



SAINT JAMES PARISH

ARLINGTON HEIGHTS



“so must the Son of Man be lifted up,
so that everyone who believes in him
may have eternal life.”

John 3:14-15

SEPT 14
2025

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FEAST OF THE EXALTATION OF THE HOLY CROSS



Today's Readings

First Reading:

Israelites, punished for complaining, are healed from deadly serpents by looking at the bronze serpent God provided.

(Numbers 21:4b-9)

Psalm:

Remember God's works; obey Him, unlike past unfaithful generations.

(Psalm 78)

Second Reading:

Christ humbled himself to death, then was exalted; every knee will bow and confess him as Lord to God's glory.

(Philippians 2:6-11)

Gospel:

God sent his Son from heaven to save, not condemn; through his sacrifice, all who believe receive eternal life.

(John 3:13-17)

"We preach Christ crucified, a stumbling block to Jews and folly to Gentiles."
(1 Corinthians 1:23)

Dear Friends,

This Sunday we celebrate the Feast of the Exaltation of the Holy Cross, a feast which indeed would have been a folly to the Greeks to whom St. Paul was writing and a scandal (stumbling block) to the Jews. The very idea of exalting a symbol of defeat, torture, and shame would seem ridiculous to the people of Jesus' time.

It helps to explain the curious passage in the Book of Numbers from this Sunday's first reading: "Then the Lord sent fiery serpents among the people, and they bit the people, so that many people of Israel died. And the Lord said to Moses, 'Make a fiery serpent, and set it on a pole; and every one who is bitten, when he sees it, shall live.' So Moses made a bronze serpent, and set it on a pole; and if a serpent bit any man, he would look at the bronze serpent and live," (Numbers 21:6, 8-9). The instrument of suffering and death becomes the symbol of life. It is a "type" of the Cross – an Old Testament foretelling of the Crucifixion and Resurrection of Jesus.

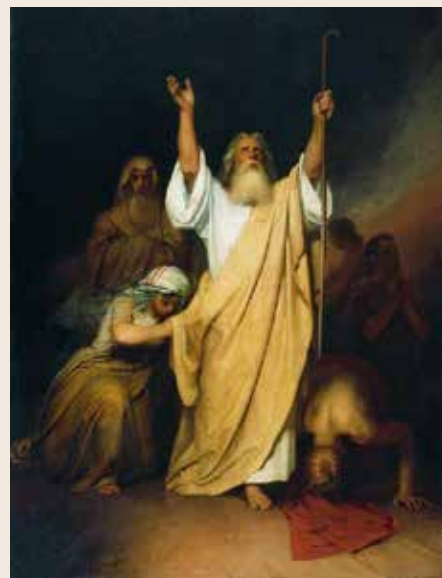
The second reading of the Mass this Sunday (the Philippians Hymn) is a beautiful expression of the transformative power of Jesus Christ, "who, though he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, taking the form of a servant, being born in the likeness of men. And being found in human form he humbled himself and

became obedient unto death, even death on a cross," (2 Philippians 6-8).

The conclusion of this hymn explains the reason for our joy: "Therefore God has highly exalted him and bestowed on him the name which is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father," (2 Philippians 9-11).

God bless you,

Fr. Ed



Moses with the Israelites Ivan Kramskoy(1861)

THIS WEEK

The Table

ARE YOU COMING FROM A DIFFERENT CHURCH
BACKGROUND? CURIOUS ABOUT THE CATHOLIC FAITH?
OR MAYBE YOU'RE RETURNING AFTER TIME AWAY?



You're invited to join us for a relaxed gathering where no question is off-limits and no commitment is required. Whether you're exploring, returning, or just hungry for community—we'd love to meet you.

