



SAINT JAMES PARISH

ARLINGTON HEIGHTS

God is Near

Creator of the Universe,
May I always choose to see through eyes of faith.
When I see fearful and frustrated faces, may I see Your eyes.
When I see the raging storm coming, may I see Your breath.
When I see the fragile bodies of those who are ill,
may I see Your broken body upon a cross.
When I gaze upon all there is and will be,
may I see and believe, without reservation,
that You ARE ALIVE and You ARE NEAR.
May Your Kingdom come and Your will be done.

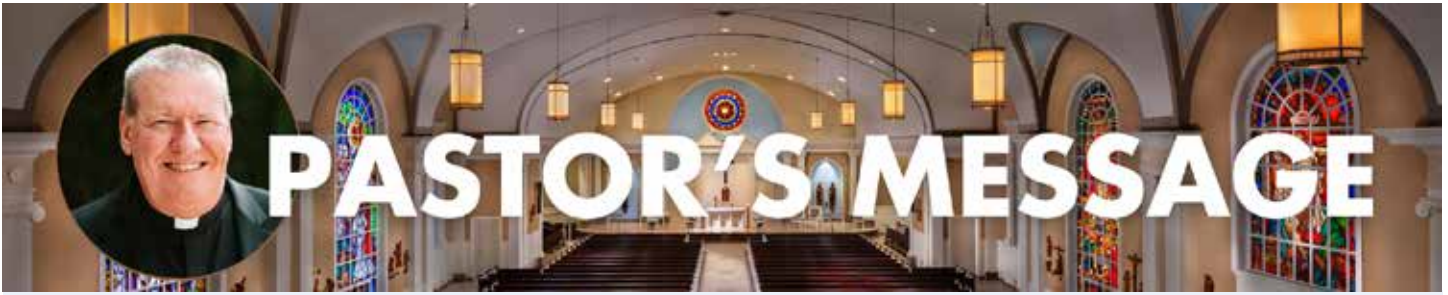
Amen.



MARCH 2
2025

*BE DISCIPLES OF CHRIST.
MAKE DISCIPLES OF CHRIST.*

THE EIGHTH SUNDAY IN ORDINARY TIME



Today's Readings

First Reading:

Praise no one before he speaks, for it is then that people are tested. (Sir 27:7)

Psalm:

Lord, it is good to give thanks to you. (Ps 92)

Second Reading:

But thanks be to God who gives us the victory through our Lord Jesus Christ. (1 Cor 15:57)

Gospel:

"A good person out of the store of goodness in his heart produces good, but an evil person out of a store of evil produces evil; for from the fullness of the heart the mouth speaks." (Lk 6:45)

Dear Friends,

When this which is corruptible clothes itself with incorruptibility and this which is mortal clothes itself with immortality, then the word that is written shall come about: Death is swallowed up in victory. Where, O death, is your victory? Where, O death, is your sting? The sting of death is sin, and the power of sin is the law. But thanks be to God who gives us the victory through our Lord Jesus Christ.

- 1 Corinthians 15:54-57

Preparing for Ash Wednesday and the penitential season of Lent, these words of St. Paul take on a more urgent meaning.

Paraphrasing Robert Royal, "The most urgent thing any (Christian) must do in our day is to...look beyond material matters to the spiritual dimensions of reality as a preparation for encountering the Lord of Creation."

Starting with a full schedule of Ash Wednesday Masses and services, we will offer several events to help all enter into and observe Lent. Please join us this Wednesday as we begin the solemn season.

Masses at noon will be celebrated each weekday during Lent, starting on Thursday, March 6 and Stations of the Cross are offered each Friday evening. Watch the bulletin and email for more Lenten offerings.

Please pray for our candidates and catechumens who have been preparing to receive Baptism and/or Confirmation, as well as First Communion. Next week we will have a picture of the group.

God bless you,
Fr. Ed

Lenten Regulations

FASTING: Catholics ages 18–59 are required to fast on Ash Wednesday and Good Friday. Fasting means eating one full meal and two smaller meals that don't add up to a full meal. Snacking between meals is not allowed

ABSTINENCE: Catholics ages 14 and older are required to abstain from meat on Ash Wednesday and all Fridays of Lent.

ASH WEDNESDAY

Mar. 5, 2025

Prayer Service

6:30 a.m.

