St. James Parish
820 N. Arlington Heights Road  Arlington Heights, IL  60004
www.stjamesah.org       224-345-7200

March 2,  2014                               Eighth Sunday in Ordinary Time

St. James Parish
Stewardship in Action at St. James!

The First Graders from St. James School collected much-needed donations for St. James P.A.D.S. in honor of their hundredth day in school this year.

The three classes came to tour the facility and drop off their gifts.

Thank you, Mrs. Boyer, Mrs. Brown, Ms. Garrison and all the First Grade families for your generosity while combining learning about those in need with math!

Can a mother forget her infant, be without tenderness for the child of her womb? Even should she forget, I will never forget you.

— Isaiah 49:15

Click on image at right with Iphone or Android for immediate access to St. James social media.
A Reflection…  
from Fr. Joji Thanugundla, Associate Pastor

March 2, 2014

Sorrow looks back; Worry looks around, but Faith looks up.

Mark Twain said; “The two most important days in your life are the day you are born and the day you find out why.” So, it is very important for us to know why we are born and Lent might be a good time to reflect and ponder on this truth. As we enter into the season of lent this week being signed on our foreheads with the ashes we recall the meaning of our lives and the purpose of our journey on this earth.

This Sunday Gospel calls our attention not to worry but to trust God in every thing. There are many concerns, issues and troubles in each of our lives but in reality most of them never happen; meaning, we anticipate many things just by worrying. We worry about our safety, security, future of our children, families and the world at large. It is appropriate to be concerned and work hard to make things better. But in this process we often are so obsessed with things that we push God away from our midst. The more we do not rely on Him the harder life becomes. We pray during this Lent to TRUST God more so we see the blessedness of life and live it to the fullest.

We also recall and keep in mind the three traditional pillars of Lenten observance: Prayer, Fasting and Almsgiving.

1. Prayer: More time given to prayer during Lent will draw us closer to the Lord. We might pray especially for the grace to live out our baptismal promises more fully. We might pray for the elect who will be baptized at Easter and support their conversion journey by our prayer.

2. Fasting: Fasting is one of the most ancient practices linked to Lent. Christ said, “Man does NOT live by bread alone.” (Mt.4:4;) This liberates us from total dependence on food, on matter, on the world. Thus, for the Christian, fasting is the only means by which we recover our true spiritual nature. In order for fasting to be effective, then, the spirit must be a part of it.

3. Almsgiving: Almsgiving, the third traditional pillar of Lent is a sign of our care for those in need and an expression of our gratitude for all that God has given to us. Works of charity and the promotion of justice are integral elements of the Christian way of life we began when we were baptized.

Let our motto this Lent be: Give Up, Take Up, Lift Up!

We can begin to embrace this call by fasting from or “giving up” material things, including foods, that are superfluous to our basic needs; “taking up” charitable habits that are directed to helping and caring for others; and “lifting up” our brothers and sisters who are in need through giving alms, praying and participating in devotional practices.

Please stop praying for snow: I appreciate it.

Peace and Blessings.  
Fr. Joji Thanugundla
Our Stewardship

Stewardship

Collection Feb. 16 ......(591 env.) . . . $27,361.25
This week last year. ................. . $29,219.50
Our Goal. .............................. $37,500.00
Collection Year-to-Date.* ............. $1,175,503.77
Collection previous Year-to-Date. . . . $1,123,557.05

(This includes gifts using GiveCentral.)

Collection Feb. 23...(627 env.) . . . $32,762.72
This week last year. ................. . $28,471.62
Our Goal. .............................. $37,500.00
Collection Year-to-Date.* ............. $1,208,273.96
Collection previous Year-to-Date. . . $1,152,060.95

(This includes gifts using GiveCentral.)

Our Charity for the month of March:

The Church in Central and Eastern Europe

For many in the Church in Central and Eastern Europe, as well as parts of Asia, the aftermath of 70 years of Soviet rule is still experienced through poverty, infrequent pastoral care, and lack of buildings for the faithful to worship in and in which to cultivate their faith. Your support strengthens the Church of this region through grants that provide pastoral care, affordable shelter, and a cultural and spiritual education to those in need. Your donation will restore the Church and build the future of Central and Eastern Europe.

Thank you!

from Catholic Charities

Dear Fr. Matthew,

I want you to know how grateful we at Catholic Charities are for your In-Kind Gifts in 2013. Now more than ever, families are turning to us for help and items such as clothing, personal care products and household goods are being distributed to those in need—our neighbors and friends—on a daily basis.

Catholic Charities is in your neighborhood, helping people in desperate situations. We are a lifeline, offering hope and restoring stability in times of trouble. You probably know some one who has faced an unavoidable crisis—an illness, disabling injury, job loss, or family disruption. Catholic Charities is here for anyone who suffers during difficult times, regardless of race, background, or religious affiliation.

Individuals and families need the simplest things—like someone who cares. Bless you for your kindness and continued support of Catholic Charities and the services we provide.

Sincerely,
Reverend Monsignor Michael M. Boland,
President

Thank you!

from the Sisters of the Living Word

Dear Fr. Matt,

I would like to thank you for your support of the Sisters. Your generosity will enable us to continue to carry out the Living Word Mission by training and incorporating new members, those women who are taking the first steps in the journey to becoming Sisters of the Living Word.

Your support is deeply appreciated. My prayers are joined to all our Sisters for your ongoing needs and intentions.