Sunday
Sept. 14

At
11:00 AM
Right after 10am Mass

In the
Teen Room
Lower Level of the Church



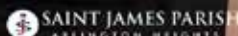
LIFE TEEN KICKOFF

**COME CHECK US OUT THIS
SUNDAY EVENING!**

September 14 from 6–8 PM
Location: Laramie Room (LL of Church)



WWW.STJAMESAH.ORG/LIFETEEN/



THANK YOU

THANK YOU TO ALL WHO ATTENDED CONCERT

Under the Stars

Message from Deacon Johnny:

To all who attended the Concert Under The Stars on Saturday, August 2, thank you! We raised over \$2,500 for the parish! Thanks, also to the members of The Johnny Burnett Band who gave of their time and talent, and to the incredible Julie Jacobson and our Custodial staff who helped make the event happen. May God bless all of you for your charitable hearts! — Deacon Johnny

PARISH NEWS

ANNOUNCING OUR
PARTNERSHIP WITH:

Hallow



<https://hallow.com/communities/1693/>

 **SAINT JAMES PARISH**
ARLINGTON HEIGHTS

Scan the QR Code to join our community today!

SEPT 30
DINNER
AT 5PM

EVENING SPEAKER:
FR. BOBBY BLOOD



**LEARN
MORE
HERE**



STJAMESAH.ORG/ENCOUNTER/

A TIME TO COME TOGETHER AS A COMMUNITY FOR FELLOWSHIP, FORMATION AND PRAYER

ENCOUNTER

PARISH NEWS & EVENTS

sacred sounds
concert series

A NIGHT OF HOPE

Free and open to the Community

SEPTEMBER 24

7:00PM | ST. JAMES CHURCH

RECEPTION TO FOLLOW

A prayer service with
contemporary Christian
music to raise mental
health awareness and hope



SAINT JAMES PARISH
ARLINGTON HEIGHTS



stjamesah.org/night-hope/

SCAN TO LEARN MORE

enKindle speaking series

The Last Pew:

Bringing Families Back to Church
(Panel Discussion)

Date: October 20th | 7 PM | St. James Church



SAINT JAMES PARISH
ARLINGTON HEIGHTS

FOR FAMILIES

EARTH SHEPHERDS ST. FRANCIS FEST

LOCATION:
CAMP REINBERG AT THE
DEER GROVE FOREST PRESERVE, PALATINE

10.05.25

Come together to praise God
for His beautiful creation!

SCHEDULE:
3pm - Nature Hike
5pm - Outdoor Prayer Service
6pm - Free Dinner
This is a waste-free event.

learn more and RSVP here



stjamesah.org/saint-francis-fest/



SAINT JAMES PARISH
ARLINGTON HEIGHTS

Questions?

sjearthshepherds@gmail.com

CHILDREN'S FORMATION MASS

SUNDAY, SEPTEMBER 21 @ 11:30 A.M.

A SPECIAL TIME FOR CHILDREN TO PRAY AND GROW IN FAITH.

IN SEPTEMBER, 5TH GRADE FAMILIES ARE INVITED TO GREET AT MASS, PRESENT THE GIFTS OF BREAD, WINE AND WATER TO THE ALTAR. DISTRIBUTE BULLETINS AFTER MASS, ALTAR SERVE AND READ THE FIRST AND SECOND READINGS. THE SJ CHILDREN'S CHOIR PERFORMS AT ALL CHILDREN'S FORMATION MASSES

ALL ARE WELCOME TO JOIN US FOR
DONUTS IN THE LARAMIE ROOM AFTER MASS.



Scan the QR code
to learn more and
become involved.

PATH TO SUNDAY - VICTORY THROUGH DEFEAT

How can you have victory through defeat? It's crazy, right? The two things (victory and defeat) are contradictory. When it comes to Christ, however, it is (paradoxically) true. Perhaps we should say, rather, that Christ has victory in what seems like defeat.

This is good news for us. If you struggle or suffer, then today's celebration of the Exaltation of the Holy Cross should give you hope. As St. Paul tells us in the second reading, Christ suffered death on the cross, but through it came to victory. He can do the same for us. What we need to do is understand how it works.