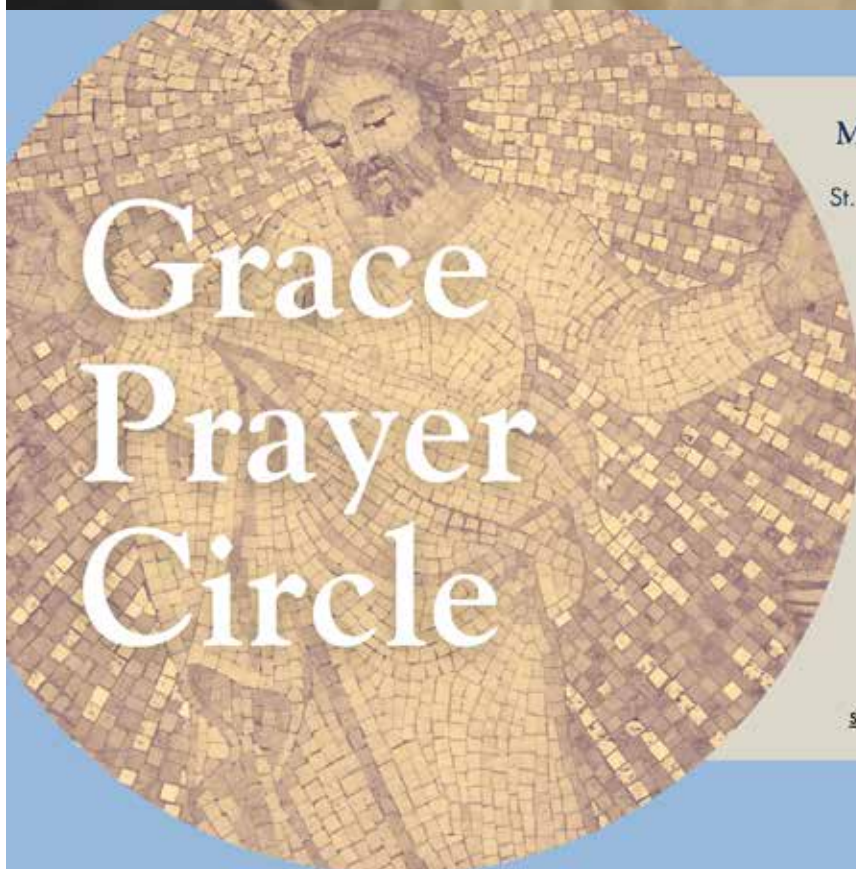
Mass Times

7:30 a.m.

12:00 p.m.

5:00 p.m.

7:00 p.m.



Meeting Mental Health With Grace
A mental health ministry through
St. James, St. Edna & Our Lady of the Wayside

THURSDAY, March 6
7:00 - 7:30 pm

Location: St. James School Chapel

This month's topic:
Walking With God

Join us to pray for those living with
mental health concerns and their
loved ones.

Submit prayer requests to:
847-253-5390
or mentalhealthministry@stjamesah.org

stjamesah.org/mentalhealthresources



PARISH EVENTS & INFO



Spring Senior Luncheon

Wednesday, March 12

11am-1pm - Laramie Room
Join Us For Lent Bingo!

RSVP by Friday March 7th
To Carly White at
224-345-7213 or
cwhite@stjamesah.org



 SAINT JAMES PARISH
ARLINGTON HEIGHTS

Lent Q&A



Question: Why do we place ashes on our forehead each Ash Wednesday?

Answer: Ashes are rich in spiritual symbolism. The ancient Hebrews used ashes as a sign of repentance, reminding themselves that God is God and we are not.

As the minister places ashes on our forehead, we hear either "remember that you are dust and unto dust you shall return" or "turn away from sin and be faithful to the Gospel." When we receive ashes, we remember our own mortality. We're reminded that we have limited time on this earth and we ought to make the best use of it that we can! The Gospel invites every person in every stage of life to encounter and imitate Jesus here and now. The forty days of Lent are the perfect time to assess our own awareness of these realities.

MEN, THIS LENT

CONQUER THE GOLIATHS

IN YOUR LIFE



MEN, READY TO CONQUER YOUR
PERSONAL GOLIATHS THIS LENT?

JOIN US MARCH 14 FOR MASS, DINNER, AND AN
INSPIRING PRESENTATION AND DISCUSSION TO
BECOMING THE MAN GOD MEANT YOU TO BE

MASS AT 6:30PM | TALK AT 7:00PM
DISCUSSION, SOCIAL, LENTEN DINNER TO FOLLOW



 SAINT JAMES PARISH
MEN OF ST. JAMES

stjamesah.org/mens-lent-event/

SCHOOL AND PARISH EVENTS



Claire V.

