to marketers as the “bait and switch.” People are moved by unscrupulous ads to visit a store promising a bargain on a popular item, only to find something far less attractive when they arrive. Rip the mask off this campaign, and we find grandma and grandpa being nudged toward death by individuals and governments who don’t want to be bothered with “burdensome” people. Will lawmakers see through the mask?

Mr. Doerflinger is Associate Director of the Secretariat of Pro-Life Activities, U.S. Conference of Catholic Bishops.

For more on the bishops’ pro-life efforts see www.usccb.org/prolife.

Join tens of thousands praying the “9 Days for Life” novena! Visit www.9daysforlife.com – or text 9DAYS (or 9DIAS) to 55500.
## Community Groups and Events

### Respite Care—Gero Solutions
Gero Solutions has trained volunteers who are available to provide up to 3 hours of respite care per week for family members caring for an older adult in their home. This free service is available by calling the Gero Solutions Office at 847-705-2123.

### Lunches by Catholic Charities
Lunches are served daily for seniors 60 and older at Arlington Heights Senior Center, 1801 W. Central. Suggested donation of $4.00 on a reservation basis. Call 847-797-5354 for reservations.

### Mended Hearts - a national non-profit support group for cardiac patients and families
Mended Hearts - a national non-profit support group for cardiac patients and families meets monthly at Alexian Bros. Hospi- tal in Elk Grove Village on the first Tuesday of each month in 2015. Call Jack Hanahan at 847-398-0791 for the schedule, information and volunteer.

### Senior Health Insurance Program
Volunteers trained by the Illinois Department of Insurance offer a free counseling service to help you compare alternative Medicare, Medicare Supplement, Medicare Drug, HMO or Long Term Care Insurance Plans and to assist in processing billing or appealing denied claims for these plans. Call 847-253-5532 for an appointment.

### Community Resources
- **Alcoholics Anon.** 312-346-1475  
  - **Alanon/Alateen.** 847-358-0338  
  - **Narcotics Anon.** 708-848-4884  
  - **Families Anon.** 847-795-8320  
  A self-help program for family and friends of those with substance abuse and/or behavioral problems. Meets regularly at 7:30pm on Wednesday evenings at Our Savior Lutheran Church in Arlington Hts.

### NAMI—National Alliance on Mental Illness—Family support group, meets at 7:00pm, the third Wednesday of the month at Alexian Brothers Center for Mental Health, 3436 N. Kennicott, Arl. Hts. 847-899-0195

### Escorted Transportation
Escorted Transportation Services Northwest (ETS/NW) - is a service available for older adults in our community who are in need of rides to medical or dental appointments. It is a non-denominational outreach service to seniors. If you are in need of such assistance, please call Kelly at 847-222-9227. To volunteer to drive and be a part of this outreach team call Kelly at 847-222-9227.

### Annulment Support Ministry
Richard Nagengast  847-732-0970

### AA (Alcoholics Anonymous) - meets in the old St. James School Basement, 821 N. Arlington Heights Rd. (east side of Arlington Hts. Rd.) every Monday and Wednesday evening. (Monday is a Men’s Meeting.) Both the Monday and Wednesday meetings start at 8:30pm. Enter through Door A5. AA is a self-help group for people with a drinking problem.

### Cancer Research Network
The American Cancer Society has Cancer Information Specialists available 24 hours a day, seven days a week - call 1-800-227-2345. These specialists can provide: Information about your cancer, tools to help with your treatment, help finding lodging and transportation, help with financial and insurance questions, answer prescription questions, provide clinical trials matching service, assist in finding support groups, identify online community for cancer patients and their families, and offer cancer education classes. Information is available on the Internet at www.cancer.org. You may also call Ron Marwitz, the ACS parish contact, at 847-870-1862.