When humanity sinned, it rejected a loving relationship and friendship with God. (That is the point of the story of Adam and Eve). Since it is love that brings life, sin brings death. The result of original sin was not just death of the body, but also death of the soul. Hell is about living in such a way that you have no tangible sense of God's presence: no relationship with God.

To save us, therefore, God not only had to forgive our sins, but also convince us to freely choose to love him again. So how was he going to do that? By becoming human and dying on the Cross. To convince us to love him, God showed us the greatest sign of love possible: giving his own life for us.

It was the bridegroom showing his beloved that he loves her to death, and would give anything for her. Or as it is written in today's gospel, "For God so loved the world that he gave his only Son, so that everyone who believes in him might not perish but might have eternal life," (John 3:16-17).

At the same time, Christ himself goes into death in order to defeat death. He is like the knight who enters the belly of

the dragon and then kills the beast from the inside to then emerge with victory. With Jesus, love wins over sin precisely by giving its life in death. If sin is the opposite of love, then Christ wins by loving unto death.

If you understand that, then you can understand how Jesus can bring victory to our suffering and our struggles. Sometimes Jesus works physical miracles by curing an illness, or getting a person a better job. However, he often does not. The real miracle is how he changes our hearts. He cannot force our free will. When we encounter the cross in our lives, whether that is sickness or financial distress, if we embrace it in Jesus, then it can transform our hearts.

Do we love Jesus? Yes... at least a little. Do we love Jesus as he loves us? No. When we suffer, we get angry with God. When we pray for cures and do not get them, we start praying less or stop praying all together. We spend more time watching TV than we pray. The list goes on. We do not love Jesus to the point that we love him for his own sake. Rather, we tend to love him because he makes lives better. We do not love him to the point that we will suffer for him without asking him for something in return.

For this reason, if we embrace the cross in our lives, then Jesus can use it to transform our hearts to love him as he loves us. To the world, it seems as though Jesus is powerless to end our suffering. But God sees it as a chance to change our motives, to choose to love him for no other reason than for who he is. It is in this way that the suffering of the cross cleanses us of all our sinful tendencies and makes us ready for heaven. That is the victory. It is true that, in the end, we will be

cured of all sickness. We will be cured of death through the Resurrection. In heaven no one suffers. But more importantly, that is because everyone is perfectly united to God in love. And the love of God gives life everlasting.

Reflection Questions:

- How does the paradox of "victory through defeat" challenge the way you normally view suffering, setbacks, or struggles in your own life?
- In what ways can embracing the "crosses" in your life help deepen your love for God beyond simply asking Him for blessings?
- What areas of your heart or life might God be inviting you to let Him transform through suffering?

MORE REFLECTIONS ONLINE AT:
stjamesah.org/path-to-sunday/



Exaltation of the True Cross (1604)

HELP THOSE IN NEED

P.A.D.S.

Public Action to Deliver Shelter
EST. 1989



Whatever you did for one of the least of these brothers and sisters of mine, you did for me. - Matthew 25:40

We're looking for volunteers

Please feel free to contact us if you have any questions.

st.james.pads@gmail.com

As we prepare to open the doors of the Saint James PADS Shelter once again, Saint James would like to thank each of you who gave your time, energy, and compassion last season. Through your service, we were able to offer warmth, dignity, and hope to our guests. Your kindness made a difference.

Now, as a new season approaches, we are once again in need of your help. We invite you to prayerfully consider signing up to serve this year. Whether you've been with us for many seasons or are thinking of volunteering for the first time, there is a place for you here. Each role, from meal preparation to overnight hosting is vital to the mission of sheltering those in need with Christ-like love.

Please use the QR code to view the schedule and sign up for the dates and roles that work best for you.



