



SAINT JAMES PARISH
ARLINGTON HEIGHTS

FIRST SUNDAY OF

Lent

MARCH 9

2025

*BE DISCIPLES OF CHRIST.
MAKE DISCIPLES OF CHRIST.*

THE FIRST SUNDAY OF LENT



Today's Readings

First Reading:

'We cried to the LORD,
the God of our fathers,
and he heard our cry.'
(Dt 26:7)

Psalm:

Be with me, Lord, when I
am in trouble.
(Ps 91)

Second Reading:

For, if you confess with
your mouth that Jesus is
Lord and believe in your
heart that God raised him
from the dead, you will
be saved.
(Rom 10:9)

Gospel:

Filled with the Holy Spirit,
Jesus returned from the
Jordan and was led by the
Spirit into the desert for
forty days, to be tempted
by the devil.
(Lk 4:1-2)

*Let the priests, the ministers of the
LORD, weep, and say, "Spare, O
LORD, your people,
and make not your heritage a
reproach, with the nations ruling
over them! Why should they say
among the peoples, 'Where is their
God?' Then the LORD was stirred to
concern for his land and took pity on
his people. Joel 2:17-18*

Dear Friends,

Greetings on this first Sunday of
Lent. Lent is an important season
of preparation and penance in
anticipation of Easter. As we heard in
the first reading on Ash Wednesday,
the prophet Joel exhorts the people
of Israel to repent from their sin and
beg the Lord's mercy. As the Book of
Hebrews instructs us, we have a great
High Priest, Jesus Christ, who now
pleads for us, His people, before the
Father. He who offered His very life
in sacrifice on our behalf, makes that
sacrifice present to us at every Mass,
and invites us to join ourselves to
Him in this offering. Daily Mass is a
powerful way to observe Lent.

Fasting and almsgiving, along with
prayer, are the classic ways to observe
Lent. Fasting is the willful forgoing
of a good, in order to clear the way
in our hearts and souls to receive
the grace the Lord intends for us.
Almsgiving is our gift to the poor,
incarnating the love of God for our
neighbor. Liturgical prayer (the
Mass), devotional prayer such as the
Stations of the Cross, or the Rosary,
and contemplative prayer such as
Eucharistic adoration are some ways
of deepening our intimacy with
God. Please receive the sacrament of
Confession (Reconciliation) before
Easter.

Our catechumens and candidates for
full communion with the Catholic
Church have been preparing since
September by attending weekly
sessions exploring the faith in depth.
Next month we will be going to the
cathedral for the Rite of Election
with the cardinal. See the photo and
names on page 3, and please keep
them in your prayers.

God bless you,

Fr. Ed

Lenten Regulations

FASTING: Catholics ages 18–59 are required to fast on Ash Wednesday and Good Friday. Fasting means eating one full meal and two smaller meals that don't add up to a full meal. Snacking between meals is not allowed

ABSTINENCE: Catholics ages 14 and older are required to abstain from meat on Ash Wednesday and all Fridays of Lent.

The Order of Christian Initiation of Adults (OCIA) Please pray for those entering the Church at Easter



The following people have been preparing to join the Catholic faith. We invite you to pray for these individuals as they journey towards full communion with the Catholic church. The Easter season is when their initiation comes to fruition.

Names in alphabetical order: Enxthi (Angie) Asani, Denise Connor, Gavin Coyle, Chris Filpi, Frances Filpi, George Filpi, Tama Filpi, Diane Frank, Michael Frank, Kylee Rayne Hoffman, Hussein Nazzal, Jason White

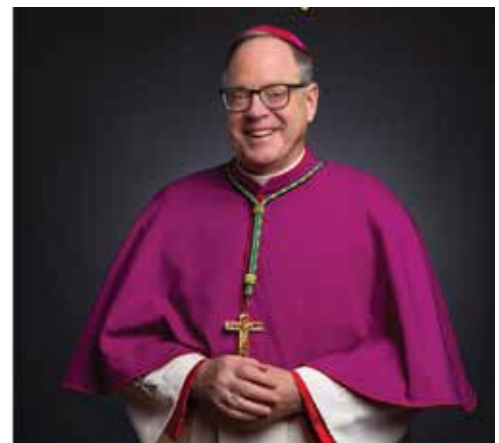
New Bishop Appointed for St. James and Vicariate I

Recently, five new Auxiliary Bishops were ordained by Cardinal Cupich for the Archdiocese of Chicago. Bishop Timothy J. O'Malley has been assigned to Vicariate I, which is the Vicariate to which St. James belongs.