### For Post-Abortion Counseling Help:
Project Rachel - Catholic Charities: 312-337-1962  
http://www.hopeafterabortion.com

### Office for Protection of Children and Youth www.archchicago.org 312-534-5254

### St. Vincent de Paul - is an emergency source for food and short-term financial help for parishioners and those living within the parish boundaries. Please call 224-345-7200, ext. 8517. Requests will be handled with care and confidentiality.

### Semi Retired? Retired? Eager to “give something back”?
The Ignatian Volunteer Corps may be for you! Members of this Jesuit service program volunteer in poor and marginalized communities 2 days a week (Sept.-June), grow deeper in their Christian faith by reflecting and praying in the Jesuit tradition, and meet monthly with other IVC members and spiritual reflector. IVC members serve as tutors, employment counselors, food pantry volunteers, elderly companions, hospital chaplains and more.

For more information, visit: www.ivcusa.org/chicago or contact Jacqueline Fitzgerald at 312-961-6206, jfitzgerald@ivcusa.org, or parishioner Susan Carsello 847-670-1233.

### Veteran’s Ministry Retreat
(Veteran’s Ministry Retreat)  
(A comprehensive spiritual outreach and renewal program for our military men and women.)

**Single Day Retreats at** **BELLARMINE JESUIT RETREAT HOUSE**
Sunday, 2/22/15—8am-6:30pm  
Sunday, 6/7/15 8am-6:30pm—(Note: This retreat is for the family of our Military (spouses, parents and adults (18 and older). There are 3 ways to register:
- **Online**—at www.ComingHomeRetreats.org  
- **Phone:** 847-381-1261  
- **Mail:** Bellarmine Retreat House 420 W County Line Road, Barrington, IL 60010-4011

### Save the Date!
**St. Vincent de Paul**  
7th Annual Friends of the Poor® Benefit “We Were Here”
Sunday, April 19, 2015—11am-3pm  
Drury Lane, Oakbrook Terrace  
Champagne Brunch, Games, Prizes, Entertainment, and a Car Raffle!  
Tickets: $75 per person  
Car Raffle ticket $25.00 each
For information: info@svdechicago.org

### St. Anne Catholic Community presents.....DAMIEN
**A One Man Play by Aldyth Morris**  
Starring Wayne Messmer as St. Damien, “The Leper Priest”
Friday, February 20, 2015 7:30pm  
St. Anne , 120 Ela St., Barrington, IL
Purchase tickets online: stannebarrington.org/damien/-play

### Alexian Brothers Parish Services
**REBUILDING**
After a break-up, separation, divorce, Rebuilding is a 10-session educational/support group. It is designed to provide an atmosphere of support and acceptance as well as information on topics relevant to the experience of ending a romantic relationship. Thursday evenings, Feb. 5, 12, 19, 26; March 5, 12, 19, 26; April 9, 16; 7-8:30pm at St. Edna Church, Room A, 2515 N. Arl. Hts.
Road in Arl. Hts. $50.00 per person Regis. Required (866) 253-9426 or Crystal Cannan 847-981-3514 x 414.
Please pray for our sick...
Francis Cardinal George, O.M.I., Bill Glass, Cheri Edwards

In Loving Memory

David Joseph Zaval...husband of Carol; father of David (Marianne) Zaval Jr., Diane Laspisa, Nancy (Paul) Reynolds; grandfather of Natalie, Geena, Christine, Daniel, Thomas, Brianna, Madison, David and step-children Cheryl (Michael) Jones and Michael (Bridget) Fogarty; step-grandfather of eleven and step-great-grandfather of three; brother of Ed (Barb) Zavadlov

Dr. Andre Longo...husband of Patricia; father of Linda (Richard) Stocker, Michael (Donna) Longo, and James (Sue) Longo; grandfather of Keith (Courtney) Stocker, Craig, Christine and Brett Stocker, Michelle (Ted) Mason, and Adam, Greggory, Emily, and Rebecca Longo

Baptisms

William Maximilian Samikkannu...
son of Steven & Elizabeth (Gilkey) Samikkannu

Benjamin Joseph Samikkannu...
son of Steven & Elizabeth (Gilkey) Samikkannu

Rose for Life
This week’s Rose for Life is donated by The Blomquist Family in loving memory of Mary Angela Arens on the 8th anniversary of her death.