Gratefully,
Sister Sharon Glumb, SLW
Congregational Leadership

“Stewards of the mysteries of God” - that’s what St. Paul says we are in today’s second reading. And the first requirement, he says, is that we be trustworthy. Entrusted with the gift of faith, do I share it as gratefully and as generously as I do my time, talent, and treasure?
Welcome to Arlington Heights...
Our Lady of Czestochowa, the Black Madonna

A magnificent replica of the icon is visiting St. Edna and St. James as part of an international “Ocean to Ocean” pilgrimage in defense of life and family.

Plan to participate in one or all of the special liturgies between the evening of **April 30** and the morning of **May 2**.

www.hli.org/oceantocean
Lent and Ash Wednesday Information

**Ash Wednesday Masses:**
- 6:30am
- 7:30am
- 9:00am
- 12:00 Noon
- 7:30pm

All Masses are in the CHURCH. Ashes will be distributed during each Mass.

**During Lent:**

**Weekday Masses:**
- 7:30am (Mon.-Fri.)
- 12:00 Noon (Mon-Fri.)
- 8:30am (Sat.)

Daily and Saturday Masses will be celebrated in the CHURCH.

**Confessions during Lent:**
Saturday mornings, after the 8:30am Mass, and 3:30-4:30pm in the Chapel.

**Lenten Tri-Parish Reconciliation Services:** April 7, 8, & 9 (St. James on April 9th at 7:30pm in the CHURCH.)

**Lenten Regulations**

Abstinence from meats is to be observed by all Catholics 14 years old and older on Ash Wednesday and on all the Fridays of Lent.

Fasting is to be observed on Ash Wednesday by all Catholics who are 18 years of age but not yet 59. Those who are bound by this may take only one full meal. Two smaller meals are permitted if necessary to maintain strength according to one’s needs, but eating solid foods between meals is not permitted.

The special Paschal fast and abstinence are prescribed for Good Friday and encouraged for Holy Saturday.

By the threefold discipline of fasting, almsgiving and prayer, the Church keeps Lent from Ash Wednesday until the evening of Holy Thursday.

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Catholic Formation

**ON THE JOURNEY TOGETHER**

Calling parents, grandparents, uncles and aunts...

The saying goes: “It takes a village to raise a child.” It takes a parish to raise good Catholics and keep them growing in the faith. This series of three talks is addressed to all adult parishioners. As members of the parish family, we have to do our part to nurture the faith life of our young members even as we strengthen our own Catholic identity.

Join for a series of three talks by Fr. Britto Berchmans, Pastor of St. Paul of the Cross in park Ridge, IL, during Lent to be enriched and enlivened during the Lenten Season. Fr. Britto is a charismatic and energetic speaker who will engage you and your spirituality in an easy to understand format. Presented in cooperation with the Year of the Strong Catholic Parent Team.

**Session 1 – March 17, 2014, 7:30 PM, O’Brien Room**
**Called to be Constant Gardeners – Christian Parenting and the parish**

Christian parenting is very much like gardening. Parents, just like gardeners, can only protect the garden as well as provide the conditions for flourishing. It is the Lord who gives the growth. The entire parish community gets involved in this task as all of us tend our own garden and offer support to parents of young children.

**Session 2 – March 24, 2014, 7:30 PM, O’Brien Room**
**First Time and Every Time – Nourishment and Forgiveness in the Christian Life**

The second step of initiation is the child’s walk towards the altar to receive the Bread of Life. How do we model our own need for forgiveness and nourishment as we help our children to prepare themselves for their First Reconciliation and First Communion? How do we, as adults, celebrate over and over again our first time every time we approach these two great sacraments?

**Session 3 – March 31, 2014, 7:30 PM, O’Brien Room**
**With the God of Exodus – Rising to the Challenge of Teenage Faith**

Teenage years often remind us of the forty years that the People of Israel spent wandering in the desert. Just like the Israelites who forgot the mighty works of the Lord, our teens may appear to grumble and complain. How do we as parents and other adults accompany them on their journey toward the sacrament of confirmation? What attitudes and behaviors do we need to embrace to make our mentoring effective and fruitful for them and for us?
A Helpful Resource Handbook…

“Now and at the Hour of our Death…” is a practical guide for families regarding topics of medical treatment, finances, and death and funeral arrangements. Its purpose is to encourage informed decision making and discussion among family members.

The book offers an outline of the Church’s funeral rite, with helpful information and suggestions, and assists in making preparations for the wake service and funeral liturgy. Also included is information about medical, financial and legal issues that surround death and the book provides practical assistance in making choices and preparing accordingly. There is also a section that presents consumer information about funerals, burial, and cremation.

The book is available in the Parish Office for $5.00. If you have any questions, please contact Marianne Dilsner, Pastoral Associate, at 224-345-7203.

Calling all Women Singers

This is a "shout out" for the women in the parish to help us form a Women's Schola for Good Friday and Easter Sunday. A "schola" is just another name for a choir or chorus and I used it to differentiate this special group of singers from our other choirs that sing regularly on the weekend. And, a "schola" is generally smaller than a regular choir.

It is a wonderful opportunity for those who cannot commit to a regular schedule of rehearsals and singing every week to become involved in the Music Ministry at Saint James.

Won't you consider joining us?

WHO CAN JOIN?
This is open to any female, high school age and above, whether you are presently in a choir or not who would like to join us. Musical background is not a must and there will not be an audition. I am hoping for 20-25 singers including some of our high school girls as well. This is also open to our regular choir members and/or cantors that can help additionally for this liturgical season.

WHAT IS THE TIME COMMITMENT?
There would be two (2) rehearsals and I would try to work this into everyone's schedule. Let me know your interest and I will try to find the best convenient time for everyone to rehearse. I assume we would have a total of 3-4 hours of rehearsal for this.

