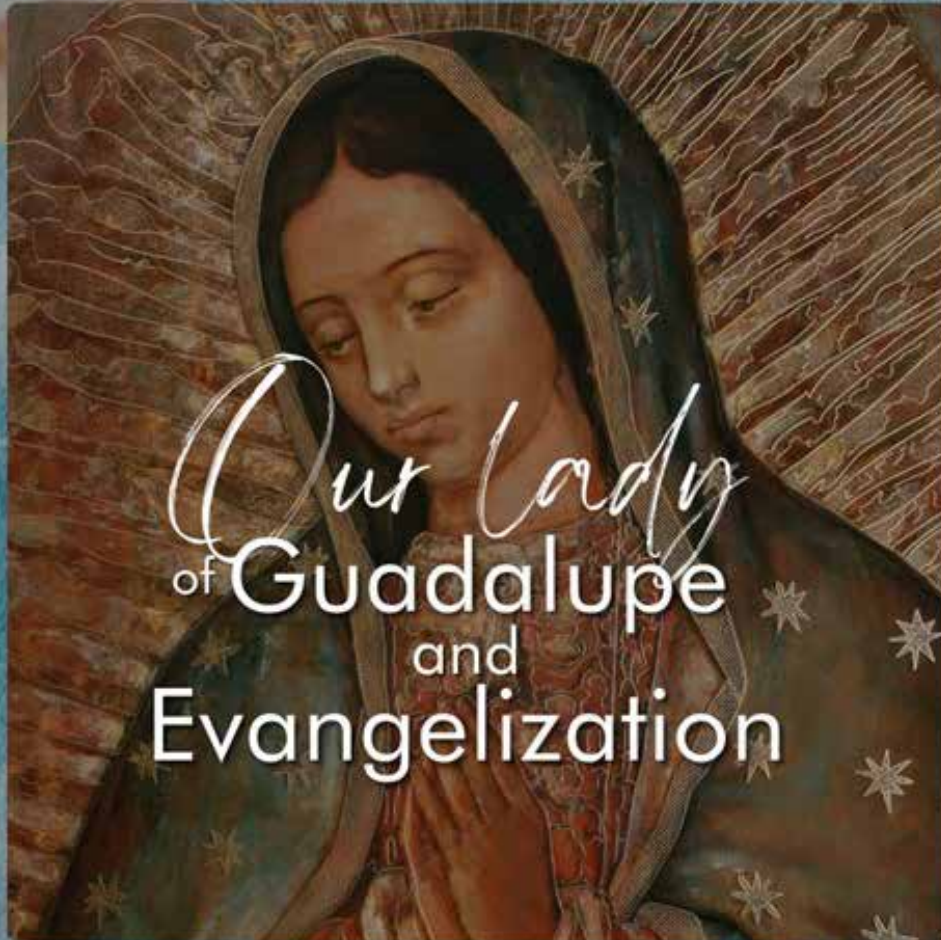




# SAINT JAMES PARISH

ARLINGTON HEIGHTS

ST. JAMES PARISH MISSION



Feb 18-20 | 7:00pm

Presented by Fr. Tim Oudenhoven

FEB 18

2024

*BE DISCIPLES OF CHRIST.  
MAKE DISCIPLES OF CHRIST.*

FIRST SUNDAY OF LENT

# A MESSAGE FROM...

## Today's Readings

### First Reading:

God said to Noah and to his sons with him: "See, I am now establishing my covenant with you and your descendants after you and with every living creature that was with you."  
(Gn 9:8-10)

### Psalm:

Your ways, O Lord, are love and truth to those who keep your covenant.  
(Ps 25)

### Second Reading:

It is not a removal of dirt from the body but an appeal to God for a clear conscience, through the resurrection of Jesus Christ.  
(1 Pt 3:21)

### Gospel:

He was among wild beasts, and the angels ministered to him.  
(Mk 1:13)



"I encourage you to observe prayer, fasting and almsgiving during Lent."