Wedding Banns

February 14, 2015
Sean Dzugan & Stephanie Jameson

February 28, 2015
Sean O’Neill & Stacie Davis

Remembrances

Saturday Evening/Sunday Morning, February 8
Charles Biondo, Dana Mangi, Cheryl Healy, John Doyle, Rose Salviggo

Monday, February 9
John McBride, Dana Mangi

Tuesday, February 10
Rosemary Gray

Wednesday, February 11
William Yoshimura (1st Anniv.), Barbara Sapiente

Thursday, February 12
Dana Mangi

Friday, February 13
Alvin Acosta, Mary Hansen, Gordon Teach

Saturday, February 14
Angela Glynn, Carolinda Shay, Bill and Janet Ganzer, Meggan McDermott, Alice Matthews, Emily Serafin, Marion McDermott, Jamie Santos, Candace Duggan,
Saturday Evening/Sunday Morning, February 15
Carolinda Shay, Jim Grabowy, Janet Ganzer

Thank you, St. James, from:

Mercy Hospital: 737 Mercy Boxes were returned this year from St. James, with a monetary donation of $11,003.00. Over 150 St. James parishioners were involved in the distribution of the boxes and visiting the elderly recipients this year. Mercy Hospital offers thanks, and wishes for a joyous and healthy new year.

The Sisters of the Living Word: The Sisters offer their thanks for our parish’s support of Mardi Gras Magic this year. Proceeds from this event will benefit the Sisters through Mission Advancement focusing on the impact of the Sisters who offer support to those who are hurting and in crisis.

St. Malachy School: “Thank you so much for all you gave my family. We really appreciate it. You are all like God’s angels here on earth.” from Lisa Hammond, grade 3. “Thanks from the Hammonds/Grishams and St. Malachy families.”

St. Mary of Providence: Thank you for your generous donation in support of St. Mary’s. This year, our major project is to meet the needs of our aging population by providing hospital beds, adaptive feeding materials, and therapeutic equipment.
**Presiders**

Saturday evening:
5:00 pm    Fr. Matt Foley

Sunday:
7:00 am    Fr. Matt Foley
8:30 am    Fr. Joji Thanugundla
10:00 am   Fr. Gilbert Mashurano
11:30 am   Fr. Joji Thanugundla
5:00 pm    Fr. Gilbert Mashurano

**Eucharistic Ministers**

*(A Team)*

Saturday: Parish Center
5:00pm    G.Sheria, M.Dolan,
          E.Duque, C.Williams
          M.Nugent, C.Stansbury
          S.Szott, T.Szott
          Coordinators:  D.Duque, T.Gallagher

Sunday: Church
7:00 am    J.Van Eck, C.Jensen, D.O’Grady,
           K.O’Grady
           Coordinator: M. Walsh, Jr.

Sunday: Church
8:30 am    C.Burke, J.Burke, E.Crittenden,
           MJ.Jarosz, L.Poelking, F.Mioszi
           K.Rayburn, I.Roller, T.Talbot, E.Turney
           D.Turney, D.Varchetto
           Coordinator:  T.Stengren

Sunday: Parish Center
10:00 am   K.Imhoff, K.Kelly, S.Lindemann,
           J.Lippert, P.Lippert,
           T.McDonnell, B.Nielsen,
           B.Nielsen, M.Purtell, S.Reiss,
           D.Vlazny, S.Moeykens,
           J.Anderson, M.Rutkowski
           M.Massa, R.Becker, V.Curtis,
           S.Gaske, S.Hussey, J.Lippert,
           J.McDermott, R.McDermott. (2 EMs for choir)
           Coordinators: D.Adam, T.Adam