WHEN WOULD WE SING?
The Saint James Women's Schola would sing for the Good Friday "Taizé Prayer around the Cross" at 3pm in the church. We have been doing this with our women cantors and those in our choirs that wanted to join with us. I would like to expand this beyond this group (who, hopefully, will sing as well) to include you! This music is very simple and very easy to learn. It consists of simple repetitive refrains in simple 2 and 3 part harmony.

We would also sing at a liturgy on Easter Sunday still to be determined, but most likely in the church. Every year, I hear from parishioners who are disappointed that we did not have a choir at a particular mass that they attended. I was hoping this would fill that void. Who knows? Maybe we would have so much fun that we would like to get together once a month to sing at a particular mass. If you can only commit to one of the two liturgies, I would be most happy for whatever you can do......

I am very excited about this! I have so enjoyed working with the women in previous years for our Taizé Prayer—we have nothing like this with just women.

Bite the bullet, agree to join and have a most wonderful - and prayerful! - experience.

For more information and to sign up, call me.....Music Director, Scott Arkenberg at 224.345.7204 or by email, sarkenberg@stjamesah.org.
None of us is perfect, and nowhere is this more evident in parenthood. Even the best parents lose their tempers, make mistakes, and run out of patience. And we all feel guilty for doing so! Yet if we allow ourselves to be fully human rather than trying to live up to some unrealistic standard of perfection, we are able to parent with a greater sense of understanding, forgiveness, and compassion. Acknowledging our mistakes and imperfections — to our children, our spouse, even our neighbors or coworkers — helps us remember that we’re all in need of Christ’s redemption. We are all sinners. We are all just trying to do the best we can.

Have I made a parenting mistake recently?

Can I forgive myself for being an “imperfect” parent?


God’s Word Today

Do you find yourself worrying about the future? It is common to be filled with concern about school, career, health, finances. We all fret about our relationships with family, friends, and co-workers. If you are troubled by someone or something today, you will find particular comfort and relief in the Gospel. Jesus proclaims loudly and clearly, “Do not worry about your life.” He instructs us to be free from worry about what we will eat, drink, or wear. He reminds us to be free of concern about our bodies and our health. You may say, “How can I stop worrying? I need proof instead of words!” Jesus points to the birds in the sky and reminds us that God provides all living things with abundance. Jesus teaches us that God knows everything we need and that God will provide much more for us. Then Jesus reveals the most basic secret of a worry-free life: “Seek first the kingdom of God and his righteousness, and all these things will be given you besides.”

From Saint Margaret Sunday Missal, copyright © J. S. Paluch Company

Bible Study at St. James

As part of Bible Study/Church History, we will attend a lecture on “Defining the Crusades”
March 20th, 7pm O’Brien Room

Robert Gourley (St. James parishioner) Adjunct Professor of History, Oakton Community College; M.A., Medieval and Ancient Roman History, Loyola University, will present this lecture.

To better understand this lecture we will be watching a movie: The Kingdom of God on March 13th, 6pm in the O’Brien Room

On March 27th, we will learn more about our Pope Francis as we watch a documentary, in the O’Brien Room, 7-8:30pm.

All are welcome.
Questions: Please call Fr. Joji at 773-744-1507.
Saint James’ Distinguished Service Awardee

Patricia Farrell is a blessing to St. James School. Her position as Director of Spiritual Development is an unusual one within an elementary school. Yet it’s hard to imagine what St. James School would do without her! Pat is a believer, a resource and guide, an advisor, a consoler; truly an inspiration to children and adults alike.

Her defined role at St. James has her developing and supporting faith development at St. James. To that end, Pat has taught religion to seventh and eighth grade classes. Her knowledge and experience has brought extraordinary substance to her students. Unique activities such as having students write their own gospels and conducting Church Councils has made their faith come alive. Mrs. Farrell’s sincerity of belief consistently touches the hearts of children and their parents.

She is frequently a guest speaker in classes, robing herself like St. Francis of Assisi or donning armor as St. Joan of Arc. Pat offers intricate lectures on doctrine and sits right down on the floor with four-year-old PK students to wonder at the beauty of a God’s creation in a butterfly. She carries the message of the gospel to children in a way they can grasp its effect and use it to make a difference in their lives and the lives of those they touch.

Pat prepares children for weekly school Masses, helping them break open The Word. Students are guided in writing Prayers of the Faithful, choosing appropriate hymns, and composing commentary for specific feast days. She works with classroom teachers to make sure that students are actively engaged in liturgy preparation, growing in their faith and appreciation of the Eucharist.

Over the years Pat has provided meaningful retreats for our faculty and staff. From days of contemplation and prayer to volunteering at Habitat for Humanity, staff is continually brought to the prime message and purpose of their ministry as Catholics. Pat practices what she preaches. She is in the trenches with us, delivering the Word in whatever way is suitable for a situation. Staff instruction, spiritual guidance, or matters of discipline—Pat is on hand to deliver.

Taking her role far beyond the walls of St. James School, Pat consistently reaches out into the community to be of assistance at a moment’s notice. Pat can be found conducting Bible study groups and parent information sessions in local cafes or in people’s homes. Pat takes on a role of Bereavement Minister when families experience death, and Minister of Care when sickness or tragedy strikes. Our families are in awe of her total sense of giving and active response to anyone in need.

Mrs. Farrell is a dynamic faith leader. She is constantly striving to develop her skills. Her willingness to go above and beyond the call is truly an inspiration to our in faith community. Pat reveals her desire to be an instrument of God in all she does.

