



SAINT JAMES PARISH

ARLINGTON HEIGHTS



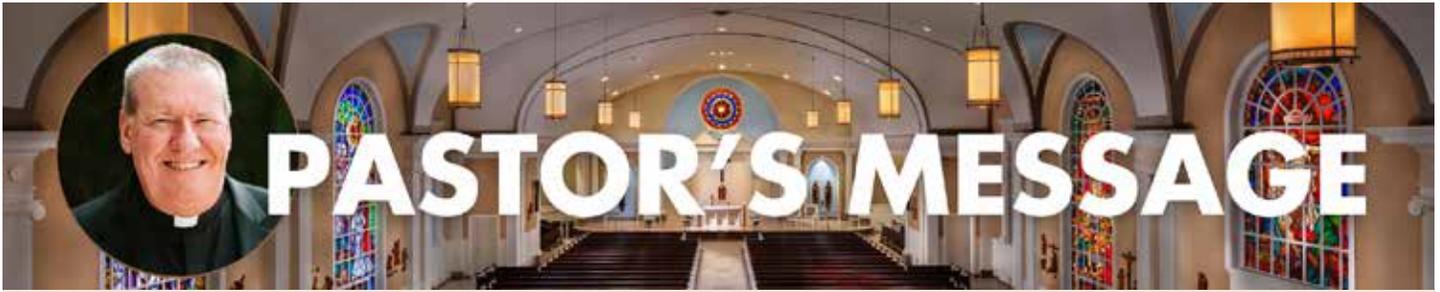
"THIS IS MY
**BELOVED
SON**

WITH WHOM I AM
WELL PLEASED;
LISTEN TO HIM."

MARCH 1
2026

In This Issue...

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Today's Readings

First Reading

God calls Abram to leave his homeland, promising blessing, a great nation, and worldwide blessing through his faithful obedience.

Genesis 12:1-4a

Second Reading

Share in suffering for the gospel; God saved us by grace in Christ, who destroyed death and revealed life and immortality.

2 Timothy 1:8b-10

Gospel

Jesus is transfigured before Peter, James, and John; His divine glory is revealed, the Father affirms Him, and the disciples are urged to listen.

Matthew 17:1-9

Dear Friends,

In the striking account of the Transfiguration of Jesus, the apostles Peter, James and John receive the grace of the revelation of Christ's glory, a foretaste of Jesus' glorification in the Resurrection. Jesus is on his way to Jerusalem when this miraculous event takes place on Mount Tabor. He knows what is to come: his final entry into the Holy City, the Last Supper with his apostles, his arrest and trial, his Passion (suffering) on the Cross, his death and resurrection. Is he strengthening the apostles for what is to come? Reminding them of the glory that will follow his terrible suffering?

It is significant that Moses and Elijah appear with Jesus, and Peter offers to erect three tents, one each for Jesus, Moses and Elijah. St. Jerome wrote that Peter seemed to be inappropriately placing the three on equal footing – comparing the two servants, Moses and Elijah, with the one Lord, but not out of wickedness. St. Jerome says that rather than construct a physical dwelling, we are to prepare a tabernacle for the Lord in the inner sanctum of our heart. Our increased prayer and fasting during Lent are meant to enable us to prepare this inner tabernacle of the heart – a place where the Lord can rest within us. This is the Lord who revealed himself to the apostles in his true divinity without losing his humanity. This is the Lord who comes to us on the altar as he makes his loving self-sacrifice present in the Mass.

Congratulations to our parishioner Shane Smith who was awarded the Heart of Gold Young Champion Award Sunday by the Village of Arlington Heights. Shane is a 2023 graduate of St. James School and a current junior at St. Viator High School. He is the son of parishioners Sean and Grace Smith. The Smith Family have been faithful supporters of the parish over the years.