De'Longhi

Tom Ford



LADIES NIGHT OUT COLLEGE edition

EST. **St. James School** 1926

DATE: Friday, March 7, 2025

TIME: 6:00-10:00pm

PLACE: St. James School Gym

Relive your college days at Ladies Night Out 2025: COLLEGE EDITION!

Join us in the St. James School Gym for an exciting night packed with amazing raffle baskets, fun games, music, and great vibes — all while supporting our school. BYOB & BYOF.

\$40 admission includes exclusive in-person raffle items! \$10 virtual admission.

Proceeds will fund staff appreciation, tech upgrades, cultural arts, and more!

THE WAY:

STATIONS OF THE CROSS
FOR SURVIVORS OF ABUSE
AND FOR THOSE
WHO CARE



THURSDAY,
MARCH 13

ST. JAMES
SCHOOL CHAPEL
7:00 P.M.

Domestic, dating, and intimate partner violence resources will be available



Monday, March 3 | 8:30-9:30am

Calling all Baby Bulldogs 0-4yo! Come to play and mingle. All are invited. You do not have to be a St. James family to attend. Bring a friend!



St. James School | 820 N. Arlington Heights Rd. | Arlington Heights, IL 60004

CONCERT FOR LENT

THE NEXT IN OUR CONCERT SERIES

SACRED SOUNDS

MARCH 20

7:00 PM

Stabat Mater

Composed by

Gioachino

ROSSINI

IN THE CHURCH | DOORS OPEN AT 6:30



stjamesah.org/stabat-mater



SAINT JAMES PARISH
ARLINGTON HEIGHTS

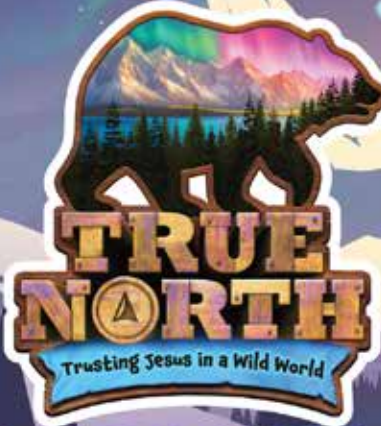
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PARISH NEWS

VOLUNTEER

ST. JAMES VBS 2025

June
16-20
2025



STJAMESAH.ORG/VBS-VOLUNTEER

FOR MORE INFO CONTACT - STJAMESVBS@STJAMESAH.ORG



Women's *Welcome*

4.26.25

all-day retreat

Register Today



A day of inspiration
and transformation.
Join us on a pilgrimage of hope.

stjamesah.org/womens-welcome-retreat

 SAINT JAMES PARISH
ARLINGTON HEIGHTS

PARISH UPDATES



PUERI CANTORES

Choral Festival and Mass at Holy Name Cathedral



Ten members of the Parish Youth Choir and their director, Mrs. Conseur, participated in the Festival on February 22. About 200 singers in grade 4-12 traveled from all over the Midwest to sing together for God's glory.



Gail Sherva, Teri Frankiewicz, Evelyn Mutzabaugh,
Katie Sowa, Fr. Ed, Rachael O'Connor, Sonia Werba,
Michael Gilbert
Not Present: David Kelly, Deacon Matt Hahn, Greg Werba

ST. JAMES

PARISH COUNCIL



SPRING EVENTS & OPPORTUNITIES

"Whom shall I send? Who will go for us? 'Here I am, send me!'" — Isaiah 6:8



Have you ever considered the call to be a

Deacon of the Catholic Church?

Join the Office of the Diaconate at one of four Inquiry Evenings:

- March 26, 7 p.m. at All Saints Parish, Morton Grove
- April 23, 7 p.m. at the Diaconate Office, Forest Park
- May 13, 7 p.m. at St. Alexander Parish, Palos Heights
- June 11, 7 p.m. via Zoom

The sessions will provide an overview of the Deacon Formation Program, the application process and information on the ministry of a deacon. Men, single or married, are invited to attend. Wives are strongly encouraged to accompany their husbands to the meetings.

For more information and to register for one of the sessions, contact the Office of the Diaconate at (708) 366-8900.

Looking for some fun on the golf course?



We are looking for women golfers for the St. James Ladies Golf League.

We golf on Friday mornings starting April 25 with our breakfast meeting. Golf is every Friday with tee times starting at 8:20am.

Interested or want more info: please email Cindy Frenzer – cfrenz@aol.com

Men's Golf League

Gentlemen, if you're looking for a friendly, mid-week game of golf, then St. James Golf League is for you.