Earlier this month, Pat received a Distinguished Service Award from the Office of Catholic Schools. At St. James we are grateful to Pat for being the face of Jesus to all of us!
Youth Ministry News/Events

Confirmation Mass:
Saturday, April 26th
10:00 and 2:00 / Parish Center

Lenten Soup Suppers
St. James Mission Team will host Lenten Soup Suppers
beginning March 7th in the Laramie Room from 6:30 to 7:30.
Please join us: March 7, 14, 21, 28, April 4 and 11

March 7th we will also be hosting at the Knights of Columbus
fish fry. Proceeds to benefit St. James Mission Team.

This year our teams will be work with Catholic Heart
in Detroit Lakes, MN. and St. Malachy in Chicago.

Living Stations of the Cross.
Junior High & Senior High Students are encouraged to help
with this year’s Living Stations.

High school students interested in helping should contact Rob.
Practices dates and time are to be determined.

Junior High students will practice on Wednesdays and
Thursdays staring the last week of February from 3:30pm to
4:30pm in the O’Brien room.
Junior High Information meeting Feb 25th, 3:30 / O’Brien
room.
Good Friday is April 18th.

MARCH
2nd: Mission Team
1:00 / Library

4th: Living Stations of the Cross
3:30/O’Brien Room

5th: Living Stations of The Cross
3:30/O’Brien Room

5th: Peer Ministry Team
7:00/Parish Center

7th: Lenten Soup Supper
6:30-7:30 Laramie Room (Church Basement)

7th: Knights of Columbus Fish Fry
5:30-8:00

11th: Adult Leader Meeting /7:00
School Library

SUMMER MISSION TRIP JULY, 2014
Sunday, March 2nd at 1:00 in the
Parish Center Library.

MN Team: $100 second payment due March 2nd.
Lenten Food Collection for Catholic Charities

As part of the St. James Lenten mission, the St. James Conference of the Society of St. Vincent de Paul will be conducting a food drive to help stock the Catholic Charities Food Pantry. Their pantry, which serves the disadvantaged throughout the Northwest Suburbs, is located at 1717 Rand Road in Des Plaines.

Due to continued economic difficulties, food donations to their pantry continue to be a challenge, and Catholic Charities has reached out to us for help. After Mass on March 8th and 9th, members of our SVdP will be handing out canvas bags, which will contain the following, list of needed items (all should fit in the bag) we ask that you please stick to this list:

- Medium box of cold cereal – 11.5 oz.
- 1 Box of instant oatmeal – medium size – 14 oz. to 15.1 oz.
- 4 Cans of soup – (2 Large 19 oz. and 2 Small 10.5 oz.)
- 4 15 oz. cans of Fruit – Variety
- 4 15 oz. cans of Vegetables - Variety
- 3 Boxes of macaroni and cheese
- 2 1 lb. Boxes of Pasta
- 2 24 oz. Jars /Cans of pasta sauce
- 3 Cans of tuna or chicken
- 1 Medium jar of Peanut Butter – 18 oz.

The return date for these bags will be the weekend of March 29th and 30th. Similar to the Mercy Box drop off, you will need to drop these bags off behind the old school either before or after Mass on Saturday night from 4:15 to 6:30 PM or on Sunday from 6:30 AM to 1:30 PM. There will be no drop off before or after the 5:00 PM Mass on Sunday. Please, if you do take a bag, return it on these dates. We also ask that you only bring food (Items on the list above), any cash collected will be donated to Catholic Charities as well.

The members of SVdP would like to thank the St. James community for their continued support of our mission through your generous donations of food and treasure. This has enabled us to serve the disadvantaged within our parish community.

If you would like to volunteer for this event please contact Mike McNulty at mmcnulty2782@gmail.com or (847) 812-2280. We especially need youth volunteers to help with the pick-up, sorting, and delivery of the goods on the weekend of March 29th and 30th.

If you would like to become a member of the St. James Conference of the Society of St. Vincent de Paul, call (224) 345-7200 X-8517 and leave a message.
Future Parish Mission Trips

Our previously scheduled meeting to discuss Parish Mission Trips had to be cancelled due to the extreme cold; however, many people came to me and expressed interest in the possibility of discussing such trips...beyond our borders...!

The meeting is rescheduled for SUNDAY, MARCH 9th, 2014...at 6pm, following the 5pm Mass.

The meeting will be held in the Laramie Room and is open to Juniors and Seniors in High School, College students, and adults.

This will be an informational meeting that will discuss some basic practicalities, as well as some ideas about sites that may be open to trips that will be educational, functional and REWARDING!

If you have any questions, please contact Marianne Dilsner, Pastoral Associate at 224-345-7203 or MDilsner@stjamesah.org

CRS Rice Bowl

You’re invited to participate in CRS Rice Bowl!

Our parish will be participating in CRS Rice Bowl, Catholic Relief Services’ Lenten program, as a way to encounter Jesus through others, especially through the most vulnerable in our world. Please be sure to pick up a Rice Bowl on the First Sunday of Lent, and use this fun and easy resource to deepen your family’s Lenten experience and make a difference in the lives of the poor. (Students in St. James School and Religious Education will receive Rice Bowls on Ash Wednesday.)

St. James Respect Life Ministry

“Before I formed you in the womb, I knew you...” Jeremiah 1:5

Used Eyeglasses Collection — March 15th & 16th

Do you have any prescription and reading glasses that you do not use anymore? Donate them to EYEsee during St. James’ March 15th and 16th weekend collection drive. EYEsee is a St. James School Student Council outreach mission that collects and recycles used eyeglasses for distribution to underprivileged people in third world countries. The ‘gift of sight’ through your eyeglass donation will impact lives for many years. Saint James students will be available to receive donations of eyeglasses during the weekend Masses.
St. James ~ Haiti Trip

They’re baaaanaaack...