Our OCIA class of 2026 were presented Sunday evening at Holy Name Cathedral to Auxiliary Bishop Robert Lombardo at the Rite of Election. They have been preparing for months for entrance into the Catholic Church or completion of the sacraments of Confirmation and Holy Communion. Please keep them in your prayers during their final weeks of formation and preparation.

Catechumens: Gunnar Higdon and Nathan Stalter (Baptism, Confirmation and First Communion)

Candidates for Full Communion in the Catholic Church: Joshua Jennings, Eric Juul, Sabrina Kimball, Richard Needham, Kerly Nivela, Ellen Slawny, and Preston Williams (Confirmation and First Communion)

Catholics completing initiation: James Bradford, Laura Cohen, Dana Homa, Maria Ortiz, and Eric Tiscareno (Confirmation)

God bless you,

Fr. Ed

Lenten Regulations

FASTING: Catholics ages 18–59 are required to fast on Ash Wednesday and Good Friday. Fasting means eating one full meal and two smaller meals that don't add up to a full meal. Snacking between meals is not allowed

ABSTINENCE: Catholics ages 14 and older are required to abstain from meat on Ash Wednesday and all Fridays of Lent.

COMING UP FOR LENT

JOIN US THIS LENT TO DEEPEN YOUR PRAYER LIFE.



BUILDING A *Culture of* MARCH 14-16 *Prayer*

Saturday-Monday
6:30-8:00 p.m.

Hallow

SAINT JAMES PARISH
ARLINGTON HEIGHTS



www.stjamesah.org/hallowparishmission

A Special Message

The Little Sisters of the Poor from St. Joseph's Home for the Aged in Palatine will be at the Masses at St. James on the weekend of February 28th and March 1st to share information about their mission.

Sisters welcome the neediest elderly, regardless of race or religion, as they would welcome Christ himself, and care for them as family until the moment when Our Lord calls them to himself. There will be a second collection for St. Joseph's Home as well. Visit their website to read more, make a donation, or submit a prayer request, which will go directly to a sister.



littlesistersofthepoorpalatine.org

Lent Observances

Additional Daily Mass
Monday - Friday during Lent
12:00 pm
in the church

Stations of the Cross
Fridays during Lent
7:00 pm
in the church

SAINT JAMES PARISH
ARLINGTON HEIGHTS

LENTEN OPPORTUNITIES

This Lent Be

Forgiven

Extra Dates for Confession:

Monday, March 23 at 7 pm - Our Lady of the Wayside, A.H.

Tuesday, March 24 at 3 pm - St. Edna, A.H.

Wednesday, March 25 at 7pm - St. Mary, B.G.



not sure how to go to confession?
← scan here for a guide

bit.ly/confession-guidebook



...MAY GOD GIVE YOU
PARDON AND PEACE,
AND I ABSOLVE YOU
FROM YOUR SINS...

O.C.I.A.

Order of Christian Initiation of Adults

Join us in praying for the following individuals who are preparing to join the church at Easter:

LAURA COHEN
GUNNAR HIGDON
DANA HOMA
ERIC JUUL
SABRINA KIMBALL
KARALIN MCDONALD
RICHARD NEEDHAM
KERLY NIVELA
MARIA ORTIZ
ELLEN SLAWNY
NATHAN STALTER
ERIK TISCARENO
PRESTON WILLIAMS



 SAINT JAMES PARISH
ARLINGTON HEIGHTS

UPCOMING EVENTS

Spring Senior Luncheon



Wednesday, March 11 at 11am-1pm
in the Laramie Room

Presenter - Jason Whittington
Topic - Fall Prevention: Aging In Place Safely

Please RSVP by March 4 to Flo Trunk
parishoffice@stjamesah.org or 224-345-7200



Fish Fry Fundraiser

AT THE KNIGHTS OF COLUMBUS' HALL
5 N. Hickory Ave, Arlington Heights

Friday, March 6 • 5:00-7:30 p.m.

We invite the entire parish to join us at the Knights of Columbus
Fish Fry. Proceeds will benefit St. James Church & School.