Dear Friends,

On Ash Wednesday we began our observance of the holy season of Lent, the forty days preceding the solemn feast of the Resurrection of the Lord, or Easter. Lent is one of the oldest liturgical and spiritual traditions of the Church. The Council of Nicaea in 325 A.D. called for the season to be fixed at forty days.

Classically, we observe three spiritual practices during Lent: prayer, fasting, and almsgiving.

Increased prayer can open us up to a more intense encounter with the Lord. Fasting can remove those things which can block the grace of God from entering into our lives more fully. It is traditional to remove some material good, not because there's something evil about it, but because self-denial can clear the way for a more fruitful encounter with God. Almsgiving is sharing from our own goods to serve the poor.

There are several Lenten offerings at St. James, including an additional noon Mass Monday through Friday. Our Lenten mission begins this Sunday and

continues through Tuesday evening. Fr. Tim Oudenhoven of the Diocese of LaCrosse, Wisconsin, who holds a doctorate in Theology specializing in Our Lady of Guadalupe and evangelization, will present on that topic.

Stations of the Cross will be held on Friday evenings. Once again St. James will be a part of multi-parish reconciliation services along with the other area parishes. I encourage you to receive this powerful sacrament of God's mercy before Easter.

Lent will culminate with the Easter Triduum – "three days" – of Holy Thursday, Good Friday, and Holy Saturday. More than twenty people will be entering the Catholic Church here at the Easter Vigil. Please pray for them.

God bless you,

Fr. Ed



# Lent 2024

## Meditate Like the Mystics

- Wednesdays in church with Fr. Paul
- February 21 through March 6 at 7:30 pm

## Bishop Barron Weekly Book Study

- Begins Feb. 22
- See page 5 for details and to sign up

## Daily Mass at Noon

- Each Monday - Friday in Lent

## Stations of the Cross

- All Fridays during Lent (Feb. 16 - Mar. 22) at 7 p.m.

## Multi-Parish Reconciliation Services

A number of priests will be on hand to hear individual confessions.

- Monday, March 18 • 7 p.m. Our Lady of the Wayside
- Tuesday, March 19 • 3 p.m. St. Edna
- Tuesday, March 19 • 7 p.m. St. Mary
- **Wednesday, March 20 • 7 p.m. St. James**
- Thursday, March 21 • 3 p.m. St. Colette

*No confessions on Thursday, March 21; Holy Hour remains*

Dear St. James Community,

Peace be with you. Due to the timing of spring break at the area schools this year, there were not enough volunteers to fill the parts for the Living Stations of the Cross script. We have decided to postpone the event until next year.

For those of you who volunteered, we are extremely grateful and we pray that you will volunteer again next year. Those of you who wanted to volunteer but your schedules conflicted with this year's event, we will make sure that you have enough notice to consider volunteering in 2025.

Jesus gave the ultimate sacrifice, and I pray that you find the time to attend the Stations of the Cross at 7:00 pm on Fridays during Lent here at St. James.

Lenten Blessings to all of you,

Deacon Sam Resch

[stjamesah.org/bv-concert](http://stjamesah.org/bv-concert)

## SACRED SOUNDS: BACH AND VIVALDI IN CONCERT

March 13 | 7pm | St. James Parish



[stjamesah.org/bv-concert](http://stjamesah.org/bv-concert)

 SAINT JAMES PARISH  
MUSIC MINISTRY

THIS WEEKEND

St. James School Broadway Bulldogs  
PRESENTS THE YOUTH EDITION OF



# THE WIZARD of OZ

Ticket are \$10

February 16 & 17 @7pm

February 18 @2pm

Please scan or visit [www.StJamesTheatre.org](http://www.StJamesTheatre.org) for tickets



SAINT JAMES PARISH  
ARLINGTON HEIGHTS

## HOSPITALITY

*Weekend!*

JOIN US TODAY!

Following Sunday morning Masses on February 18  
head downstairs to enjoy donuts and coffee with one another.