Bishop O'Malley was born in Evergreen Park, Illinois, in 1959. He holds a B.S. in Management from Purdue University, a CPA, and a J.D. from DePaul University College of Law.

After discerning a call to the priesthood, he earned an STB and Master of Divinity from the University of Saint Mary of the Lake and was ordained in 1997. He served as associate pastor at St. Agnes of Bohemia Parish and as pastor of St. James Parish, Highwood; St. Joseph Parish, Round Lake; and St. Genevieve Parish, Chicago.

He currently serves as pastor of Most Blessed Trinity Parish in Waukegan. In addition, he has been a member of the Priests' Placement Board and Dean in Vicariates IVC, IVA and IB."



PARISH EVENTS

MEN, THIS LENT

CONQUER THE GOLIATHS

IN YOUR LIFE

MEN, READY TO CONQUER YOUR
PERSONAL GOLIATHS THIS LENT?

JOIN US MARCH 14 FOR MASS, DINNER, AND AN
INSPIRING PRESENTATION AND DISCUSSION TO
BECOMING THE MAN GOD MEANT YOU TO BE

MASS AT 6:30PM | TALK AT 7:00PM
DISCUSSION, SOCIAL, LENTEN DINNER TO FOLLOW



stjamesah.org/mens-lent-event/

THE WAY:

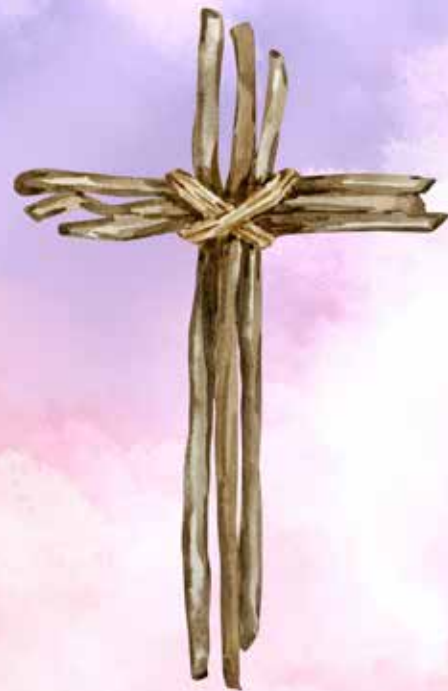
STATIONS OF THE CROSS
FOR SURVIVORS OF ABUSE
AND FOR THOSE WHO CARE

THURSDAY, MARCH 13

ST. JAMES SCHOOL CHAPEL

7:00 P.M.

Domestic, dating, and intimate partner violence
resources will be available



MINISTRY NEWS & EVENTS

Over 50 Group

MONDAY, MARCH 17

Noon Mass at St. James
followed by a talk by Father Bill Zavaski
"Reflections on Pope Francis"
and our
Third Annual Irish Soda Bread Competition

We look forward to those who wish to participate in the contest, and ask that you bring your soda bread to the Laramie Room PRIOR to Mass. For those who will be participating and are willing to share, please bring copies of your recipe.

RSVP to Kathy 847-506-9295 - or StJamesclub@yahoo.com
with how many attending, and if you will participate in the Soda Bread Competition.
Beverages will be provided. (Rumor has it that there also might be some Paczki's available)

St. James Theatre Presents

ROALD DAHL'S Matilda THE MUSICAL

Audition Workshop

Open to anyone considering auditioning!

March 15th at 1:00-2:30pm

Located at St. James Parish Arlington Heights

Scan QR to RSVP or for more information
Ready to audition too? Sign up today!



COMING SOON

THE NEXT IN OUR CONCERT SERIES

SACRED SOUNDS

MARCH 20

7:00 PM

Stabat Mater

Composed by

Gioachino

ROSSINI

IN THE CHURCH | DOORS OPEN AT 6:30



stjamesah.org/stabat-mater



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ARLINGTON HEIGHTS

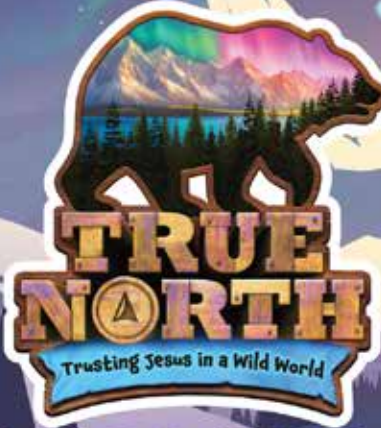
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MINISTRY OPPORTUNITIES