The league plays every Tuesday afternoon at Buffalo Grove Golf Club and runs from mid-April through August. We play nine holes of match play, using USGA handicaps. There are openings for both full or part time players. If you're interested in joining us this season, then contact either Chuck Frankiewicz at cf Frankiewicz@comcast.net or Chris Perkins at chrisperkins@arwayconfections.com



OUR PRAYERS & INTENTIONS

Mass Intentions

Saturday, March 1

5:00 Marcin Bukowski
Jerry Garlick
Linda Talbot
Bob Duffer

Sunday, March 2 8th Sunday in Ordinary Time

7:00 Helen Kowalski
Jean Lynn
John F. Kordek
8:30 Benjamin Lesniak
John Vrett
Peter Martin
10:00 Bob & Andy Jarosz
Gesua & Biagio Brusca
Michael Lynch (10th Anniv.)
11:30 For the people of the parish
5:00 For the people of the parish

Monday, March 3 St. Katharine Drexel

7:30 Carol Benjamin
Don Murray
Michael Lynch (10th Anniv.)
Joseph Mariano
12:00 Robert & Audrey Hafer
Mark Talley
Josephine Gillespie
Dorothy Firnbach

Tuesday, March 4 St. Casimir

7:30 John Malone

Wednesday, March 5 Ash Wednesday

7:30 Alois (Lou) Simeth
Mathilda Endres
Maxine Hughes
12:00 Helen Healy,
7:00 Linda Sowa

Thursday, March 6

7:30 Edward Grogan
Helena Jochaniewicz
12:00 Caroline Mangiamele

Friday, March 7 Sts. Perpetua and Felicity

7:30 Gary Sullivan Sr.
The Gallucci Family
The Scalise Family
12:00 Tyler Smith

Saturday, March 8 St. John of God

7:30 Marcin Bukowski

In Loving Memory

Annette Schiavoni

Please pray for our sick

Andy Kaplan
Lucy Detlefsen
David Crowdus
Pope Francis
Norine Naselli

Recent Baptisms

Nolan Michael Taylor, child of
Matthew Taylor and Ashley (Albus) Taylor

Keegan Coyne Miller, child of
Kevin Miller and Aubrey (Hayes) Miller

Celebrant Schedule, March 8-9

5:00 Fr. Ed
7:00 Fr. Paul
8:30 Fr. Paul
10:00 Fr. Michael
11:30 Fr. Michael
5:00 Fr. Ed

Readings for the week of March 2

Sun: Sir 27:4-7/Ps 92:2-3, 13-14, 15-16 (see 2a)/1 Cor 15:54-58/Lk 6:39-45
Mon: Sir 17:20-24/Ps 32:1-2, 5, 6, 7/Mk 10:17-27
Tues: Sir 35:1-12/Ps 50:5-6, 7-8, 14 and 23/Mk 10:28-31
Wed: Jl 2:12-18/Ps 51:3-17/2 Cor 5:20 - 6:2/Mt 6:1-6, 16-18
Thurs: Dt 30:15-20/Ps 1:1-2, 3, 4 and 6/Lk 9:22-25
Fri: Is 58:1-9a/Ps 51:3-4, 5-6ab, 18-19/Mt 9:14-15
Sat: Is 58:9b-14/Ps 86:1-2, 3-4, 5-6/Lk 5:27-32
Next Sun: Dt 26:4-10/Ps 91:1-15/Rom 10:8-13/Lk 4:1-13



Did You Know?

Fat Tuesday, or Mardi Gras, is the last day before Lent. Traditionally, people indulge in rich, sweet foods to enjoy before abstaining from treats during Lent.

Many cultures celebrate with specific sweets, like paczki in Poland, king cake in Louisiana, or pancakes in the UK. The day is about feasting, celebration, and making the most of indulgences before the solemn season of Lent begins.

PARISH INFORMATION

2024 Giving Statements

If you have not yet received your 2024 Giving Statement, contact Flo Trunk at the Parish Office (224)-345-7200 so we can mail or email your copy right away.