This event is a service opportunity for our teens!



stjamesah.org/life-teen-lent-service-outing/



Knights of
Columbus®



SAINT JAMES PARISH
ARLINGTON HEIGHTS

SACRED SOUNDS CONCERT

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and beauty.

sacred sounds
concert series

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VERDI Requiem



FREE CONCERT IN THE CHURCH

March 12 • 7:00 PM

STJAMESAH.ORG/SACRED-SOUNDS

 SAINT JAMES PARISH
ARLINGTON HEIGHTS



Easter Remembrances

Donate to Remember Loved Ones

If you would like to create a tangible remembrance of a loved one, you are invited to help fund the Easter season décor in the church. A donation of \$25 per remembrance would be appreciated. Contributions received by Friday, March 20 will have their names printed in the Easter bulletin.

Scan the QR code or visit stjamesah.org/easter-remembrances to request and donate.



Call the Parish Office with any questions.

Moms Plus

2026

Next Meet Up

Friday, March 13

In the Teen Room (LL Church)

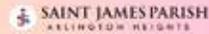
9:00 - 11:00 a.m.

Monthly meetups for moms and kids take place in the Teen Room in the church basement on the second Friday of each month.

More Spring Meetup Dates:

April 10 & May 8

Please contact Rachel Lucas or Mary Jo Elsey to be added to our email list or for more information
momsplus@stjamesah.org



TICKETS AND INFO HERE!

LADIES NIGHT OUT INVITES YOU TO A NIGHT IN OF FUN AND FUNDRAISING TO SUPPORT OUR ST. JAMES SCHOOL BULLDOGS!



PJ's and Prosecco

ALL LADIES ARE WELCOME!

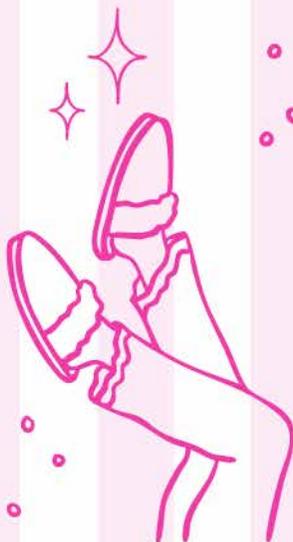
SATURDAY MARCH 7, 7PM

ST. JAMES GYM

IF YOU CAN'T MAKE THE EVENT, YOU CAN STILL PURCHASE GRAND PRIZE RAFFLE TICKETS!

GETAWAY TO KOHLER WISCONSIN

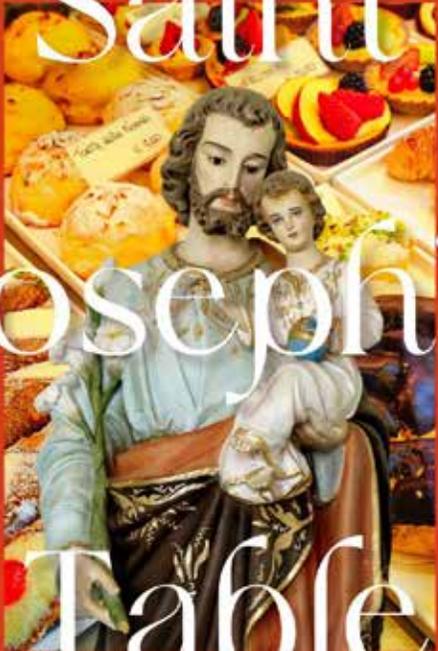
ENJOY DELUXE ROOM ACCOMMODATIONS FOR TWO NIGHTS AT THE AMERICAN CLUB AND A \$500 GIFTCARD TO USE AT THE SPA, GOLF OR DINING.



