



SAINT JAMES PARISH

ARLINGTON HEIGHTS



“

The just man is a
light in darkness to
the upright.

Psalms 112

”

FEB 8

2026

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THE FIFTH SUNDAY IN ORDINARY TIME



Today's Readings

First Reading

True worship is caring for the needy; compassion brings God's light, healing, and guidance into life.

Isaiah 58:7-10

Second Reading

Paul preached Christ with humility and weakness, relying on God's Spirit and power so faith would rest on God, not human wisdom.

1 Corinthians 2:1-5

Gospel

Jesus calls His followers salt and light, urging them to live visibly good lives so others may glorify God through their deeds.

Matthew 5:13-16

Dear Friends,

"He's the salt of the earth" is an expression I've sometimes heard as words of praise for a person. It connotes reliability, trustworthiness, stability, trust.

In the Bible, there are a number of references to "covenants of salt" in the Old Testament. First, the Covenant of Salt cited by King Abija in 2 Chronicles 13:5 refers to the unbreakable, perpetual covenant with David's lineage to rule the nation of Israel.

Secondly, in Numbers 18:19, God makes a covenant of salt with Aaron regarding the priesthood which has been given perpetually to the Tribe of Levi. Thirdly, Leviticus 2:14 recounts God's instruction to the Levites, "you shall not let the covenant of salt with your God be lacking from your cereal offering."

Jesus calls his disciples *salt of the earth*. His is in covenant with us – a permanent and irrevocable covenant, an exchange of persons, not simply a legal agreement. This covenant is sealed on the cross in the blood of Jesus. When St. Paul writes to the Corinthians, "I resolved to know nothing while I was with you except Jesus Christ, and him crucified...so that your faith might rest not on human wisdom but on the power of God," he is speaking of this covenant. What appears to be weakness – the crucifixion and death of Jesus – is really the power of God. (1 Cor 2:2,5).

In the consecration of the wine at Mass, Jesus' words are repeated by the priest, "Take this, all of you, and drink from it, for this is the chalice of my Blood, the Blood of the new and eternal covenant, which will be poured out for you and for many for the forgiveness of sins."

By this covenant and action of Jesus in sacrificing his life for us, and by our response in God's grace, we become the salt of the earth and the light of the world. The purpose of the mass in the sanctification of man and the glorification of God. May we be salt and light to the world.

God bless you.

Fr. Ed



LENT BEGINS FEB. 18

Read the One Letter: St. James A Lenten Bible Study

Our patron saint, St. James (the Lesser), cousin of Jesus himself, wrote one letter that we have in the New Testament.

Join Fr. Paul on the Mondays of Lent
beginning February 23
7:00-8:30pm
in the Laramie Room (Church
basement)

No sign-up necessary,
no cost, just bring
your Bible.



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ARLINGTON HEIGHTS

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Hallow Parish Mission

Hallow
St. James Parish

March 14 → March 16
Arlington Heights, IL



ASH WEDNESDAY

Feb. 18, 2026

Mass Times

6:30 a.m.
7:30 a.m.
12:00 p.m.
7:00 p.m.



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All Ash Wednesday events will occur in the church. Ash Distribution Only - 5:30-6:30 pm in the church.

FOR FAMILIES

“FOR I WAS *hungry* AND YOU
GAVE ME SOMETHING TO *eat...*”

—Matthew 25:35



Join Code:

Friday, February 27

4:45pm-6:15pm- 4YN31Y

Saturday, February 28

4:45pm-6:15pm- 876END



St. James is going to
Feed My Starving Children!

Open to all children and youth from
our parish and their families!
Sign up by February 14th. Spaces
are limited. Any vacant spots will be
released back to FMSC, 2/14/26

FMSC- 740 Wiley Farm Court, Schaumburg, IL

<https://www.fmsc.org/get-involved/volunteer/>

Questions?? contact- blarson@stjamesah.org

A TIME TO COME TOGETHER AS A COMMUNITY FOR FELLOWSHIP, FORMATION AND PRAYER

FEB 17

DINNER AT 5PM • SPEAKER AT 6 PM



Speaker: Fr. Cristian Garcia
Topic:
“The Prayer of a
Newly-Ordained Priest”

CHILDCARE AVAILABLE
AGES 0-4

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UPCOMING CONCERTS

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FREE CONCERTS

Rhapsody: 20th Century Classics

February 9, 2026
7 PM



Leah Kang



Jay Shankar



Tamaron
Conseur

VERDI: Requiem

March 12, 2026
7 PM



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SCHOOL & PARISH NEWS

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February 13-15, 2026

Please scan or visit www.StJamesSchoolAH.org for tickets



Over 50 Group

Chinese New Year Luncheon

Tuesday, February 17 at 11:30 am
Chef Ping, 1755 W. Algonquin Rd. Rolling Meadows