# HOSPITALITY SUNDAY - FEB. 18

## SPIRITUAL OPPORTUNITIES

### Book Study for Lent

*This is My Body* by Bishop Robert Barron

As we continue this year of Eucharistic Revival, we would like to invite you to our Lenten book study entitled *This is My Body*. In the words of Bishop Barron, the vision of this book is to, "help you understand the Sacrament of Jesus' Body and Blood more thoroughly, precisely so that you might fall in love with the Lord more completely." Copies of the book will be provided to all who register.

**Meeting Dates:**

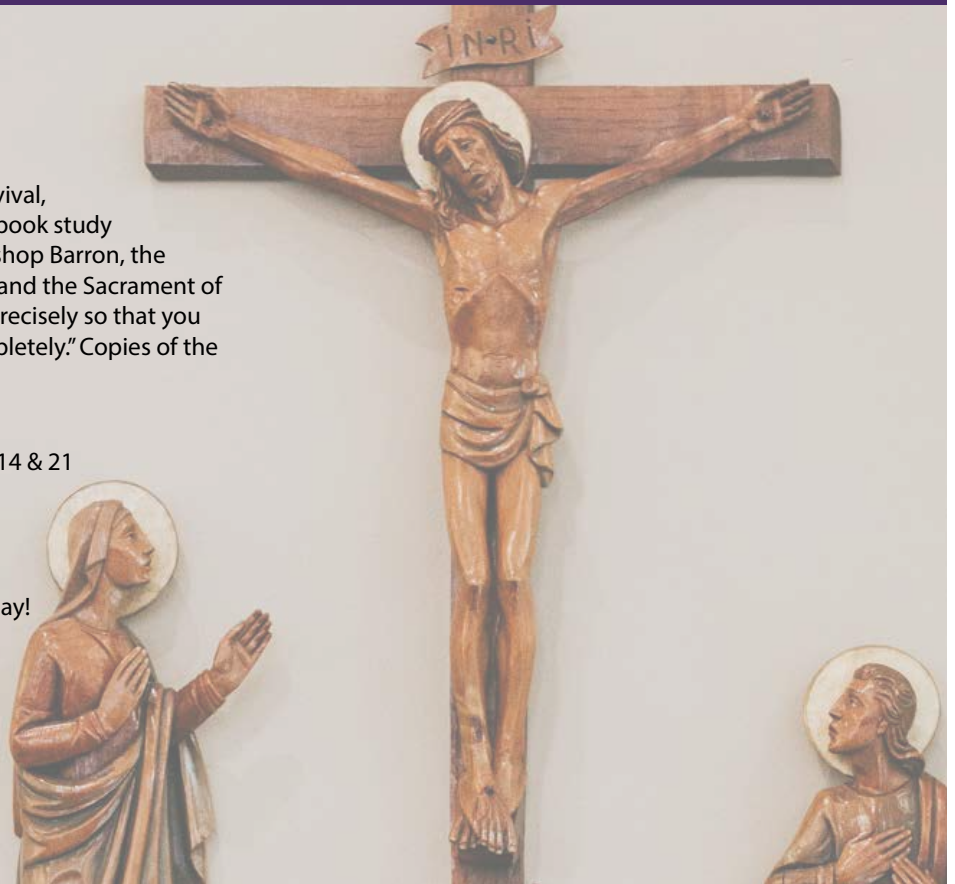
Thursdays February 22 & 29 and March 7, 14 & 21

Meeting location is TBD.

For more information, contact  
Evelyn Mutzabaugh at 847-873-2812 or  
Sonia Werba at 847-287-9804 Register today!