UPCOMING EVENTS

POTLUCK
LUNCH

Saint Joseph's Table



MARCH 19
AFTER NOON
MASS

IN THE
LARAMIE
ROOM

 SAINT JAMES PARISH
ARLINGTON HEIGHTS



June 8- 19, 2026

9:00am - 2:00pm Monday - Friday

The Summer Intensive Program is offered as an alternative to the traditional Tuesday night program held during the school year. This program is for students in grades 3-5 who have already made the sacraments of Reconciliation and First Holy Communion. Each week we will spend time building community, learning about our faith and practicing our faith in service to others. We will have time for fun summer activities, while fostering spiritual growth through interactive lessons and opportunities for prayer.

Registration opens April 1st!

 SAINT JAMES PARISH
RELIGIOUS EDUCATION

Save the Date Summer Intensive



Contact: blarson@stjamesah.org

PARISH NEWS

Mondays with Mary

Pray

with us

Open to all men at 7:00 am every Monday in the Teen Room.

Absolutely no rosary experience is needed, rosaries and 'crib sheets' will be available.

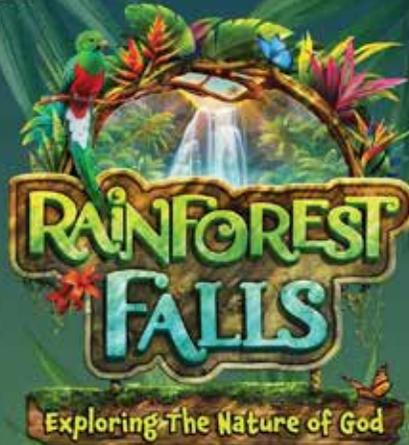


VOLUNTEER!!

ST. JAMES VBS 2026

Volunteers Needed:

- Crew Leader
- Crafts
- Bible
- Games



JUNE 8-11

8:30am-12:15pm

Contact Kathryn Coughlin for more info
stjamesvbs@stjamesah.org



OUR PRAYERS & INTENTIONS

Mass Intentions and Observances

Saturday, February 28

5:00 Marcin Bukowski
Mary Jean Wendell
Kevin & Patrick Houlihan
Giuseppe Aiello

Sunday, March 1 Second Sunday of Lent

7:00 Ed Hoover
Carl DeLio
10:00 Margaret Coyle
John Vincent
Michael Lynch (11th Anniv.)
11:30 Christine Watson
5:00 Mark Anthony Baron
Roger Anthony Baron
Larry Theodore Baron
James Elden Baron

Monday, March 2

7:30 Helen Kowalski
John F. Kordek
William Allen
12:00 Mary Gorman Siebes

Tuesday, March 3 St. Katharine Drexel

7:30 Joseph Mariano
Dorothy Firnbach
Paul & Linnae Luehrs
12:00 Gaspare Conte
Giuseppa Bonanno

Wednesday, March 4 St. Casimir

7:30 Dr. Ricardo Cruz
12:00 Patricia Gorey

Thursday, March 5

7:30 Alois "Lou" Simeth
12:00 Barb Murphy

Friday, March 6

7:30 Fr. Edward Pelrine*
Fr. Paul Stein*
Fr. Michael Grzesik*
Ann McCabe*
Helena Jochaniewicz
12:00 For the people of the parish

Saturday, March 7 Sts. Perpetua and Felicity

7:30 Catherine Baxter Wochos

In Loving Memory

Janet Cerek
Christine Watson

Please pray for our sick

Nicolas Leonardo
Andy Kaplan
Lucy Detlefsen
Evelyn Mutzabaugh
Owen P.

Wedding Banns

I. Robert Meskan and Donna Meskan

Recent Baptisms

McKenna Marie Wheeler, child of
David Wheeler and Mary (Jamieson) Wheeler

Adaline Marie Maggiore, child of
Nicholas Maggiore and Andrea (Barr) Maggiore

Collins Roddick Olson, child of
Michael Olson and Smantha (Volk) Olson

Readings for the week of March 2

Monday: Dn 9:4b-10/Ps 79:8, 9, 11 and 13/Lk 6:36-38
Tuesday: Is 1:10, 16-20/Ps 50:8-23/Mt 23:1-12
Wednesday: Jer 18:18-20/Ps 31:5-6, 14, 15-16/Mt 20:17-28
Thursday: Jer 17:5-10/Ps 1:1-2, 3, 4 and 6/Lk 16:19-31
Friday: Gn 37:3-28/Ps 105:16-21/Mt 21:33-43, 45-46
Saturday: Mi 7:14-15, 18-20/Ps 103:1-12/Lk 15:1-3, 11-32
Next Sunday: Ex 17:3-7/Ps 95:1-9/Rom 5:1-2, 5-8/Jn 4:5-42