VOLUNTEER

ST. JAMES VBS 2025

June
16-20
2025



[STJAMESAH.ORG/VBS-VOLUNTEER](https://stjamesah.org/vbs-volunteer)

FOR MORE INFO CONTACT - STJAMESVBS@STJAMESAH.ORG



Women's *Welcome*

4.26.25

all-day retreat

Register Today



stjamesah.org/womens-welcome-retreat



SAINT JAMES PARISH
ARLINGTON HEIGHTS

A day of inspiration
and transformation.
Join us on a pilgrimage of hope.

LENTEN OFFERINGS

The Passion of Christ

SUNDAY
APRIL 6

2:00 pm & 6:00 pm
St. James Church



Presented by:
live Theater 

This Lent Be

Forgiven

Extra Dates for Confession:

Monday, April 7 from 7-8:30 pm at Our Lady of the Wayside, A.H.

Tuesday, April 8 from 3-5 pm at St. Edna, A.H.

Wednesday, April 9 from 7-8:30 pm at St. Mary, B.G.



not sure how to go to confession?

← scan here for a guide

bit.ly/confession-guidebook



...MAY GOD GIVE YOU
PARDON AND PEACE,
AND I ABSOLVE YOU
FROM YOUR SINS...

Retired Men's Group Meeting

Wednesday, March 12

9:30 a.m.

Senior/Teen Room
(L.L. of Church)

We will be watching Episode #8 of the Bishop Barron's Catholicism series. We are meeting earlier so those who are attending the Senior Luncheon at 11:00 AM will be able attend both events. Hope to see you there.

Tom Adam 847-394-4731



Looking for some fun on the golf course?



We are looking for women golfers for the St. James Ladies Golf League.

We golf on Friday mornings starting April 25 with our breakfast meeting. Golf is every Friday with tee times starting at 8:20am.

Interested or want more info: please email Cindy Frenzer – cfrenz@aol.com

Easter Remembrances

If you would like to create a tangible remembrance of a loved one, you are invited to help fund the Easter season décor in the church. A donation of \$25 *per remembrance* would be appreciated. Contributions received by Monday, April 7 will have their names printed in the Easter bulletin. To participate, please do one of the following:

- Visit www.stjamesah.org/easter-remembrances to request and donate.
- Drop Off: fill out the form below and drop with your donation in the Sunday Collection using an envelope.
- Mail: fill out the form below and mail it with your check to the parish office.

DUE NO LATER THAN APRIL 7 FOR NAMES TO BE PRINTED IN THE EASTER BULLETIN

In Memory of: (Please print)

Remembered by: (Please print)

Donor Email Address:

Donor Phone Number:

*Make checks payable to St. James Parish. Our mailing address is 820 N. Arlington Heights Road, Arlington Heights, IL 60004.
Send to attn. Natalie Conseur, Bulletin Editor*

OUR PRAYERS & INTENTIONS

Mass Intentions

Saturday, March 8

5:00 For the people of the parish

Sunday, March 9 1st Sunday of Lent

7:00 Ignacio Cordova (1st Anniv.)
John F. Kordek
8:30 Marilee Cripe
10:00 Patrick Kett
5:00 Richard Schemerhorn
Edward Foreman

Monday, March 10

7:30 Laura Coda
James McGrath
John Roth
James Valvoda
Marie Valvoda
Ida Novales
12:00 Patrick John Gasey

Tuesday, March 11

7:30 James Mackey
Jan Kutrzeba
Stefan Mizera
12:00 Jeff Williams

Wednesday, March 12

7:30 Robert Coda
Margaret Dougherty (1st Anniv.)
12:00 Jerome McDermott

Thursday, March 13

7:30 Richard Martin (6th Anniv.)