REFLECTIONS from traveler NIALL McSHANE: “As part of our formation for this trip we had learned that we cannot define the people of Haiti by their poverty but must instead see them as people with the same dignity, the same needs and the same concerns as anyone we might meet in Arlington Heights, or Chicago or anywhere else in the US. Intellectually, I understood this but looking out the windows of the car driving us through the rubble and trash strewn streets of Port au Prince, it was hard to put this into practice.”

“We with each stage of our journey we took another step into relationship with the people of Barraderes, Fond Tortue and Maniche. Now we could see with new eyes, the dignity, joy and hope of the people that we were meeting. We had come to Haiti to offer our help for the development of Haiti but the Haitians have helped us to see how much we need to learn about living in relationship with each other and with God…”

We came as missionaries to Haiti. We leave as missionaries for Haiti...to St. James.

Finding HOPE in Haiti

We will be traveling again ~ January 2015.
Learn more at the St. James Info night March 9th.

Support the Haitian coffee growers!
Purchase JUST HAITI Coffee after Parish Center masses
March 16 & 17. $11.00/bag
Chocolate Bars will be sold too!

64% of your purchase goes to the coffee growers. No profit is kept for administrative fees...the Haitians get the profit after roasting, packaging and shipping!
DRINK COFFEE, GROW JUSTICE!
Give up to three people a new life by donating blood on **Sunday, March 16th**, at the **St James Spring Blood Drive**. LifeSource Blood Services will be in the **cafeteria of the Parish Center/School** from 8:00 am to 2:00 pm. You can be a volunteer donor as long as you are at least 17 years old (16 with written parental permission), weigh at least 110 pounds and are in good health. If you want more detailed information on donating or want to make an appointment, you can call our LifeSource Representative at (877) 543-3768.

COME GIVE THE GIFT OF LIFE!

Our pastor, **Fr. Matt Foley**, would like to send a note to your college student! If you would like your son or daughter to receive this message, please provide his/her campus address (not email, but actual postal address) to:

Fr. Matt Foley
frmatt@stjamesah.org

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The St. James Parents’ Club Presents

**Ladies Night Out**

Friday, March 7th
St. James Parish Center

Fun Bingo Prizes & Raffle Baskets

6:30 to 11:30 pm * Bingo starts at 8:00 pm
$20 per person * Cash Bar
B40 dinner/snacks

This is a 21 & over event * For more information email: LNOStJames@gmail.com
Exodus Trekkers

Not Your Every Day Teacher

Her bottom line: "We’re here to help the students fall in love with God."

The teacher held a mirror up to the 6-year old student. "Whom do you see here?" she asked the girl. "Me," the girl replied. "And my name is Susie." "And what else do I know about you?" "I live in Arlington Heights," the student said, no doubt wondering where her teacher was going with this.

It was the teachable moment most teachers wait for to drive home an important point. In this case, it was the child’s formation. "You are Saint Susan of Arlington Heights," the teacher affirmed. "You are a saint-in-the-making."

The teacher, Mrs. Pat Farrell, wanted her student to realize that saints were normal people like this student, and not “just someone up on a cloud who always had the right answer.” Pat is the Director of Spiritual Formation for K-8 students at St. James Catholic Parish in Arlington Heights, Illinois. But what about Pat’s own spiritual formation…?

For that story, and much more, simply go to your computer’s address bar and type “http://exodustrekkers.blogspot.com/” or go to the parish webpage at “stjamesah.org” and type “Exodus Trekkers” in the “search” window. Clicking on that will take you to “Blogs”. Click on that and you’ll be on the launch page for Exodus Trekkers.

St. James Retired Men’s Group Monthly Meeting

Wednesday, March 12th, 2014
9:45am
O’Brien Room—Parish Office Lower Level

Speaker:
Rev. Ted Schmitt
Pastor: St. John the Evangelist Parish
Topic: “My Road to the Priesthood”

Bring your rosary—Bring a friend!

As we gather to celebrate our 20th anniversary together, we renew our invitation to all retired, including semi-retired, to consider joining the St. James Retired Men’s Group. We meet on the 2nd Wednesday of each month at 10am in the O’Brien Room and enjoy presentations that are both spiritual and secular, covering a broad spectrum of interests.

Questions? Deacon Pierce Sheehan at 847-259-1743.
A Note of Farewell….

Dear Friends in Christ,

Is winter over yet? I’ve heard this question a lot and seen it scattered all over social media sites lately. Perhaps you’ve caught yourself saying it too while shoveling or sprinkling salt -- I know I have! As we pray the Divine Office, I try to sincerely pray with Daniel, “Ice and snow, bless the Lord (Dan 3:69).” Yet, even as the snow piles up inch upon inch, we know that it will eventually come to an end, like all things in this world, save the love of our God and our participation in it.

It is with great gratitude to and affection for you all and also a bit of sadness that I write to you to tell you that my time serving at St. James too has come to an end. I received notice that Cardinal George has assigned me to be the new associate pastor at Most Blessed Trinity Parish in Waukegan, IL. I will begin to serve there on the weekends as a Deacon, effective immediately, and continue my seminary studies during the week until my ordination to the priesthood.