Celebrant Schedule March 7-8

5:00 Fr. Paul
7:00 Fr. Ed
8:30 Fr. Ed
10:00 Fr. Michael
11:30 Fr. Michael
5:00 Fr. Paul

*Indicates Living



PARISH INFORMATION

Thank you, St. James Community, for your contributions during January, 2026

Sunday Collections →	Budgeted	Actual	Variance
	\$205,664.00	\$232,396.45	\$26,732.45
		<i>Envelopes: \$219,550.93</i>	
		<i>Online Giving: \$12,845.52</i>	
Holy Day Collection →	Budgeted	Actual	Variance
	\$3,000.00	\$2,782.00	\$(218.00)

PARISH GROUPS AND APOSTOLATES

Earth Shepherds provides opportunities to learn about the relationship between Scripture, Catholic Social Teaching and our responsibility to be stewards of God's Creation. sjearthshepherds@gmail.com

Grief Support Group is about helping with your grief. Are you struggling with a loss? Having a hard time coping? We meet twice per month. Please email the address below for more details. griefsupport@stjamesah.org

Jr. Ambassadors is a group for all children of St. James to practice their faith in service to others and as an example of our Catholic faith to everyone. Jr. Ambassadors act as representatives and promoters of our faith while learning about the Corporal and Spiritual Works of Mercy and Catholic Social Teaching. kcoughlin@stjamesah.org

Loaves and Fishes provides lunches for those experiencing homelessness in Chicago's Uptown neighborhood. stjameslandf@gmail.com

Men of St. James provides opportunities for Christian fellowship through social, spiritual and service activities for men of the parish at least 21 years of age. msj@stjamesah.org

Mental Health Group provides support, education and awareness to our parish communities on issues related to mental health. Strives to provide resources of support, education and hope. tsherva@gmail.com

Ministers of Care bring the Holy Eucharist to parishioners who are unable to leave their homes or are in care homes. Ministry volunteers must complete a mandatory training session and follow Archdiocesan guidelines. ministryofcare@stjamesah.org

Moms Plus provides support and fellowship to Catholic moms. This group is part of Women of St. James. momsplus@stjamesah.org

Over 50 Social Club provides social outings, speakers, and parties to any parishioner over the age of 50. stecstan@sbcglobal.net

PADS Outreach provides safety, temporary shelter and services to the unhoused. st.james.pads@gmail.com

Parish Pastoral Council serves as a representative body of the St. James parish community, guided by the Holy Spirit. PPC@stjamesah.org

Peace & Justice educates the faithful on the Catholic social teachings, supports and complements parish ministries and empowers people to transform lives and society, both locally and globally. Meets the last Tuesday of each month.

Prayer Shawl Group creates a wide variety of shawls for anyone in need of prayers or blessings. We pray as we knit or crochet, and meet on the 3rd Sunday of each month to bless the fruits of our labors. prayershawlministry@stjamesah.org

Respect Life strives to transform society into a Culture of Life where every human being is valued and protected from the moment of conception until natural death. respectlife@stjamesah.org

Stepping Stones raises awareness, promotes understanding and prevents relational violence by educating communities and providing referrals to victims and survivors of emotional, financial, physical and sexual abuse. (IL Domestic Violence Helpline: 877-863-6338), steppingstones@stjamesah.org

St. Vincent de Paul provides emergency, short-term financial help for anyone living within the parish boundaries. For information on volunteering for or using this service, call the Parish Office followed by x8517. All requests kept confidential.