Lunch Choices:

Combination Chow Mein
Mandarin Trio
Mongolian Beef
Seafood Thai Noodle

Also included are Tea, Soup,
Fried Wonton Chip, Egg Roll, and Rice

Cost: \$20.00

Cash Bar Available

RSVP to Eva at 847-345-2305 with your menu choice
Deadline: February 14



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SJS IN
NOTES OR
OVER THE
PHONE



2025 Giving Statements



Offertory Tax Acknowledgement Update:

We would like to inform you that 2025 tax statements were mailed at the end of January. They should have arrived this past week. After the mailing, we discovered that a small number of parishioner statements were missing their most recent December contributions. Corrected statements will be reissued to the small number of people affected.

If you wish to download your acknowledgement you can do so via Parish Soft following the steps below: <https://giving.parishsoft.com/app/giving/FD-859>
Login using your email. Navigate to the "history" tab, then click year "2025", then click "export to PDF".

Capital Campaign Tax Acknowledgement Update:

For those who generously contributed to the Generation-to-Generation Capital Campaign (AKA St. James Vibrant Generations Campaign), all gifts of \$250 or more were sent a separate tax acknowledgment directly from the Archdiocese of Chicago. Contributions made through a donor-advised fund or as a Qualified Charitable Distribution (QCD) will be acknowledged and receipted by your financial advisor.

Thank you to all our parishioners for giving generously of your time, talent, and treasure throughout 2025. Together, we have continued to serve those in need and grow in our faith. We are deeply grateful for your steadfast support.



UPCOMING EVENTS

Spring Senior Luncheon



Wednesday, March 11 at 11am-1pm
in the Laramie Room

Presenter - Jason Whittington

Topic - Fall Prevention: Aging In Place Safely

Please RSVP by March 4 to Flo Trunk
parishoffice@stjamesah.org or 224-345-7200



Women's Day Retreat

"Where Faith Grows and Roots Deepen."

Create meaningful connections
with fellow women of our parish.

When: Saturday, April 25

Where: St. James Parish

Contact:

sjwomenswelcomecrhp@gmail.com



www.stjamesah.org/womensdayretreat/



Moms Plus 2026

Monthly meetups for moms and kids will take
place in the Teen Room in the church basement
on the second Friday of each month
9:00 - 11:00 a.m.

Spring Meetup Dates:

February 13, March 13, April 10, May 8

Join us for our **Evening Speaker Event**

February 26 from 6:30-8:30 PM

In the Teen Room (LL Church)

Alysa Clark

"Raising Servant-Hearted Kids"

Please contact Rachel Lucas or Mary Jo Elsey
to be added to our email list or for more
information
momsplus@stjamesah.org

PARISH OPPORTUNITIES

SERVE THE KING OF KINGS

Altar Server Training

Please scan the QR Code to learn more.



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PRINCETON HEIGHTS

stjamesoh.org/altar-server

From Rough Waters to Steady Ground

MEN'S WELCOME RETREAT

FEBRUARY 28-MARCH 1

Join the following parishioners as they share life stories:

Brian Guerre
Fred Konopasek
Marty Gallis
Steve Hartweck
Sean Walsh
Tom Hajdich
Dave Marcheschi
Tom Stengren



stjamesoh.org/mens-welcome/

OUR PRAYERS & INTENTIONS

Mass Intentions and Observances

Saturday, February 7

5:00 Patrick & Kevin Houlihan
Marcin Bukowski

Sunday, February 8 5th Sunday in Ordinary Time

7:00 Robert Lyman
8:30 Matt Lombardi
Gwendoline Cox
Irene & Julius Kopielski
James Smith
10:00 For the people of the parish
11:30 Angelo Anzalone
Sharon Wronski
Michael Dellamaria
5:00 Mark Anthony Baron
Roger Anthony Baron
Larry Theodore Baron
James Elden Baron