Scan here to  
register



## STATIONS OF THE CROSS OVERCOMING RACISM

AND GROUP DISCUSSION WITH FR. LARRY DOWLING

SATURDAY, MARCH 9<sup>TH</sup> 2:30 PM, CHURCH

DISCUSSION IN LARAMIE ROOM IN CHURCH IMMEDIATELY FOLLOWING AT 3:15 PM



DISCUSSION SIGN UP

<https://forms.office.com/r/vGxzC49n1v>



Peace & Justice invites you to join us! Last Tuesday of the month 7 pm Contact us at [peaceandjustice@stjamesah.org](mailto:peaceandjustice@stjamesah.org)



FOR WOMEN

# WOMENS WELCOME RETREAT

A ONE DAY RETREAT  
4.27.24

Welcome.



SAINT JAMES PARISH  
ARLINGTON HEIGHTS

[stjamesah.org/womens-welcome-retreat](http://stjamesah.org/womens-welcome-retreat)



## Moms Plus Ministry Meeting

Friday, February 23

9:30-11:30 a.m.

**Playdate at the Arlington Heights Library!**

Join us for some playtime and socialization for both kids and moms!

**Mark your calendar and come as you are – no RSVP needed!**



**WOST**  
Women of St. James

**This meeting takes place at the Arlington Heights Library.  
Meet on the second floor in the Hendrickson Room.**

**Questions? Reach out to Moms Plus at [momsplus@stjamesah.org](mailto:momsplus@stjamesah.org)**



## Join us for our biggest fundraiser of the year!

### GRAND RAFFLE PRIZE INCLUDES:

- 2-night stay in an Executive Suite at Four Seasons Chicago
- \$500 Spa gift card
- \$150 credit at Adorn Bar & Restaurant
- Complimentary in-room breakfast for 2 both days

### OTHER PRIZES INCLUDE:

- Dyson Airwrap
- Beis Weekender/Carry-on
- Gift Cards
- Designer Bags
- Amazing Experiences
- And More!



Scan QR to register for in-person or virtual tickets.

To donate basket items or volunteer, please contact Jessi Korab [LNOSTJames@gmail.com](mailto:LNOSTJames@gmail.com).

Over 50

## Senior Luncheon

WEDNESDAY, MARCH 13  
11 AM - 1 PM  
LARAMIE ROOM

Guest Speaker: Dr. Paul Skiba  
Psychologist at  
Ascension Center for Mental Health,  
Specializing in anxiety,  
depression and loneliness

Presented by St. James  
Mental Health Ministry

RSVP BY MARCH 8  
TO THERESA AT (224)345-7213

*Don't forget...*

ARCHDIOCESE OF CHICAGO



2024 Annual Catholic Appeal

## Together at the table



[annualcatholicappeal.com](http://annualcatholicappeal.com)

*...donate today!*



## Did You Take the Quiz?

### Devon's Personal Story

*As a teen, I was in a toxic relationship. Reflecting on last week's Healthy Relationship Quiz, I now see behaviors that should have raised red flags for me then. If I'd taken the quiz as a teen, I might have recognized unhealthy behaviors before matters worsened. Here are a few questions that could have prompted me to reconsider my relationship:*

*Question 4 "Understands that I have my own life too" – He tried to involve himself in everything. He memorized my class schedule down to the minute. If I failed to text him during my passing period, he grilled me.*

*Question 5 "Is not liked very well by my friends" – Once, my friend group was upset I was bringing him for pre-homecoming dance pictures. They didn't want him around. Other friends distanced themselves from me until we broke up. Listen to your friends. If more than one dislikes your partner, there may be a reason.*


*Question 8 "Thinks I spend too much time trying to looking nice" – He accused me of dressing cute so that other guys would notice me.*

*Question 10 "Accuses me of flirting or cheating" – Every conversation I had with another male led to accusations and interrogations that I was cheating on him.*

*Question 20 "Threatens to hurt me, my friends or family" – I finally decided to end things. I was riding in his car and he said to me – word for word – "I better get you out of this car before I hurt you." I felt in my core that he was capable of this. I ceased all communication, but he asked friends to deliver messages. When one refused, he texted her "I hope your school burns down with you inside." This solidified our belief that he was dangerous. We went to the police for help.*