The Table meets the second Sunday of each month after the 10:00 am Mass in the Teen Room (LL of the church). For anyone who is curious about the Catholic faith. This is a time to ask questions and engage in conversation with others.

Women of St. James provides support to Catholic women who are committed to growing and sharing their faith through sisterhood and service. wosjministryleads@gmail.com



Please Note:
EARLY DEADLINES
For the Bulletin

HOLIDAY	DATE	DEADLINE
Palm Sunday	3/29 issue	Friday, 3/20
Easter	4/5 issue	Tuesday, 3/24

Please email all bulletin requests to Natalie Conseur.

YOU MIGHT BE INTERESTED IN

Men's Golf League

If you enjoy golf and are looking to meet other men in the parish, then the Men's Golf League is for you!

The guys play on Tuesday afternoons at the Buffalo Grove Golf Club. The league starts on April 14 wraps up on August 25.

For more information, please reach out to either Chris Perkins at chris.perkins@arwlgc.com or Chuck Frankiewicz at cfrankiewicz@comcast.net.



Coming July 2026!
St. James Theatre
presents
Seussical™
Auditions April 2026
visit www.stjamestheatre.org for more information!

The graphic features a vibrant, colorful scene with a red and white striped hat (the Cat in the Hat) floating in the air. The background is a bright blue sky with white clouds, a green landscape with various colorful trees (red, yellow, pink, orange), and a small blue bird flying in the sky. The text is in a playful, rounded font.

Women's Day Retreat

"Where Faith Grows and Roots Deepen."

Create meaningful connections
with fellow women of our parish.

When: Saturday, April 25

Where: St. James Parish

Contact:

sjwomenswelcomechp@gmail.com



www.stjamesah.org/womensdayretreat/

SAINT JAMES PARISH
ARLINGTON HEIGHTS, ILLINOIS

Meeting Mental Health with Grace

A mental health ministry
through St. James, St. Edna &
Our Lady of the Wayside

Join us this Lent

Mental Health Focused Stations of the Cross

Friday, February 27th at 7PM
2 locations:

- St. Edna
- Our Lady of the Wayside

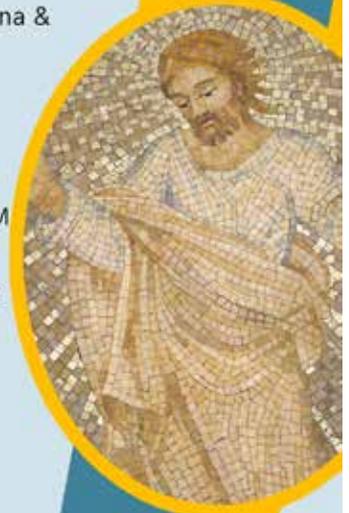
Grace Prayer Circle:

Wednesday, March 4th
St. James School Chapel

Join us for scripture,
songs, reflection & prayer
supporting people with
mental illness and their
families.

Looking for resources?

stjamesah.org/mentalhealthresources/



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of Christ

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www.stjamesah.org

 SAINT JAMES PARISH
ARLINGTON HEIGHTS

Make
disciples
of Christ

LENTEN MASS SCHEDULE

Daily Mass: Mon. - Fri. 7:30 a.m. & Noon | Sat. 7:30 a.m.

Saturday 5:00 p.m. Praise & Worship Ensemble
Sunday 7:00 a.m. Cantor and Organ
Sunday 8:30 a.m. Traditional Choir & Organ
Sunday 10:00 a.m. Contemporary Choir
Sunday 11:30 a.m. Contemporary Choir
Sunday 5:00 p.m. Praise & Worship Ensemble

PARISH OFFICE HOURS

Monday - Friday 9:00 a.m. - 4:00 p.m.