Friday, March 14

7:30 Rick Musial (1st Anniv.)
Julia Luczak
Stella Favia
12:00 Maria Luczak
Caroline Blazej

Saturday, March 15

7:30 Andrew Haman

Please pray for our sick

Andy Kaplan
Lucy Detlefsen
David Crowdus
Norine Naselli
Pope Francis

Recent Baptisms

Ezekiel Ignatius George, child of
George Harris and Josephina Karumanchery

Michael Luca Rosales, child of
Michael Rosales and Jeanette Stadnicki

Tessa Marie Shannon, child of
Timothy Shannon and Alyssa (Stylski) Shannon

Celebrant Schedule, March 15-16

5:00 Fr. Paul
7:00 Fr. Michael
8:30 Fr. Michael
10:00 Fr. Ed
11:30 Fr. Ed
5:00 Fr. Paul

Readings for the Week of March 9

Sunday: Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15 (see 5b)/Rom 10:8-13/Lk 4:1-13
Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt 25:31-46
Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/Mt 6:7-15
Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32
Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8/Mt 7:7-12
Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/Mt 5:20-26
Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48
Next Sunday: Gn 15:5-12, 17-18/Ps 27:1, 7-8, 8-9, 13-14/Phil 3:17 - 4:1/Lk 9:28b-36



PARISH INFORMATION



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by Ministry Brands®
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- Text "Enroll" to 224-313-4345
- Use the QR code for easy donating



Thank you, St. James Community, for your contributions during February, 2025

Sunday Collections ➡	Budgeted	Actual	Variance
	\$180209.00	\$171,502.10	(\$8,706.90)
		Envelopes: \$81,075.18	
		Online Giving: \$90,426.92	

PARISH MINISTRIES

Earth Shepherds provides opportunities to learn about the relationship between Scripture, Catholic Social Teaching and our responsibility to be stewards of God's Creation.
sjearthshepherds@gmail.com

Grief Support Ministry is about helping with your grief. Are you struggling with a loss? Having a hard time coping? We meet twice per month. Please email the address below for more details.
griefsupport@stjamesah.org

Jr. Ambassadors is a group for all children of St. James to practice their faith in service to others and as an example of our Catholic faith to everyone. Jr. Ambassadors act as representatives and promoters of our faith while learning about the Corporal and Spiritual Works of Mercy and Catholic Social Teaching.
kcoughlin@stjamesah.org

Loaves and Fishes Ministry provides lunches for those experiencing homelessness in Chicago's Uptown neighborhood.
stjameslandf@gmail.com

Men of St. James provides opportunities for Christian fellowship through social, spiritual and service activities for men of the parish at least 21 years of age.
msj@stjamesah.org

Mental Health Ministry provides support, education and awareness to our parish communities on issues related to mental health. Strives to provide resources of support, education and hope.
tsherva@gmail.com

Ministers of Care bring the Holy Eucharist to parishioners who are unable to leave their homes or are in care homes. Ministry volunteers must complete a mandatory training session and follow Archdiocesan guidelines.
ministryofcare@stjamesah.org

Moms Plus provides support and fellowship to Catholic moms. This group is part of Women of St. James.
momsplus@stjamesah.org

Music Ministry We strive to create music that is rich with quality, enthusiasm, and participation. Join one of our ensembles to be part of our musical community.
tconseur@stjamesah.org

Over 50 Social Club provides social outings, game days, cards, speakers, parties, current events/news and spirituality to any parishioner over the age of 50.
stecstan@sbcglobal.net

PADS Outreach provides safety, temporary shelter and services to the unhoused.
st.james.pads@gmail.com

Parish Pastoral Council serves as a representative body of the St. James parish community, guided by the Holy Spirit.
PPC@stjamesah.org

Peace & Justice Ministry educates the faithful on the Catholic social teachings, supports and complements parish ministries and empowers people to transform lives and society, both locally and globally. Meets the last Tuesday of each month.

Prayer Shawl Ministry creates a wide variety of shawls for anyone in need of prayers or blessings. We pray as we knit or crochet, and meet on the 3rd Sunday of each month to bless the fruits of our labors.
prayershawlministry@stjamesah.org

Respect Life Ministry strives to transform society into a Culture of Life where every human being is valued and protected from the moment of conception until natural death.
mschoney@astound.net

Stepping Stones raises awareness, promotes understanding and prevents relational violence by educating communities and providing referrals to victims and survivors of emotional, financial, physical and sexual abuse. (IL Domestic Violence Helpline: 877-863-6338), steppingstones@stjamesah.org

St. Vincent de Paul provides emergency, short-term financial help for anyone living within the parish boundaries. For information on volunteering for or using this service, call the Parish Office followed by x8517. Please leave a message and one of our volunteers will call you back. All requests kept confidential.