*I encourage all teens (adults, too) to take the Healthy Relationship Quiz. Reflect on your relationship. Be honest with yourself. Don't ignore red flags. I was lucky to get out and escape the immediate danger. Others, though, may not be. Abuse doesn't always come in the form of a black eye, but every shiner began with a small, toxic comment.*

*Today I am married to a wonderful man and we are the proud parents of a beautiful baby boy. There are people out there who deserve your love. Don't sell yourself short.*

 **SteppingStones**  
A St. James Ministry

You can still  
take the quiz  
HERE





## YOU MIGHT BE INTERESTED IN

### EUCCHARISTIC REVIVAL

Exposition of the Blessed Sacrament is taking place on Saturdays before the 5:00 pm Mass each week in February. All are invited to sit in the presence of our Lord. St. James will continue this practice on select Saturdays as we and Catholics from all over the country approach the Eucharistic Congress next summer in Indianapolis.

#### Eucharistic Miracles Exhibit | March 2-5 at Our Lady of the Wayside

The Eucharistic Miracles of the World is coming to OLW. The exhibit is a well-documented presentation of Eucharistic miracles that have taken place throughout the ages around the world. Find more details about the exhibit at [olwparish.org](http://olwparish.org).

#### Eucharistic Congress | July 17-21, 2024

Come make history with us in Indianapolis at the 10th National Eucharistic Congress, where we will gather at the feet of Jesus for the first time in nearly a century, boldly anticipating a new Pentecost. Your life—and our Church—will never be the same. A group from St. James will attend. More details to come. See resources below to learn more.



#### Learn More

[stjamesah.org](http://stjamesah.org)  
search *Eucharistic Congress*

Contact  
[ecinfo@stjamesah.org](mailto:ecinfo@stjamesah.org)

Relevant Radio Updates:  
[relevantradio.com/ee](http://relevantradio.com/ee)



THE NATIONAL SHRINE OF ST. MAXIMILIAN KOLBE AT MARYTOWN PRESENTS

# Fulton Sheen Day

SATURDAY, FEBRUARY 24, 2024

Marytown is proud to present  
**Dr. Peter Howard, President of the Fulton Sheen Institute and his powerful presentation on this future saint!**



**Dr. Howard** holds a Doctorate in Sacred Theology from the *Angelicum* in Rome. His passion is **Venerable Fulton J. Sheen**—the man and the mission. Dr. Howard is a leading expert on the teachings of Venerable Fulton J. Sheen. He is the author of *The Woman: Mary as Mediatrix in the Teaching of Fulton J. Sheen*, the authoritative book on Sheen's Mariology, and has traveled internationally, helping others discover this future saint. Peter has been featured on Catholic television and radio programs such as EWTN, Catholic Answers Live, the Patrick Madrid Show, CatholicTV, Shalom World, Radio Maria, and Relevant Radio.

**Registration Required!**

**Scan QR Code for Full Details!**



NATIONAL SHRINE OF  
ST. MAXIMILIAN KOLBE  
AT MARYTOWN

## LENTEN MISSION

Great for the whole family!

*A journey to*  
**Joy!**

Bringing Scripture to Life,  
with Drama and Humor

**Multi-Parish Lenten Mission**  
St. Mary, St. Edna, Our Lady of the Wayside, St. James and St. Colette Parishes  
**March, 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> at 7pm**  
**Location: Saint Mary Church 50 N. Buffalo Grove Rd.  
Buffalo Grove, Illinois**  
Free will offering

 <b>Sunday March 3<sup>rd</sup>, 7pm</b>	 <b>Monday March 4<sup>th</sup>, 7pm</b>	 <b>Tuesday March 5<sup>th</sup>, 7pm</b>
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EMMY-NOMINATED FRANK RUNYON has starred in over 1,000 TV shows in the last 30 years... opposite Meg Ryan on *AS THE WORLD TURNS*, on *SANTA BARBARA*, *FALCON CREST*, *GENERAL HOSPITAL*, *LA LAW* and *MELROSE PLACE*. Frank is Catholic, an honors graduate of Seminary and Princeton University.