Monday, February 9

7:30 Gayle Pacelli
John F. Kordek

Tuesday, February 10 St. Scholastica

Wednesday, February 11 Our Lady of Lourdes

7:30 Mildred Kragh
Karen Marino

Thursday, February 12

7:30 Joyce Kochan
Richard Lescher

Saturday, February 14 Sts. Cyril and Methodius; Valentine's Day

7:30 Noreen M. Nordin
Meggan McDermott
Maureen Downes

In Loving Memory

Patricia Mrazek
Patricia Buckley

Please pray for our sick

Norine Naselli
Nicolas Leonardo
Andy Kaplan
Lucy Detlefsen
Melinda C.
Andrew Schnell
Barbara Reed
Barb Chidalek
Lucille Krajnik
Alice Blomquist
Therese McLoraine
Richard M.
Fenie Kho
Ashley Abraham
Mary Kirwan
Patricia Buckley

Readings for the week of February 9

Monday: 1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/Mk 6:53-56
Tuesday: 1 Kgs 8:22-23, 27-30/Ps 84:3-10, 11/Mk 7:1-13
Wednesday: 1 Kgs 10:1-10/Ps 37:5-40/Mk 7:14-23
Thursday: 1 Kgs 11:4-13/Ps 106:3-40/Mk 7:24-30
Friday: 1 Kgs 11:29-32; 12:19/Ps 81:10-15/Mk 7:31-37
Saturday: 1 Kgs 12:26-32; 13:33-34/Ps 106:6-22/Mk 8:1-10
Next Sunday: Sir 15:15-20/Ps 119:1-34/1 Cor 2:6-10/Mt 5:17-37

Celebrant Schedule February 14-15

5:00 Fr. Paul
7:00 Fr. Ed
8:30 Fr. Ed
10:00 Fr. Michael
11:30 Fr. Michael
5:00 Fr. Paul

Practicing Catholic

By Colleen Jurkiewicz Dorman

I want you to close your eyes and think of the greatest saint in history. It's going to be different for everyone. Just think of that person and answer the question: Why is he or she a great saint?

The greatest saints in history were not great at holiness. God brought holiness about within them because (ding ding ding! Here's the answer!) the greatest saints in history were great at being who they were meant to be. Not who they wanted to be. Not who they thought they should be. Who they were meant to be.

Simply put, they gave themselves to God. All of themselves. Flaws and all. And God took them, in their totality, and said: "Now watch this."

Just imagine if salt was ashamed of being salty. Imagine if it looked at the sodium content on its nutrition label and thought, "That's embarrassing," and decided it was going to stop being salt. Well, great. Now it's just a box of tiny rocks. Wouldn't it have been better for the salt to trust the baker using it?

There is a plan for each of us. There is a path to holiness for each of us. This path doesn't bypass our flaws or our weaknesses; it incorporates them. It transforms them. It fulfills them. So be salty. Be who you were meant to be.

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PARISH INFORMATION

DON'T FALL BEHIND

STAY CURRENT WITH THIS WEEK'S EVENTS
AND WHAT'S COMING UP AT ST. JAMES

SCAN HERE TO
JOIN OUR EMAIL LIST



PARISH GROUPS AND APOSTOLATES

Earth Shepherds provides opportunities to learn about the relationship between Scripture, Catholic Social Teaching and our responsibility to be stewards of God's Creation.
sjearthshepherds@gmail.com

Grief Support Group is about helping with your grief. Are you struggling with a loss? Having a hard time coping? We meet twice per month. Please email the address below for more details.
griefsupport@stjamesah.org

Jr. Ambassadors is a group for all children of St. James to practice their faith in service to others and as an example of our Catholic faith to everyone. Jr. Ambassadors act as representatives and promoters of our faith while learning about the Corporal and Spiritual Works of Mercy and Catholic Social Teaching.
kcoughlin@stjamesah.org

Loaves and Fishes provides lunches for those experiencing homelessness in Chicago's Uptown neighborhood.
stjameslandf@gmail.com

Men of St. James provides opportunities for Christian fellowship through social, spiritual and service activities for men of the parish at least 21 years of age.
msj@stjamesah.org

Mental Health Group provides support, education and awareness to our parish communities on issues related to mental health. Strives to provide resources of support, education and hope.
tsherva@gmail.com

Ministers of Care bring the Holy Eucharist to parishioners who are unable to leave their homes or are in care homes. Ministry volunteers must complete a mandatory training session and follow Archdiocesan guidelines.
ministryofcare@stjamesah.org

Moms Plus provides support and fellowship to Catholic moms. This group is part of Women of St. James.
momsplus@stjamesah.org

Mondays with Mary small group of men who pray the Rosary every Monday morning in the Teen Room at 7:00 a.m., then attend Mass together. New members are welcome. A remote option is available for those unable to attend in person.
mike_smigiel@msn.com

Over 50 Social Club provides social outings, speakers, and parties to any parishioner over the age of 50.
stecstan@sbcglobal.net

PADS Outreach provides safety, temporary shelter and services to the unhoused.
st.james.pads@gmail.com

Parish Pastoral Council serves as a representative body of the St. James parish community, guided by the Holy Spirit.
PPC@stjamesah.org

Peace & Justice educates the faithful on the Catholic social teachings, supports and complements parish ministries and empowers people to transform lives and society, both locally and globally. Meets the last Tuesday of each month.