SAINT JAMES PARISH
ARLINGTON HEIGHTS



Scan and sign up here

OUR PRAYERS & INTENTIONS

Mass Intentions and Observances

Sunday, September 14 The Exaltation of the Holy Cross

7:00 Patricia Rago (11th Anniv.)
10:00 Bill Brandes
Angelo Anzalone
Teresa Szott
Bob & Andy Jarosz
11:30 John Olson
Catherine Lynn
Margaret Hoey
5:00 For the people of the parish

Monday, September 15 Our Lady of Sorrows

7:30 Edward Foreman
Andrew Haman
Edward & Louise Gehrke
John F. Kordek
12:00 Jozefa Bezruczko

Tuesday, September 16 Sts. Cornelius and Cyprian

7:30 Kevin Houlihan
Patrick Houlihan
Deacon Paul Schmidt

Wed., Sept. 17 St. Robert Bellarmine; St. Hildegard of Bingen

7:30 Lawrence Giovinco (1st Anniv.)
Teresa Smith (1st Anniv.)
Catherine Sabay
Marilyn Oneill
Alvhild Larson
12:00 The Gordon Family*

Thursday, September 18

7:30 Mary Frances Keelan (1st Anniv.)
Anna Marie Pietrolonardo

Friday, September 19 St. Januarius

7:30 Genevieve Waller (45th Anniv.)
Richard May
Cornelius Vanderwiel, Jr.
Fr. Robert Switanowski OFM CONV

Sat., Sept. 20 Sts. Andrew Kim Tae-gön, & Paul Chông Ha-sang, & Companions

7:30 Emil Hanner (1st Anniv.)
Houlihan & Moran Families

*Indicates Living

In Loving Memory

Dorothy Rusch

Please pray for our sick

Joe Maher
Norine Naselli
Andy Kaplan
Lucy Detlefsen
Richard Fung
Cody Casey
Angela Ziccardi
Melinda C.
Lucille Krajnik
Andy Cason

Rose for Life

Donated in loving memory of Joe Bielat

Wedding Banns

III. Michael Crigler, II and Enxhi Asani
III. Christopher D'Amato and Meghan McShea
II. Matthew Drumheller and Christina Kim
I. Benjamin Cutinello and Taylor Rockwell
I. Kevin Michaelis and Mary Claire Bannon

Recent Baptisms

Rory Michael Duffin, child of
Blake Duffin and Alexandra (Kariotis) Duffin

Sofia Katarina Drugan, child of
Brandon Drugan Kristina (Biljan) Drugan

Summer Lynn Wheeler, child of
Timothy Wheeler and Kristie (Eickhoff) Wheeler

Readings for the week of September 15, 2025

Monday: 1 Tm 2:1-8/Ps 28:2, 7, 8-9/Jn 19:25-27 or Lk 2:33-35
Tuesday: 1 Tm 3:1-13/Ps 101:1b-2ab, 2cd-3ab, 5, 6/Lk 7:11-17
Wednesday: 1 Tm 3:14-16/Ps 111:1-2, 3-4, 5-6/Lk 7:31-35
Thursday: 1 Tm 4:12-16/Ps 111:7-8, 9, 10/Lk 7:36-50
Friday: 1 Tm 6:2c-12/Ps 49:6-7, 8-10, 17-18, 19-20/Lk 8:1-3
Saturday: 1 Tm 6:13-16/Ps 100:1b-2, 3, 4, 5/Lk 8:4-15
Next Sunday: Am 8:4-7/Ps 113:1-8/1 Tm 2:1-8/Lk 16:1-13 or 16:10-13

Celebrant Schedule, September 20-21

5:00 Fr. Michael
7:00 Fr. Paul
8:30 Fr. Paul
10:00 Fr. Paul
11:30 Fr. Michael
5:00 Fr. Michael

PARISH INFORMATION

Thank you, St. James Community, for your contributions during August, 2025

Sunday Collections ➡	Budgeted	Actual	Variance
	\$177,848.00	\$187,234.65	\$9,386.65
		Envelopes: \$89,586	
		Online Giving: \$97,648.65	
Holy Day Collection ➡	Budgeted	Actual	
	\$3,500.00	\$2,283.00	
		Envelopes: \$1,463.00	
		Online Giving: \$820.00	