[www.frankrunyon.com](http://www.frankrunyon.com)

# OUR PRAYERS & INTENTIONS

## In Loving Memory

Nick Gallo  
Virginia Lillian Chepell  
Wesley Purda

## Please Pray for Our Sick

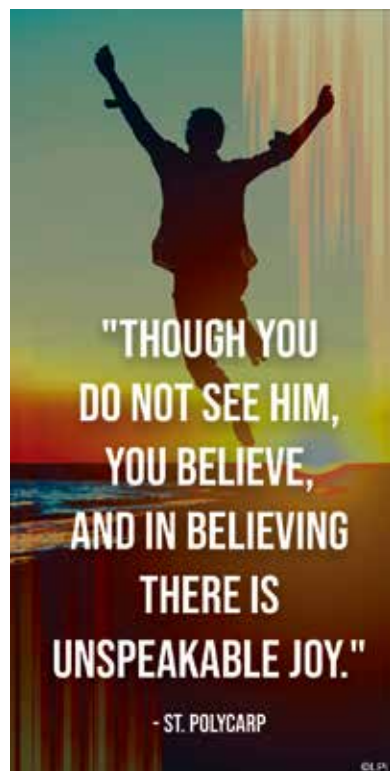
Dolores Hathaway  
Norine Naselli  
Mike Resch  
Bruce Swanson  
Tom Stengren

## Rose for Life

The Blomquist Family in loving memory of  
Eleanore Blomquist on her birthday

## Celebrant Schedule, February 24-25

5:00	Fr. Paul
7:00	Fr. Ed
8:30	Fr. Ed
10:00	Fr. Michael
11:30	Fr. Michael
5:00	Fr. Paul



## Mass Intentions

### Saturday, February 17

5:00 Marcin Bukowski

### Sunday, February 18 1st Sunday of Lent

7:00 Stefan Mizera  
Paul & Marianna Stoklosa  
8:30 James Burke  
Benjamin Lesniak  
John Vrett  
10:00 Dolores Urban  
Joseph Wagener  
Susanne May  
Ed Cahill  
5:00 For the people of the parish

### Monday, February 19 Presidents' Day

7:30 Cornelius Vanderwiel  
Jessica McNamara  
12:00 Nina Baillio\*

### Tuesday, February 20

7:30 Jim Hahn (1st Anniv.)  
William Halpin (1st Anniv.)

### Wednesday, February 21 St. Peter Damian

7:30 Marilyn Dockus (1st Anniv.)  
John Kordek  
David Lindemann  
Jay Burger  
12:00 Tom Faciana

### Thursday, February 22 The Chair of St. Peter the Apostle

7:30 David Lindemann (17th Anniv.)

### Friday, February 23 St. Polycarp, Bishop and Martyr

7:30 Mary Joan Miller  
12:00 Sister Teresa of Christ the King  
Mary T. Womeldorf

### Saturday, February 24

7:30 Margaret Amato (1st Anniv.)  
Tom Semerau (2nd Anniv.)  
Aldo Coda

*\* Indicates Living*

## Readings for the Week of February 18

<b>Sunday:</b>	Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 (see 10)/1 Pt 3:18-22/Mk 1:12-15
<b>Monday:</b>	Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt 25:31-46
<b>Tuesday:</b>	Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/Mt 6:7-15
<b>Wednesday:</b>	Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32
<b>Thursday:</b>	1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6/Mt 16:13-19
<b>Friday:</b>	Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/Mt 5:20-26
<b>Saturday:</b>	Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48



## PARISH AND COMMUNITY NEWS

# DON'T FALL BEHIND

STAY CURRENT WITH THIS WEEK'S EVENTS  
AND WHAT'S COMING UP AT ST. JAMES

SCAN HERE TO  
JOIN OUR EMAIL LIST



### SELECT PARISH MINISTRIES

**Earth Shepherds** provides opportunities to learn about the relationship between Scripture, Catholic Social Teaching and our responsibility to be stewards of God's Creation.  
[sjearthshepherds@gmail.com](mailto:sjearthshepherds@gmail.com)