Sunday: Church
11:30 am   M.Byrne, B.Gedmin,
           S.Sharer, A.VandenAvont,
           C.Van Den Avont, S.Van Den Avont,
           M. Van Den Avont
           Coordinators: G. & J. Christophe

Sunday: Church
5:00 pm    P.Farrell, G.Farrell,P.Farrell, E..Jarosz
           C.Starr, K.McCarthy,M.Turner, A.Turner,
           T. Panzica
           Coordinator:  P.Farrell

**Altar Servers**

Saturday evening:
5:00 pm    C.Jones, M.Johnson, A.Chavez

Sunday:
7:00 am    C.Durkin, M.McGrath, W.Schroeder
8:30 am    C.Raupp, D.Raupp, A.Luczak
10:00 am   L.Wendling, T.Reiss, C.Reiss
11:30 am   E.Bleasdale, J.Curtin, G.Hoffman
5:00 pm    C.Coleman, J.Dillon, B.Dillon

**Lectors**

Saturday evening:
5:00 pm    M.Robbins, J.Todesco

Sunday:
7:00 am    B.Kragh, P.Ruddy
8:30 am    R.Cerabona, S.Nowakowski
10:00 am   K.Konopasek, A.Brown
11:30 am   B.Charland, E.Martin
5:00 pm    B. Mangi, D.Starr

**Scripture Readings**

**READINGS FOR THE WEEK OF FEBRUARY 8**

**Monday:**  Gn 1:1-19; Ps 104:1-2a, 5-6, 10, 12, 24, 35c; Mk 6:53-56
**Tuesday:** Gn 1:20 — 2:4a; Ps 8:4-9; Mk 7:1-13
**Wednesday:** Gn 2:4b-9, 15-17; Ps 104:1-2a, 27-28, 29bc-30; Mk 7:14-23
**Thursday:** Gn 2:18-25; Ps 128:1-5; Mk 7:24-30
**Friday:**  Gn 3:1-8; Ps 32:1-2, 5-7; Mk 7:31-37
**Saturday:** Gn 3:9-24; Ps 90:2-6, 12-13; Mk 8:1-10
**Sunday:**  Lv 13:1-2, 44-46; Ps 32:1-2, 5, 11;
              1 Cor 10:31 — 11:1; Mk 1:40-45

**How Are We Praying?**

Your Liturgy Board is interested in hearing about your experience of prayer and worship at St. James. We welcome your evaluation of Mass in the Church and Parish Center and your ideas about things we are doing well or ways we can improve our experience of praying together.

E-mail us at: stjamesliturgyboard@yahoo.com

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**Liturgical Ministers** for the Weekend of February 15, 2015
**LADIES NIGHT OUT**

**THE ST. JAMES PARENTS’ CLUB PRESENTS**

**LADIES NIGHT OUT**

**FEATURING TRIVIA NIGHT**

**MARCH 6TH** 6:30 PM - 11:30 PM

**WIN FABULOUS RAFFLE BASKETS AND TRIVIA PRIZES**

**TRIVIA STARTS AT 8 PM**

**BRING SNACKS OR DINNER TO SHARE WITH YOUR TABLE**

**ST. JAMES PARISH CENTER**

820 N. ARLINGTON HTS. RD.

**$20 PER PERSON**

**RSVP BY FEB. 27TH**

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**TABLE CONTACT**

**EMAIL**

**PLEASE LIST ALL THE NAMES OF PEOPLE AT YOUR TABLE; INCLUDE FULL NAMES**

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1. ____________________________ 6. ____________________________
2. ____________________________ 7. ____________________________
3. ____________________________ 8. ____________________________
4. ____________________________ 9. ____________________________
5. ____________________________ 10. ____________________________

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RETURN FORM & CHECK PAYABLE TO ST. JAMES PARENTS’ CLUB TO: ST. JAMES SCHOOL 820 N. ARLINGTON HTS. RD., ARLINGTON HTS., IL 60004