PARISH MINISTRIES

Earth Shepherds provides opportunities to learn about the relationship between Scripture, Catholic Social Teaching and our responsibility to be stewards of God's Creation.
sjearthshepherds@gmail.com

Grief Support Ministry is about helping with your grief. Are you struggling with a loss? Having a hard time coping? We meet twice per month. Please email the address below for more details.
griefsupport@stjamesah.org

Jr. Ambassadors is a group for all children of St. James to practice their faith in service to others and as an example of our Catholic faith to everyone. Jr. Ambassadors act as representatives and promoters of our faith while learning about the Corporal and Spiritual Works of Mercy and Catholic Social Teaching.
kcoughlin@stjamesah.org

Loaves and Fishes Ministry provides lunches for those experiencing homelessness in Chicago's Uptown neighborhood.
stjameslandf@gmail.com

Men of St. James provides opportunities for Christian fellowship through social, spiritual and service activities for men of the parish at least 21 years of age.
msj@stjamesah.org

Mental Health Ministry provides support, education and awareness to our parish communities on issues related to mental health. Strives to provide resources of support, education and hope.
tsherva@gmail.com

Ministers of Care bring the Holy Eucharist to parishioners who are unable to leave their homes or are in care homes. Ministry volunteers must complete a mandatory training session and follow Archdiocesan guidelines.
ministryofcare@stjamesah.org

Moms Plus provides support and fellowship to Catholic moms. This group is part of Women of St. James.
momsplus@stjamesah.org

Over 50 Social Club provides social outings, game days, cards, speakers, parties, current events/news and spirituality to any parishioner over the age of 50.
stecstan@sbcglobal.net

PADS Outreach provides safety, temporary shelter and services to the unhoused.
st.james.pads@gmail.com

Parish Pastoral Council serves as a representative body of the St. James parish community, guided by the Holy Spirit.
PPC@stjamesah.org

Peace & Justice Ministry educates the faithful on the Catholic social teachings, supports and complements parish ministries and empowers people to transform lives and society, both locally and globally. Meets the last Tuesday of each month.

Prayer Shawl Ministry creates a wide variety of shawls for anyone in need of prayers or blessings. We pray as we knit or crochet, and meet on the 3rd Sunday of each month to bless the fruits of our labors.
prayershawlministry@stjamesah.org

Respect Life Ministry strives to transform society into a Culture of Life where every human being is valued and protected from the moment of conception until natural death.
mschoney@astound.net

Stepping Stones raises awareness, promotes understanding and prevents relational violence by educating communities and providing referrals to victims and survivors of emotional, financial, physical and sexual abuse. (IL Domestic Violence Helpline: 877-863-6338), steppingstones@stjamesah.org

St. Vincent de Paul provides emergency, short-term financial help for anyone living within the parish boundaries. For information on volunteering for or using this service, call the Parish Office followed by x8517. All requests kept confidential.

The Table meets the second Sunday of each month after the 10:00 am Mass in the Teen Room (LL of the church). For anyone who is curious about the Catholic faith. This is a time to ask questions and engage in conversation with others.

Women of St. James provides support to Catholic women who are committed to growing and sharing their faith through sisterhood and service.
wosjministryleads@gmail.com

YOU MIGHT BE INTERESTED IN

PRAY FOR THE WORLD

in Adoration

COMMITTED ADORERS ARE
NEEDED AT THE FOLLOWING TIMES:

MONDAY AT 4 PM
WEDNESDAY AT 2 PM
SUNDAY AT 5 AM

NEW
OPENINGS

SCAN
BELOW TO
SIGN UP



SAINT JAMES PARISH
ARLINGTON HEIGHTS

adorationpro.org/jamesil

Knights of Columbus #4483

FOOD DRIVE

SUNDAY SEPTEMBER 21

St. Edna Parish

From 1-3 pm, please drop off:

- Non-food Items: paper towels & toilet paper
- Canned Items: beef stew, corned beef hash, fruit, salmon, sardines, spam, tomatoes
- Packaged & Jarred Items: cookies, crackers, dry milk, granola bars, jelly, pasta, pasta sauce, peanut butter, ramen

Thank you for your support of those in need!