PARISH MINISTRIES

Earth Shepherds provides opportunities to learn about the relationship between Scripture, Catholic Social Teaching and our responsibility to be stewards of God's Creation. sjearthshepherds@gmail.com

Grief Support Ministry is about helping with your grief. Are you struggling with a loss? Having a hard time coping? We meet twice per month. Please email the address below for more details. griefsupport@stjamesah.org

Jr. Ambassadors is a group for all children of St. James to practice their faith in service to others and as an example of our Catholic faith to everyone. Jr. Ambassadors act as representatives and promoters of our faith while learning about the Corporal and Spiritual Works of Mercy and Catholic Social Teaching. kcoughlin@stjamesah.org

Loaves and Fishes Ministry provides lunches for those experiencing homelessness in Chicago's Uptown neighborhood. stjameslandf@gmail.com

Men of St. James provides opportunities for Christian fellowship through social, spiritual and service activities for men of the parish at least 21 years of age. msj@stjamesah.org

Mental Health Ministry provides support, education and awareness to our parish communities on issues related to mental health. Strives to provide resources of support, education and hope. tsherva@gmail.com

Ministers of Care bring the Holy Eucharist to parishioners who are unable to leave their homes or are in care homes. Ministry volunteers must complete a mandatory training session and follow Archdiocesan guidelines. ministryofcare@stjamesah.org

Moms Plus provides support and fellowship to Catholic moms. This group is part of Women of St. James. momsplus@stjamesah.org

Music Ministry We strive to create music that is rich with quality, enthusiasm, and participation. Join one of our ensembles to be part of our musical community. tconseur@stjamesah.org

Over 50 Social Club provides social outings, game days, cards, speakers, parties, current events/news and spirituality to any parishioner over the age of 50. stecstan@sbcglobal.net

PADS Outreach provides safety, temporary shelter and services to the unhoused. st.james.pads@gmail.com

Parish Pastoral Council serves as a representative body of the St. James parish community, guided by the Holy Spirit. PPC@stjamesah.org

Peace & Justice Ministry educates the faithful on the Catholic social teachings, supports and complements parish ministries and empowers people to transform lives and society, both locally and globally. Meets the last Tuesday of each month.

Prayer Shawl Ministry creates a wide variety of shawls for anyone in need of prayers or blessings. We pray as we knit or crochet, and meet on the 3rd Sunday of each month to bless the fruits of our labors. prayershawlministry@stjamesah.org

Respect Life Ministry strives to transform society into a Culture of Life where every human being is valued and protected from the moment of conception until natural death. mschoney@astound.net

Stepping Stones raises awareness, promotes understanding and prevents relational violence by educating communities and providing referrals to victims and survivors of emotional, financial, physical and sexual abuse. (IL Domestic Violence Helpline: 877-863-6338), steppingstones@stjamesah.org

St. Vincent de Paul provides emergency, short-term financial help for anyone living within the parish boundaries. For information on volunteering for or using this service, call the Parish Office followed by x8517. Please leave a message and one of our volunteers will call you back. All requests kept confidential.

Women of St. James provides support to Catholic women who are committed to growing and sharing their faith through sisterhood and service. wosjministryleads@gmail.com

DON'T FALL BEHIND

STAY CURRENT WITH THIS WEEK'S EVENTS
AND WHAT'S COMING UP AT ST. JAMES

SCAN HERE TO
JOIN OUR EMAIL LIST



YOU MIGHT BE INTERESTED IN

On Monday, February 24, Cardinal Cupich shared the remarks below during the Interreligious Prayer Service Commemorating the Third Anniversary of the War in Ukraine at Holy Name Cathedral, Chicago.

Welcome, Bishop Venedykt, and all of you joining us this evening, especially those of Ukrainian heritage: Shchyro vitayemo vas vsikh.

Our hearts are heavy as we mark the third anniversary of Russia's invasion of Ukraine.

Two summers ago, I visited Poland and Ukraine on behalf of our Episcopal Conference. I met with Ukrainian refugees who fled their country after the Russian invasion and encountered the suffering people in Ukraine. It was an experience I'll never forget.

As I met people of all ages forced to flee their homeland, a profound sadness overcame me. They told me stories of family members killed defending their homeland, of the destruction of their homes and towns, of family separation, of leaving behind their lives and livelihoods, yes even the barbaric abduction of children.

In Ukraine I traveled to areas where people were massacred for no reason other than they were walking down the street or searching for food. I walked through cemeteries created to bury soldiers and other victims of the war. I prayed in a church where hundreds of funerals had been held since the war began.

Yet, amid the tragedy, I witnessed extraordinary heroism of citizens who became soldiers overnight, first responders who fought fires caused by rocket attacks and neighbors reaching out to each other to provide food and shelter. I also saw the compassion of other countries. During my visit to various sites in Poland I came to admire the Polish people who generously provided food, shelter, clothes, education to children and jobs for millions who crossed over from Ukraine. Their

welcoming response to asylum-seekers serves as a call to conscience, forcing us to consider our own country's attitudes toward the stranger in need.