Women of St. James provides support to Catholic women who are committed to growing and sharing their faith through sisterhood and service.
wosjministryleads@gmail.com

YOU MIGHT BE INTERESTED IN



Friday Fish Fry Dinners

March 14, March 21, March 28

Dinner Buffet Served from 5:00 – 7:30 PM

At the KC Hall, 15 N. Hickory Ave, Arlington Heights

Deep fried cod, baked cod, tater rounds, coleslaw, mostaccoli, cornbread, french bread, complimentary coffee; full cash bar

Adults:	\$16.00
Children 5 to 12:	\$8.00
Children under 5:	Free
Carryout	\$15.00

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Proceeds support the youth groups of our local parishes and Gerry's Cafe.

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Ut Vitam Habeant



SAINT JAMES PARISH
RESPECT LIFE MINISTRY

That They Might Have Life

Bishops Message to Post-Abortive Women

"Be assured that Jesus keeps on loving you, no matter what. The blessed ashes distributed on our foreheads on Ash Wednesday remind us that we are all sinners; broken, imperfect, yet very precious in the eyes of God and so well loved by Him. The ashes are a both a reminder of our need for repentance and the graces that flow from our Lord's death and resurrection."



Jesus waits
for you in the
Sacrament of Confession

"I pray that God plants a seed of hope in every heart that is overwhelmed by sadness and despair from participation in abortion."

"This lent, the Lord's mercy awaits you. Allow Him to heal you and lift your sadness into joy."

Bishop Daniel E. Thomas
Chairman of the USCCB
Committee on Pro-Life Activities

Project Rachel offers a path to healing and reconciliation.
Contact: projectrachelchicago@gmail.com or (312) 337-1962



SAINT JAMES PARISH
ARLINGTON HEIGHTS

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Beyond Sunday
Worship
with us during the week

Lent Daily Mass
Monday - Saturday at 7:30am
Monday - Friday at Noon



LAST RITES/ANOINTING OF THE SICK:

Call (224) 345-7200 ext. 8510 (24 hours a day, seven days a week)

MASS SCHEDULE

Lent Daily Mass: M-F 7:30 am & Noon
Sat. 7:30 am

Saturday 5:00 pm Praise & Worship Ensemble
Sunday 7:00 am Cantor and Organ
Sunday 8:30 am Traditional Choir & Organ
Sunday 10:00 am Contemporary Choir
Sunday 11:30 am Contemporary Choir
Sunday 5:00 pm Praise & Worship Ensemble

PARISH OFFICE HOURS

Monday - Friday 8:30 am - 4:00 pm

SACRAMENTS & DEVOTIONS

BAPTISM - Please call the Parish Office with preferred date at least one month in advance.

MARRIAGE - At least six months prior to your wedding date, please contact the Parish Office about setting a date.

HOLY HOUR - Thursday 6:00 - 7:00 pm in the church for procession of the blessed sacrament, evening prayer, rosary

CONFESSION - Thursdays at 6:00 pm & Saturdays at 8:00 am

THE ADORATION CHAPEL - open to the public,
M-F 6:30 am - 8:30 pm; Sat & Sun 6:30 am - 6:30 pm
or 24 hours a day for committed adorers.

ST. JAMES PARISH & SCHOOL STAFF

Rev. Edward J. Pelrine, Pastor
224-345-7222 frpelrine@stjamesah.org

Rev. Paul Stein, Associate Pastor
224-345-7215 frstein@stjamesah.org

Rev. Michael Grzesik, Associate Pastor
224-345-7201 frgrzesik@stjamesah.org

Rev. Bill Zavaski, Pastor Emeritus

James Bannon (Laura), Deacon 847-577-6328
jbannon@archchicago.org

Johnny Burnett (Susan), Deacon 847-707-3360
jburnett@stjamesah.org

School Co-Principals, Ms. Kathy McGinn & Mrs. Mary Brinkman
224-345-7145 principal@stjamesah.org

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224-345-7207 mhahn@stjamesah.org

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224-345-7203 jmulvihill@stjamesah.org

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Stewardship & Development Dir., Julie Jacobson
224-345-7212 jjacobson@stjamesah.org

Religious Education Coord., Bethany Larson
224-345-7152 blarson@stjamesah.org

Youth Ministry Dir., Christina Hudson
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dmendoza@stjamesah.org

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FOCUS Parish Missionary, Matt Marcheschi
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Reception & Front Desk, Flo Trunk
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Open Doors Ministry Coord., Kathryn Coughlin
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Campus Maintenance Engr., Mike Tomasiewicz
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Print & Digital Communications Specialist, Natalie Conseur
224-345-7217 nconseur@stjamesah.org



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 by faith.*
 2 Corinthians 5:7

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-St. Faustina

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