ANOINTING OF THE SICK

Contact the Parish Office (224) 345-7200 as soon as possible when your loved one is dying or has just begun hospice. Please use extension 2 after hours. The Anointing of the Sick may be administered to those dying as well as those who are not dying but are dealing with serious illness, major surgery, or advanced age. (The Last Rites includes Anointing, as well as Confession and Communion.) A person may be anointed more than once if needed.

PARISH STAFF AND PERSONNEL

Rev. Edward J. Pelrine, Pastor
frpelrine@stjamesah.org • 224-345-7222

Rev. Paul Stein, Associate Pastor
frstein@stjamesah.org • 224-345-7215

Rev. Michael Grzesik, Associate Pastor
frgrzesik@stjamesah.org • 224-345-7201

Rev. William Zavaski, Pastor Emeritus

James Bannon (Laura), Deacon
jbannon@archchicago.org • 847-577-6328

Johnny Burnett (Susan), Deacon
jburnett@stjamesah.org • 847-707-3360

School Principal, Dr. Greg Scalia
principal@stjamesah.org • 224-345-7145

Director of Operations, John Maher
jmaher@stjamesah.org • 224-345-7207

Stewardship & Development Director, Julie Jacobson
jjacobson@stjamesah.org • 224-345-7212

Director of Music & Liturgy, Taron Conseur
tconseur@stjamesah.org • 224-345-7204

Assistant Director of Music, Dr. Leah Kang
lkang@stjamesah.org • 224-345-7221

Finance Director, Judith Mulvihill
jmulvihill@stjamesah.org • 224-345-7203

Campus Maintenance Engineer, Mike Tomaszewicz
mtomaszewicz@stjamesah.org • 224-345-7200 ext. 6128



SACRAMENTS & DEVOTIONS

BAPTISM - Please contact the Parish Office with a preferred date one month in advance.

MARRIAGE - At least six months prior to your wedding, please contact the Parish Office to set a date.

HOLY HOUR - Thursday 6:00 - 7:00 p.m. in the church for procession of the blessed sacrament, evening prayer, and rosary

FIRST FRIDAY - Devotion to the Sacred Heart after the 7:30 a.m. Mass on the first Friday of each month

CONFESSION - Thursdays at 6:00 pm & Saturdays at 8:00 am

THE ADORATION CHAPEL - Open to the public, M-F from 6:30 a.m. - 8:30 p.m. and Sat & Sun 6:30 a.m. - 6:30 p.m. Or sign up for a time at adorationpro.org/jamesil

Director of Digital Evangelization, Aurelio Garcia
agarcia@stjamesah.org • 224-345-7218

Religious Education Coordinator, Bethany Larson
blarson@stjamesah.org • 224-345-7152

High School Ministry Coordinator, Joshua Jones
jjones@stjamesah.org • 224-345-7214

Middle School Ministry Coordinator, Dora Mendoza
dmendoza@stjamesah.org

Administrative Assistant, Carly White
cwhite@stjamesah.org • 224-345-7213

Campus Minister, Marisa Pollastrini
mpollastrini@stjamesah.org • 224-345-7223

FOCUS Parish Missionary, Matt Marcheschi
mmarcheschi@stjamesah.org • 224-345-7210

Assistant Finance Dir./VIRTUS Administrator, Katie Sowa
ksowa@stjamesah.org • 224-345-7239

Reception & Front Desk, Flo Trunk
ftrunk@stjamesah.org • 224-345-7200

Print & Digital Communications Specialist, Natalie Conseur
nconseur@stjamesah.org • 224-345-7217

Sacramental Records, Patty Reilly
preilly@stjamesah.org

Open Doors Ministry Coordinator, Kathryn Coughlin
kcoughlin@stjamesah.org

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Dr. Ernest Costello and his family are Parishioners of St. James Catholic Church

i live by faith.
2 Corinthians 5:7

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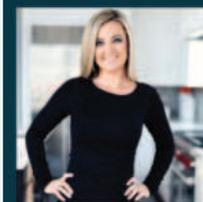
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