I cannot tell you how much my time at St. James has meant to me. You all have so generously welcomed me, supported me, encouraged me, taught me, inspired me, and most importantly, prayed for me. It has been such a great source of joy to be with you on the weekends. Please remember that I will be celebrating my first Mass as a priest at St. James on May 18, 2014 at 1:00 p.m. in the church and you are welcome to come. You will all remain in my prayers and I humbly beg you for yours as I approach my ordination and begin priestly ministry. I ask God, our loving Father, to bless you and your families. I will never forget you and, although I will not be able to be physically present at St. James as I have been, we will, as a good friend used to say to me, meet each other in the Eucharist.

Peace in Christ Jesus,

Deacon Jamie Mueller

The St. James Over 50 Social Group cordially invites you to its St. Joseph’s Party

Saturday, March 22, in the Parish Center lunchroom, after the 5pm Mass
After dinner entertainment: Mary Ann Beatty will perform, with Alice Belmont on piano. A "CABARET SHOW" in the Parish Center.

Italian and Polish Food; Coffee, tea and soda; BYOB
Cost: $18

A through P bring appetizer to share.
Q through Z bring dessert to share.

Please join us for 5 PM Mass and enjoy the food, entertainment and honor St. Joseph.

RSVP: Marci 847 577-2556 by March 18th
Make Checks payable to "St. James Over 50 Group St. Joseph Party " and take to the Parish Office.
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Community Groups and Events

**Respite Care—Gero Solutions**
Gero Solutions has trained volunteers who are available to provide up to 3 hours of respite care per week for family members caring for an older adult in their home. This free service is available by calling the Gero Solutions Office at 847-754-3642 (Paddy Homan)

**Lunches by Catholic Charities**
Luncheons are served daily for seniors 60 and older at Arlington Heights Senior Center, 1801 W. Central. Suggested donation of $4.00 on a reservation basis. Call 847-797-5354 for reservations.

**Mended Hearts** - a national non-profit support group for cardiac patients and families meets monthly at Northwest Community Hospital on the first Monday. Call Jack Hanahan at 847-398-0791 for the schedule, information and support.

**Senior Health Insurance Program**
Volunteers trained by the Illinois Department of Insurance offer a free counseling service to help you compare alternative Medicare, Medicare Supplement, Medicare Drug, HMO or Long Term Care Insurance Plans and to assist in processing billing or appealing denied claims for these plans. Call 847-253-5532 for an appointment.

**Community Resources**
- Alcoholics Anon. 312-346-1475
- Alateen 847-358-0338
- Narcotics Anon. 708-848-4884
- Families Anon. 847-795-8320

A self-help program for family and friends of those with substance abuse and/or behavioral problems. Meets regularly at 7:30pm on Wednesday evenings at Our Savior Lutheran Church, 841 N. Arlington Heights Rd. (east side of Arlington Hts. Rd.) every Monday and Wednesday evening. (Monday is a Men’s Meeting.) The Monday meeting starts at 8:00pm. The Wednesday meeting starts at 8:30pm. Enter front door facing Arlington Hts. Rd. AA is a self-help group for people with a drinking problem.

**Cancer Research Network**
The American Cancer Society has Cancer Information Specialists available 24 hours a day, seven days a week - call 1-800-227-2345. These specialists can provide: Information about your cancer, tools to help with your treatment, help finding lodging and transportation, help with financial and insurance questions, answer prescription questions, provide clinical trials matching service, assist in finding support groups, identify online community for cancer patients and their families, and offer cancer education classes. Information is available on the Internet at www.cancer.org You may also call Ron Marwitz, the ACS parish contact, at 847-870-1862.

**For Post-Abortion Counseling Help:**
Project Rachel - Catholic Charities: 312-337-1962
http://www.hopeafterabortion.com

**Office for Protection of Children and Youth** www.archchicago.org 312-534-5254

**St. Vincent de Paul** - is an emergency source for food and short-term financial help for parishioners and those living within the parish boundaries. Please call 224-345-7200, ext. 8517. Requests will be handled with care and confidentiality.

**Stepping Stones**
Stepping Stones is a St. James ministry dedicated to increasing parish awareness and understanding of the problem of domestic violence and to serving victims and survivors of emotional, financial, physical or sexual abuse by a spouse or intimate partner.

For information and referrals by compassionate, trained responders - always confidential - call 224-345-7200 x 8535, or email: steppingstones@stjamesah.org

**Annulment Support Ministry**
Richard Nagengast 847-732-0970

Discovering God’s Dream for You!
Join Fr. Paul Stein, Rector-President of St. Joseph College Seminary, for a free 3-part series on discerning God’s will for your life. This educational series will take place at Queen of the Rosary Church in Elk Grove Village on three consecutive Wednesdays in March—March 12, 19, and 26. It’s perfect for homeschool families—8th graders and high school teens—but also parents, grandparents, aunts, uncles and friends. It is also open to seniors and adults looking for more opportunities for continuing enrichment. Each session begins with Mass, followed by the lesson of the day. We will begin at 10am and conclude by 11:30am. Attend one or all—absolutely free! Register today: Call Fr. Mike Scherschel at St. Joseph College Seminary at 773-973-8848 or email: fr.mike@cometojoseph.org
Please include names of those attending, and ages of anyone under 18.

Finding God in Popular Music: A Lenten Journey
Sunday, March 9th, 7:00pm
St. Raymond Church, Lincoln St. and Elmhurst Ave., Mt. Prospect 847-253-8600

An evening of spiritual inspiration featuring songs from the Beatles, Aerosmith, Andrew Lloyd Webber, Pink Floyd, Justin Bieber, Boston, Celine Dion/Andrea Bocelli, and many more, performed by a live band and a dynamic group of vocalists. Questions? 847-253-8600, ext. 136. Free event!