Prayer Shawl Group creates a wide variety of shawls for anyone in need of prayers or blessings. We pray as we knit or crochet, and meet on the 3rd Sunday of each month to bless the fruits of our labors.
prayershawlministry@stjamesah.org

Respect Life strives to transform society into a Culture of Life where every human being is valued and protected from the moment of conception until natural death.
respectlife@stjamesah.org

Stepping Stones raises awareness, promotes understanding and prevents relational violence by educating communities and providing referrals to victims and survivors of emotional, financial, physical and sexual abuse. (IL Domestic Violence Helpline: 877-863-6338),
steppingstones@stjamesah.org

St. Vincent de Paul provides emergency, short-term financial help for anyone living within the parish boundaries. For information on volunteering for or using this service, call the Parish Office followed by x8517. All requests kept confidential.

The Table meets the second Sunday of each month after the 10:00 am Mass in the Teen Room (LL of the church). For anyone who is curious about the Catholic faith. This is a time to ask questions and engage in conversation with others.

Women of St. James provides support to Catholic women who are committed to growing and sharing their faith through sisterhood and service.
wosjministryleads@gmail.com

YOU MIGHT BE INTERESTED IN

Housing Request

A single individual is seeking a short-term room to rent, preferably with a private bathroom and access to a kitchen. Spanish-speaking hosts are preferred. If you have such a space available, please contact Father Ed Pelrine frpelrine@stjamesah.org or 224-345-7222.

Office Chairs Needed

The parish is looking for a matching set of 6–8 office chairs. If you can help or would like more information, please contact John Maher jmaher@stjamesah.org or 224-345-7207.

Retired Men Meeting

The Retired Men will meet in the Laramie Room in The Church basement on Wednesday, February 11 at 10 AM. We will learn about St. Thomas Aquinas. Bring your rosary. Happy New Year, Tom Adam (847-394-4731).

KNIGHTS OF COLUMBUS Friday Fish Frys

March 6, March 13, March 20, March 27

Dinner Buffet Served from 5:00– 7:30 PM
At the KC Hall, 15 N. Hickory Ave, Arlington Heights

Buffet includes: deep fried cod, baked cod, tater rounds, coleslaw, mostaccoli, cornbread, french bread and complimentary coffee.

Adults: \$17

Children 5 to 12 years: \$8

Children under 5 years: Free

Carryout \$15

Cash, Credit and Debit Cards Accepted

Proceeds support:

3/6 St.James, 3/13 Gerry's Café, 3/20
St. Edna, 3/27 Our Lady of the Wayside

The Knights Thank You for Your Support!

Looking for some fun on the golf course?



St. James Women's 9-hole Golf League

- Weekly Golfer or Sub.
- Fridays at Arlington Lakes Golf Course,
- May through September (8:00 am)
- Any level of golfer
- We offer A, B, C, and D divisions

Contact Mary Beth Pettenuzzo
pettenuzzofamily@gmail.com
847-542-0876

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Creation Care Corner



"Let us pray that, inspired by St. Francis, we might experience our interdependence with all creatures who are loved by God and worthy of love and respect." - Pope Leo XIV

The Year of St. Francis – Simplicity

Pope Leo proclaimed a special Jubilee Year of St. Francis of Assisi on the occasion of the 800th anniversary of his death. St. Francis reminds us of the timeless value of poverty and simplicity. By renouncing wealth and social prestige, he showed that freedom of heart is born of detachment from material goods. For today's person, living in a world of consumerism, this is an extremely timely invitation to moderation, responsible use of goods, and placing God and neighbor above material possessions: it is a matter of "being" more than "having."

In our time, when faith can be reduced to emotions, this attitude encourages consistency between faith and daily life, and witness given through actions rather than only words or feelings. His life was a response to indifference and selfishness—problems just as evident today.

Attribution: Vatican News -Fr. Marek Weresa

Be disciples of Christ

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SAINT JAMES PARISH
ARLINGTON HEIGHTS

Make disciples of Christ

MASS SCHEDULE

Daily Mass: Mon. - Sat. 7:30 a.m. | Mon. & Wed. 12:00 p.m.