**Grief Support Ministry** is about overcoming your grief. Are you struggling with a loss? Having a hard time coping? We meet twice per month. Please email the address below for more details.  
[griefsupport@stjamesah.org](mailto:griefsupport@stjamesah.org)

**Loaves and Fishes Ministry** provides lunches for those experiencing homelessness in Chicago's Uptown neighborhood.  
[stjameslandf@gmail.com](mailto:stjameslandf@gmail.com)

**Men of St. James** provides opportunities for Christian fellowship through social, spiritual and service activities for men of the parish at least 21 years of age. [msj@stjamesah.org](mailto:msj@stjamesah.org)

**Mental Health Ministry** provides support, education and awareness to our parish communities on issues related to mental health. Strives to provide resources of support, education and hope.  
[tsherva@gmail.com](mailto:tsherva@gmail.com)

**Ministers of Care** bring the Holy Eucharist to parishioners who are unable to leave their homes or are in care homes. Ministry volunteers must complete a mandatory training session and follow Archdiocesan guidelines. [ministryofcare@stjamesah.org](mailto:ministryofcare@stjamesah.org)

**Ministry of Praise** members offer their prayers to God for special intentions to help others in their need. [ministryofpraise@stjamesah.org](mailto:ministryofpraise@stjamesah.org)

**Over 50 Social Club** provides social outings, game days, cards, speakers, parties, current events/news and spirituality to any parishioner over the age of 50. [stecstan@sbcglobal.net](mailto:stecstan@sbcglobal.net)

**PADS Outreach** provides safety, temporary shelter and services to the unhoused. [st.james.pads@gmail.com](mailto:st.james.pads@gmail.com)

**Parish Pastoral Council** serves as a representative body of the St. James parish community, guided by the Holy Spirit.  
[PPC@stjamesah.org](mailto:PPC@stjamesah.org)

**Perpetual Adoration** seeks people to serve as adorers or substitutes at our 24/7 adoration chapel. [adoration@stjamesah.org](mailto:adoration@stjamesah.org)

**Respect Life Ministry** strives to transform society into a Culture of Life where every human being is valued and protected from the moment of conception until natural death.  
[mschoney@astound.net](mailto:mschoney@astound.net)

**St. Vincent de Paul** provides emergency, short-term financial help for anyone living within the parish boundaries. For information on volunteering for or using this service, call the Parish Office followed by x8517. Please leave a message and one of our volunteers will call you back. All requests kept confidential.

**Women of St. James** provides support to Catholic women who are committed to growing and sharing their faith through sisterhood and service. [wosjministryleads@gmail.com](mailto:wosjministryleads@gmail.com)

### YOU MIGHT BE INTERESTED IN...

**Screen Time and Kids' Brains Presentation, February 25**  
Join other parents as we learn about the research related to kids' brain development and video games. Leave with practical tips and action steps to dramatically decrease problematic screen time in your home. This free workshop is open to all parents wishing to learn more. Sunday, February 25 from 7-9 pm at St. Raymond de Penafort in Mount Prospect. Please park in the lot and enter through Door 29. Questions? Email Laura at [wurzburger.laura@gmail.com](mailto:wurzburger.laura@gmail.com)

**Holy Family Presents Fr. Greg Boyle, February 26**  
Fr. Greg Boyle will be speaking live at Holy Family, Inverness on Monday, February 26 at 7:00 pm. His topic will be "Cherished Belonging: Love in Divided Times." Fr. Boyle is a best-selling author and the founder of Homeboy Industries, the largest gang intervention, rehab and re-entry program in the world. All are welcome; free admission. Contact Mary Whiteside at [mwhiteside@holyfamilyparish.org](mailto:mwhiteside@holyfamilyparish.org) for more information.