FOR MORE INFORMATION EMAIL: LNOSTJAMES2022@gmail.com

*THIS IS A 21 AND OVER EVENT*
Welcome to St. James!
St. James Parish
820 N. Arlington Heights Road
Arlington Heights, IL
224-345-7200

St. James Parish Website:
www.stjames.org

St. James Parish Council Contacts:
Anthony Beaudette
(ajbeaudette@comcast.net)
Chris Jarosz
(cjarosz@cfoaccountingsolutions.com)

Weekend Masses
Saturday Evening    5:00pm   Parish Center (Cantor)
Sunday Morning    7am  Church (Cantor)
Sunday Morning    8:30am  Church (Traditional Choir)
Sunday Morning    10am  Parish Center (Contemporary Choir
 and Children’s Liturgy of the Word)
Sunday Morning    11:30am  Parish Center (Contemporary Choir)
Sunday Evening    5:00pm    Church (Teen Ensemble)

Weekday Masses (Church)  831 N. Arlington Hts. Road
Monday – Friday . . . . . . . . . . . 7:30am Mass
Saturday . . . . . . . . . . . . . . . . .8:30am Mass

Holy Day Liturgy
Please refer to publicized special schedules for Holy Days.

Sacramental Celebrations

Baptism
Parishioners must notify the Parish Office of preferred Baptis-
mal date at least one month in advance.

Marriages
Congratulations on your engagement! At least six months prior
to your wedding date, we warmly welcome you to contact the
Parish Office. Our Office Manager will explain the process of
preparing for a Christian marriage and assist you in selecting a
date for your wedding liturgy.

Reconciliation
Saturdays . . . . . . . . . . . . . . . . . 3:30—4:30pm
In the Chapel—820 N. Arlington Hts. Road, or you may call for
an appointment anytime at 224-345-7200.

Parish Office Hours
Monday-Friday  9:00am—8:00pm
Saturdays 9:00am—1:00pm
Sundays  9:00am—1:00pm

Parish E-mail Address: parishoffice@stjamesah.org
Parish Fax Number: 224-345-7220

St. James School
St. James School Number: 224-345-7145
St. James School Fax : 224-345-7140

St. James Pastoral Staff
Debbie Bolash, Business Manager
224-345-7212 - dbolash@stjamesah.org

Liz Czajkowski, Office Manager
224-345-7205 - parishoffice@stjamesah.org

JoAnne Mullen-Muhr, Director of Faith Formation
224-345-7215 - jmullenmuhr@stjamesah.org

Sr. Faustina Ferko, Director of Youth Ministry
224-345-7214 - srfaustina@stjamesah.org

Carrie Conley, Co-Coordinator—Religious Education
224-345-7217 - cconley@stjamesah.org

Rebecca Linscott, Co-Coordinator—Religious Education
224-345-7216 - rilinscott@stjamesah.org

Patricia Farrell, Director of Spiritual Formation, School
224-345-7149 - pfarrell@stjameschoolah.org

Judy Pappas, Principal
224-345-7145 - jppapas@stjameschoolah.org

Judy Tomasiewicz, Bulletin/Liturgy
224-345-7206 - editor@stjamesah.org

Priests
Rev. Matthew Foley, Pastor
224-345-7222 – frmatt@stjamesah.org

Rev. Joji Thanugundla, Associate Pastor
224-345-7201 - Frjoji@stjamesah.org

Rev. Gilbert Mashurano, Associate Pastor
224-345-7202 - frgilbert@stjamesah.org

Rev. Bill Zavaski, Pastor Emeritus

Permanent Deacons
James Bannon (Laura)  847-577-6328
Matthew Hahn (Zuly)   847-222-1944
Paul Schmidt (Paulette)   847-253-3656
Pierce Sheehan (Midge)   847-259-1743
Tom Westerkamp (Diane)   847-253-3090
William Reinert (Joan) - Retired