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Kino Border Initiative

3-5PM, DINNER SERVED AT 5PM

SEPTEMBER 21, 2025

CASA ISKALI RETREAT CENTER, 9430 WEST GOLF ROAD DES PLAINES, IL

Register at: <https://tinyurl.com/r7t6xynt>



Our Lady of the Wayside Divorce Ministry

If you are divorced or have filed for divorce and are looking to navigate the many challenges in a faith-filled way, you're invited to attend the inaugural Divorce Ministry meeting on Friday, September 12, in the Our Lady of the Wayside Parish Center (434 W. Park Street, Arlington Heights) from 6-9 PM.

Thereafter, the group will meet in the OLV Parish Center the Second Friday of every month from 6-9PM. For more information contact: officemanager@olwparish.org



SAINT JAMES PARISH
ARLINGTON HEIGHTS

820 N. Arlington Hts. Rd., Arlington Heights, IL 60004 (224) 345-7200 www.stjamesah.org



MASS SCHEDULE

Daily Mass: Mon. - Sat. 7:30 a.m. | Mon. & Wed. 12:00 p.m.

Saturday 5:00 p.m. Praise & Worship Ensemble
Sunday 7:00 a.m. Cantor and Organ
Sunday 8:30 a.m. Traditional Choir & Organ
Sunday 10:00 a.m. Contemporary Choir
Sunday 11:30 a.m. Contemporary Choir
Sunday 5:00 p.m. Praise & Worship Ensemble

PARISH STAFF AND PERSONNEL

Rev. Edward J. Pelrine, Pastor
frpelrine@stjamesah.org • 224-345-7222

Rev. Paul Stein, Associate Pastor
frstein@stjamesah.org • 224-345-7215

Rev. Michael Grzesik, Associate Pastor
frgrzesik@stjamesah.org • 224-345-7201

Rev. Bill Zavaski, Pastor Emeritus

James Bannon (Laura), Deacon
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Johnny Burnett (Susan), Deacon
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Music & Liturgy Director, Tamaron Conseur
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Stewardship & Development Director, Julie Jacobson
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PARISH OFFICE HOURS

Monday - Friday 9:00 a.m. - 4:00 p.m.

SACRAMENTS & DEVOTIONS

BAPTISM - Please contact the Parish Office with a preferred date one month in advance.

MARRIAGE - At least six months prior to your wedding, please contact the Parish Office to set a date.

HOLY HOUR - Thursday 6:00 - 7:00 p.m. in the church for procession of the blessed sacrament, evening prayer, and rosary

FIRST FRIDAY - Devotion to the Sacred Heart after the 7:30 a.m. Mass on the first Friday of each month

CONFESSION - Thursdays at 6:00 pm & Saturdays at 8:00 am

THE ADORATION CHAPEL - Open to the public, M-F from 6:30 a.m. - 8:30 p.m. and Sat & Sun 6:30 a.m. - 6:30 p.m.
Or sign up for a time at adorationpro.org/jamesil

Religious Education Coordinator, Bethany Larson
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High School Ministry Coordinator, Joshua Jones
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Middle School Ministry Coordinator, Dora Mendoza
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Director of Digital Evangelization, Aurelio Garcia
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Campus Minister, Marisa Pollastrini
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Reception & Front Desk, Flo Trunk
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Print & Digital Communications Specialist, Natalie Conseur
nconseur@stjamesah.org • 224-345-7217

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of Christ



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to you?
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for your
future together.



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i live
by faith.

2 Corinthians 5:7

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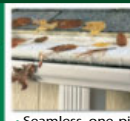
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