**Mastering What Matters: Men's Retreat, March 9**  
St. Michael in Wheaton presents the Men of Christ half-day retreat on Saturday, March 9. Location: St. Michael Parish, 310 S. Wheaton Avenue in Wheaton, IL. Mass at 8:00 am. Video presentations from Bishop Ronald Hicks, Sam Blair and Fr. Mark Bernhard begin at 9:00. Confessions will be available from 9-11. Pizza lunch is provided and the retreat ends at 1:00 pm. Register at [menofchrist.net/st-michael-wheaton/](http://menofchrist.net/st-michael-wheaton/)

**St. Viator 7th & 8th Grade Shadow Day, March 12**  
Come experience a typical day as a Saint Viator Lion! Each shadow will accompany a student ambassador to classes, meet teachers, eat lunch with fellow Lions, and attend a Q&A session. Now open to seventh grade students! Please note, there are a limited number of spots available. Register at [saintviator.com/admissions/visit/](http://saintviator.com/admissions/visit/)



## Mass Schedule

Saturday 5:00 pm Praise & Worship Ensemble  
Sunday 7:00 am Cantor and Organ  
Sunday 8:30 am Traditional Choir & Organ  
Sunday 10:00 am Contemporary Choir  
Sunday 11:30 am Contemporary Choir  
Sunday 5:00 pm Praise & Worship Ensemble

### WEEKDAY MASSES

Monday – Saturday, 7:30 am  
Monday & Wednesday, Noon

## Parish Office Hours

**Monday-Thursday** 9:00 am - 8:00 pm  
**Friday** 9:00 am - 4:00 pm  
**Saturday & Sunday** 9:00 am - 1:00 pm

## Sacraments & Devotions

**Baptism** - Please call the Parish Office with preferred date at least one month in advance.

**Marriage** - At least six months prior to your wedding date, please contact the Parish Office about setting a date.

### Sacrament of Reconciliation - in the church

Thursday – 6:00 - 7:00 pm  
Saturday – 8:00 - 9:00 am following daily Mass

**Holy Hour** - Thursday 6:00 - 7:00 pm in the church for procession of the blessed sacrament, evening prayer, rosary

**The Perpetual Adoration Chapel** open to the public M-F 6:30 am - 8:30 pm; Sat & Sun 6:30 am - 6:30 pm

**Exposition of the Blessed Sacrament** on the altar in church occurs on select Saturday evenings prior to the 5:00 pm Mass.

## ST. JAMES PARISH AND SCHOOL STAFF

Rev. Edward J. Pelrine, Pastor  
224-345-7222 [frpelrine@stjamesah.org](mailto:frpelrine@stjamesah.org)

Rev. Paul Stein, Associate Pastor  
224-345-7215 [frstein@stjamesah.org](mailto:frstein@stjamesah.org)

Rev. Michael Grzesik, Associate Pastor  
224-345-7201 [frgrzesik@stjamesah.org](mailto:frgrzesik@stjamesah.org)

Rev. Bill Zavaski, Pastor Emeritus

James Bannon (Laura), Deacon 847-577-6328  
[jbannon@archchicago.org](mailto:jbannon@archchicago.org)

Johnny Burnett (Susan), Deacon 847-707-3360  
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Sam Resch (Kari), Deacon 847-991-2778  
[samresch@sbcglobal.net](mailto:samresch@sbcglobal.net)

Executive Dir., Parish Operations, Deacon Matthew Hahn  
224-345-7207 [mhahn@stjamesah.org](mailto:mhahn@stjamesah.org)

Finance Dir., Judith Mulvihill  
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School Principal, Michael Kendrick  
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Music & Liturgy Dir., Tamaron Conseur  
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Religious Education Coord., Bethany Larson  
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Evangelization & Formation Team Admin., Theresa Storto  
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FOCUS Parish Missionary, Sarra Stanley  
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Reception & Front Desk, Flo Trunk  
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