We need to be here tonight, to recall and honor both the suffering and heroism of Ukraine for unfortunately there are powerful voices attempting to change the narrative and rewrite history. The world must stand with Ukraine and tell the truth. Peace can only be built on truth. What is the truth? (1.) Ukraine is not the aggressor in this war. (2.) The invasion by Russia was unprovoked and in breach of international law and the UN Charter. (3.) Ukraine's sovereignty was violated, a sovereignty that was promised by the guarantor states when Ukraine disarmed the third biggest nuclear arsenal in the world of all its nuclear weaponry having received security assurances against the threat or use of force against its territory or political independence. The United States, Russia, and the United Kingdom made this commitment when they signed the Budapest Memorandum on Security Assurances on December 5, 1994.

For an entire generation, Ukraine lived in peace. Yet, twenty years after being assured of its sovereignty and security, Russia invaded Crimea in March of 2014 and three years ago launched a full-scale war to annex all of Ukraine. Russia made clear in this way that it does not recognize Ukraine as an independent nation and sovereign state.

I witnessed firsthand the destruction and the displacement of people. I was in Bucha and saw the results of the massacre of innocent victims by Russian troops. To deny any of this and make Ukraine the aggressor is false and must be rejected. Ukraine

wants peace but it also wants everyone to tell the truth. The world should stand by Ukraine with respect for its heroism and its right to live in freedom and peace.

Yes, we gather this evening to remember and pray for the deceased and all victims of this war, to pray for peace and for negotiations that will lead to a just peace and lasting security for Ukraine. But this can happen only if Ukraine is at the table, if the truth is told and the nations of the world honor the promises that were made in treaties signed. Ukraine has the right to its existence and its self-determination. Most of all in this moment, Ukraine has the right to be a true architect of the pathway to peace that can lie ahead.

One final point. I have come to learn and value Ukraine's history, culture, language, traditions and heritage. The war is not just about annexing territory, it is also about Russia's refusal to recognize Ukrainians as a people with their own identity and Ukraine as an independent sovereign state. If Russia were to succeed in this regard, the entire world would suffer a great loss.

So tonight let us pray for and honor the dead, remember those suffering each day from the invasion and pray for peace, but let us also tell the truth, so that the peace being pursued will be a lasting peace and not a pretend peace that will only lead to more destruction, more death and more broken promises.

Through the intercession of our Lady, Queen of Peace, may the Holy Spirit of Truth continue to inspire peacemakers and may God bless the people and country of Ukraine.

Beyond Sunday
Worship
with us during the week

Lent Daily Mass
Monday - Saturday at 7:30am
Monday - Friday at Noon

LAST RITES/ANOINTING OF THE SICK:

Call (224) 345-7200 ext. 8510 (24 hours a day, seven days a week)

MASS SCHEDULE

Lent Daily Mass: M-F 7:30 am & Noon
Sat. 7:30 am

Saturday 5:00 pm Praise & Worship Ensemble
Sunday 7:00 am Cantor and Organ
Sunday 8:30 am Traditional Choir & Organ
Sunday 10:00 am Contemporary Choir
Sunday 11:30 am Contemporary Choir
Sunday 5:00 pm Praise & Worship Ensemble

PARISH OFFICE HOURS

Monday - Friday 8:30 am - 4:00 pm

SACRAMENTS & DEVOTIONS

BAPTISM - Please call the Parish Office with preferred date at least one month in advance.

MARRIAGE - At least six months prior to your wedding date, please contact the Parish Office about setting a date.

HOLY HOUR - Thursday 6:00 - 7:00 pm in the church for procession of the blessed sacrament, evening prayer, rosary

CONFESSION - Thursdays at 6:00 pm & Saturdays at 8:00 am

THE ADORATION CHAPEL - open to the public,
M-F 6:30 am - 8:30 pm; Sat & Sun 6:30 am - 6:30 pm
or 24 hours a day for committed adorers.

ST. JAMES PARISH & SCHOOL STAFF

Rev. Edward J. Pelrine, Pastor
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Rev. Paul Stein, Associate Pastor
224-345-7215 frstein@stjamesah.org

Rev. Michael Grzesik, Associate Pastor
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Rev. Bill Zavaski, Pastor Emeritus

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Dr. Ernest Costello and his family are Parishioners of St. James Catholic Church

i live by faith.
 2 Corinthians 5:7

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