Saturday 5:00 p.m. Praise & Worship Ensemble
Sunday 7:00 a.m. Cantor and Organ
Sunday 8:30 a.m. Traditional Choir & Organ
Sunday 10:00 a.m. Contemporary Choir
Sunday 11:30 a.m. Contemporary Choir
Sunday 5:00 p.m. Praise & Worship Ensemble

PARISH OFFICE HOURS

Monday - Friday 9:00 a.m. - 4:00 p.m.

ANOINTING OF THE SICK

Contact the Parish Office (224) 345-7200 as soon as possible when your loved one is dying or has just begun hospice. Please use extension 2 after hours. The Anointing of the Sick may be administered to those dying as well as those who are not dying but are dealing with serious illness, major surgery, or advanced age. (The Last Rites includes Anointing, as well as Confession and Communion.) A person may be anointed more than once if needed.

PARISH STAFF AND PERSONNEL

Rev. Edward J. Pelrine, Pastor
frpelrine@stjamesah.org • 224-345-7222

Rev. Paul Stein, Associate Pastor
frstein@stjamesah.org • 224-345-7215

Rev. Michael Grzesik, Associate Pastor
frgrzesik@stjamesah.org • 224-345-7201

Rev. Bill Zavaski, Pastor Emeritus

James Bannon (Laura), Deacon
jbannon@archchicago.org • 847-577-6328

Johnny Burnett (Susan), Deacon
jburnett@stjamesah.org • 847-707-3360

School Principal, Dr. Greg Scalia
principal@stjamesesschoolah.org • 224-345-7145

Director of Operations, John Maher
jmaher@stjamesah.org • 224-345-7207

Finance Director, Judith Mulvihill
jmulvihill@stjamesah.org • 224-345-7203

Assistant Finance Dir./VIRTUS Administrator, Katie Sowa
ksowa@stjamesah.org • 224-345-7239

Music & Liturgy Director, Tamaron Conseur
tconseur@stjamesah.org • 224-345-7204

Stewardship & Development Director, Julie Jacobson
jjacobson@stjamesah.org • 224-345-7212



SACRAMENTS & DEVOTIONS

BAPTISM - Please contact the Parish Office with a preferred date one month in advance.

MARRIAGE - At least six months prior to your wedding, please contact the Parish Office to set a date.

HOLY HOUR - Thursday 6:00 - 7:00 p.m. in the church for procession of the blessed sacrament, evening prayer, and rosary

FIRST FRIDAY - Devotion to the Sacred Heart after the 7:30 a.m. Mass on the first Friday of each month

CONFESSION - Thursdays at 6:00 pm & Saturdays at 8:00 am

THE ADORATION CHAPEL - Open to the public, M-F from 6:30 a.m. - 8:30 p.m. and Sat & Sun 6:30 a.m. - 6:30 p.m.
Or sign up for a time at adorationpro.org/jamesil

Religious Education Coordinator, Bethany Larson
blarson@stjamesah.org • 224-345-7152

High School Ministry Coordinator, Joshua Jones
jjones@stjamesah.org • 224-345-7214

Middle School Ministry Coordinator, Dora Mendoza
dmendoza@stjamesah.org

Director of Digital Evangelization, Aurelio Garcia
agarcia@stjamesah.org • 224-345-7218

Administrative Assistant, Carly White
cwhite@stjamesah.org • 224-345-7213

Campus Minister, Marisa Pollastrini
mpollastrini@stjamesah.org • 224-345-7223

FOCUS Parish Missionary, Matt Marcheschi
mmarcheschi@stjamesah.org • 224-345-7210

Reception & Front Desk, Flo Trunk
fttrunk@stjamesah.org • 224-345-7200

Open Doors Ministry Coordinator, Kathryn Coughlin
kcoughlin@stjamesah.org

Campus Maintenance Engineer, Mike Tomasiewicz
mtomasiewicz@stjamesah.org • 224-345-7200 ext. 6128

Print & Digital Communications Specialist, Natalie Conseur
nconseur@stjamesah.org • 224-345-7217

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2 Corinthians 5:7

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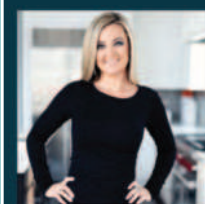


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"If only I had had a spiritual director from the beginning, then I would not have wasted so many of God's graces."
-St. Faustina

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