Daylight Saving Time:
Daylight Saving Time begins on the weekend of March 8th & 9th this year.

**Seniors:**
Do you have minor home repairs or maintenance work which you cannot do yourself? (This service is free of charge.) Call John Hughes at 847-392-3333 to see if he can help.
Please pray for our sick...
Kay Liskey, Xavier Sigelko, Mary McGrath, Bob Rogers

In Loving Memory

Robert J. Dotson...
husband of Mary Jane; father of John Dotson, Bob (Jackie) Dotson, and Jennifer (Scott) Kieffer; grandfather of Michael, Kayti, Dean, Bryce, Grace, Alyssa, and Samantha.

Leonard Riccardi...
uncle of Judy (Peter) Lippert

John R. Downing...
father of Karen (Samuel) Levenson; grandfather of Sarah and Rachel

Baptisms

Mila Kathryn...daughter of Joseph & Audrey (Suh) Krolicki

Grace Olivia...daughter of Bryan & Megan (Warnimont) Panico

Charlotte Grace...daughter of Tracey & Christina (Gebavi) Goo

Colin Andrew...son of Andrew & Rebecca (Stoeckel) Jovanovich

Remembrances

Saturday Evening/Sunday Morning, March 2

Monday, March 3
Joseph Mariano

Tuesday, March 4
Dana Mangi

Wednesday, March 5
J. Frank Hogan, Catherine Seick

Thursday, March 6
Jean Salk, Sam Varchetto

Friday, March 7
Martin P. Wendell

Saturday, March 8
Phyllis Shields, Clarence Trampf

Saturday Evening/Sunday Morning, March 9
Dana Mangi, Elizabeth Zeller, Patrick Kett, Frank Kieca

PARISH SUPPORT GROUPS

Grief Support Group

The St. James Grief Support Group will meet on Tuesdays, beginning January 14th, and run for 6 weeks. The group meets from 7-8:15pm in the Conference Room at the Parish Office.

The group offers support through sharing, listening, and learning from each other’s story of grief and loss. You do not need to commit to all the sessions, but may attend as many as you find helpful.

For information, call Mary Jo at 224-345-7200, ext. 8512 and leave a message.

Alzheimer’s Support Group

Meetings are held on the first Tuesday of every month: 1pm-2:30pm at St. James 820 N Arlington Hts. Rd. Conference Room 1 (Parish Office)

Next Meeting: March 4th - Communication Challenges

Facilitated by Kathie Chicoine, this group is open to anyone looking for information, or interested in talking to other people experiencing the challenges associated with Alzheimer’s disease. For additional information, please call Kathie at 847-202-1294.

SHARE

Job & Networking Ministry

Are you in transition or looking for a better job? At each meeting, we have a speaker on various topics, followed by networking.

Wednesday, March 5, 2014
7- 9pm  (Hurley Center)
St. Edna’s Parish
2525 N. Arlington Hts. Rd.
Guest Presenter:
Steven Rosenblum, MBA, SPHR
Human Resources Professional

For information about upcoming meeting dates, please contact:
Tom Mannard, tmannard@aol.com or leave a message at 847-398-3362.
Liturgical Ministers for the Weekend of March 9

**Presiders**

Saturday evening:
- 5:00 pm    Fr. Gilbert Mashurano

Sunday:
- 7:00 am    Fr. Joji Thanugundla
- 8:30 am    Fr. Joji Thanugundla
- 10:00 am   Fr. Matt Foley
- 11:45 am   Fr. Gilbert Mashurano
- 5:00 pm    Fr. Matt Foley

**Eucharistic Ministers**

(B Team)

Saturday evening: Parish Center
- 5:00 pm    S.Garlick, T.Johnston, M.Meissner, N.Nordin, M.Opon, S.Resch, G.Stec, S.Stec, L.Trzesniewski
  Coordinators: S.Bobowski, R.Cruz, J.Garlick

Sunday: Church
- 7:00 am    M.Cripe, G.Roller, R.Schumacher, J.Shrader, J.Shrader
  Coordinator: M.Walsh, Jr.
- 8:30 am    E.Cahill, P.Cahill, L.Holland, T.Holland, M.Kennedy, V.McQueeny, K.Newgard, K.Parus, M.Philips, B.Scullion, M.Vanderwiel
  Coordinators: F.Miossi, D.Varchetto
  Coordinators: D.Burke, B.Minaglia
- 11:45 am   D.Desmond, J.Gedmin, M.Goolsby, N.Paulson, R.Rabe
  Coordinators: C.Zitkus, C.Zitkus
- 5:00 pm    E.Krause, J.Madden, L.Matz, D.Milligan, H.Thornton
  Coordinator: G & J. Christophe

**Altar Servers**

Saturday evening:
- 5:00 pm    C.McMahon, S.Schultz, M.Smith

Sunday:
- 7:00 am    S.Michelini, M.McGrath, E.Madden
- 8:30 am    C.Raupp, A.Sordo-Palacios, T.McCarthy
- 10:00 am   ME Stack, M.Stack, M.Kamp
- 11:45 am   L.Muscarello, G.Werling, A.Citrano
- 5:00 pm    C.Coleman, K.Thornton, T.Woolsey

**Lectors**

Saturday evening:
- 5:00 pm    J.Lee, J.Grib

Sunday:
- 7:00 am    B.Kragh, B.Mangi
- 8:30 am    B.Charland, S.Sykes
- 10:00 am   L.Lysak, D.Chengary
- 11:45 am   P.Ruddy, J.McDonagh
- 5:00 pm    D.Starr, B.Gallant

**Scripture Readings**

**READINGS FOR THE WEEK OF MARCH 2**

<table>
<thead>
<tr>
<th>Day</th>
<th>Scripture References</th>
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<tbody>
<tr>
<td>Monday</td>
<td>1 Pt 1:3-9; Ps 111:1-2, 5-6, 9, 10c; Mk 10:17-27</td>
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<tr>
<td>Tuesday</td>
<td>1 Pt 1:10-16; Ps 98:1-4; Mk 10:28-31</td>
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<tr>
<td>Wednesday</td>
<td>Jl 2:12-18; Ps 51:3-6ab, 12-14, 17; 2 Cor 5:20 — 6:2; Mt 6:1-6, 16-18</td>
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<td>Thursday</td>
<td>Dt 30:15-20; Ps 1:1-4, 6; Lk 9:22-25</td>
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<td>Friday</td>
<td>Is 58:1-9a; Ps 51:3-6ab, 18-19; Mt 9:14-15</td>
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<tr>
<td>Saturday</td>
<td>Is 58:9b-14; Ps 86:1-6; Lk 5:27-32</td>
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<tr>
<td>Next Sunday</td>
<td>Gn 2:7-9; 3:1-7; Ps 51:3-6, 12-13, 17; Rom 5:12-19 [12, 17-19]; Mt 4:1-11</td>
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</tbody>
</table>

**How Are We Praying?**

Your Liturgy Board is interested in hearing about your experience of prayer and worship at St. James.

We welcome your evaluation of Mass in the Church and Parish Center and your ideas about things we are doing well or ways we can improve our experience of praying together.

E-mail us at: stjamesliturgyboard@yahoo.com
**MANNA at St. James**

1. Submit Order Form to MANNA Rep at table or place in the collection basket.
2. Make checks payable to "Manna @ St. James."
3. Orders rec’vd Sunday will be ready the following week before and after Masses (except Sun. 5pm)

**Questions? Call the parish business office at 224-345-7211 or 7212**

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To see a full list go to: www.MannaGroup.net and write in additional orders below

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Note: The table and text on the page provide a list of stores and values for which orders can be submitted. The instructions at the top outline the process for submitting orders and the conditions for their availability.
Orthodontics for Children & Adults
Bryan P. Nakfoor, D.D.S., M.S.
102 S. Dunton Ave. • Arlington Heights
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847-253-2390
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St. James Parish
820 N. Arlington Heights Road
Arlington Heights, IL
224-345-7200

St. James Parish Website: www.stjamesah.org
St. James Parish Council Contact: Lynne Luehrs
847-346-5563
Parish Pastoral Council E-Mail Address: stjamesppc@yahoo.com

Weekend Masses
Saturday Evening 5:00pm Parish Center
Sunday Morning 7am & 8:30am Church
Sunday Morning 10am & 11:45am Parish Center
Sunday Evening 5:00pm Church

Weekday Masses (Church)
831 N. Arlington Heights Road
Monday – Friday . . . . . . . . . . . . . . . . . . . . . . . . . . . 7:30am Mass
Saturday . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 8:30am Mass

Holy Day Liturgy
Please refer to publicized special schedules for Holy Days,

Sacramental Celebrations
Baptism
Parishioners must notify the Parish Office of preferred Baptismal date at least one month in advance.

Marriages
Congratulations on your engagement!
We warmly welcome you to contact the Parish Office and arrange to meet with one of our priests, who will explain the process of preparing for Christian Marriage and assist you in selecting a date for your wedding liturgy.

Reconciliation
Saturdays . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . 3:30—4:30pm
In the Chapel—820 N. Arlington Hts. Road, or you may call for an appointment anytime at 224-345-7200.

Parish Office Hours
Monday-Friday 9:00am—8:00pm
Saturdays 9:00am—1:00pm
Sundays 9:00am—1:00pm

Parish E-mail Address
parishoffice@stjamesah.org

Parish Fax Number
224-345-7220

St. James School
St. James School Telephone Number
224-345-7146
St. James School Fax Number

St. James Pastoral Staff
Rev. Matthew Foley, Pastor
224-345-7222 - frmatt@stjamesah.org

Rev. Bill Zavaski, Pastor Emeritus

Rev. Joji Thanugundla, Associate Pastor
224-345-7201 - frjoji@stjamesah.org

Rev. Gilbert Mashurano, Associate Pastor
224-345-7202 - frgilbert@stjamesah.org

Scott Arkenberg, Director of Music
224-345-7204 - sarkenberg@stjamesah.org

Debbie Bolash, Business Manager
224-345-7212 - dbolash@stjamesah.org

Liz Czajkowski, Office Manager
224-345-7205 - parishoffice@stjamesah.org

Marianne Dilsner, Pastoral Associate
224-345-7203 - mdilsner@stjamesah.org

Robert Krystal,
Director of Youth Ministry
224-345-7216
youthministry@stjamesah.org

Judy Pappas, Principal
224-345-7145
jpappas@stjamesschoolah.org

Judy Tomasiewicz, Bulletin/Liturgy
224-345-7206 - editor@stjamesah.org

Permanent Deacons
James Bannon (Laura)
847-577-6328

Matthew Hahn (Zuly)
847-222-1944

Paul Schmidt (Paulette)
847-253-3656

Pierce Sheehan (Midge)
847-259-1743

Tom Westerkamp (Diane)
847-253-3090

William Reinert (Joan)
Retired