



# SAINT JAMES PARISH

## ARLINGTON HEIGHTS



Mrs. Conseur took a group of advanced singers from the St. James Parish Youth Choir to Holy Name Cathedral on February 28 for the annual Pueri Cantores Festival. They combined with more than 200 other young singers from the Midwest to rehearse and present choral music for the evening Mass celebrated by Bishop O'Malley. The St. James Parish Youth Choir is open to singers in grade 2-8 from any local school.



# pueri cantores

## Festival

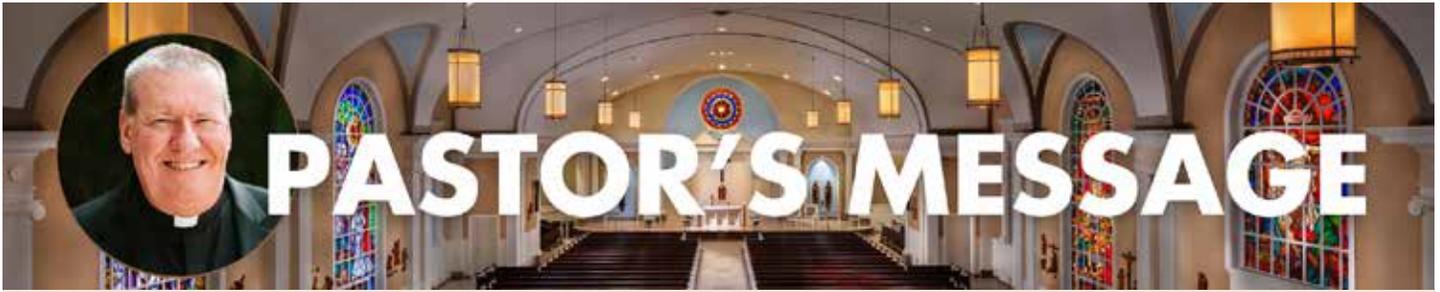
### Feb. 28



**MARCH 8**  
**2026**

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## Today's Readings

### First Reading

The people complain of thirst; God provides water from the rock, revealing His presence despite their doubt.

*Exodus 17:3-7*

### Second Reading

Justified by faith, we have peace with God; His love, poured out through the Spirit, is proven by Christ's death for sinners.

*Romans 5:1-2, 5-8*

### Gospel

Jesus meets a Samaritan woman, offers living water, reveals Himself as Messiah, and through her testimony many believe and confess Him Savior of the world.

*John 4:5-42*

Dear Friends,

The account of the woman at the well tells a remarkable story of a foreign (Samaritan) woman who has a life-changing encounter with Jesus at Jacob's well. The woman, who has a long history of promiscuity has no illusions about herself. Ephrem the Syrian, one of the Fathers of the Church, wrote that "Our Lord came to the fountain of water like a hunter. He asked for water so that he might give water... He asked a request of the woman so that he might teach her and that she in turn might make a request of him. He asked for water and then gave a promise concerning the water of life."

Maximus the Confessor wrote of this Samaritan woman, "she who had come as a sinner goes back as a proclaimer, and she who left her pitcher behind brought back the fullness of Christ. For even if she did not bring water to the townspeople, still she brought in the source of salvation. Sanctified by faith in Christ, the woman goes back home."

This powerful encounter illustrates beautifully what conversion can look like. The woman is open to meeting the Lord, but it is the Lord who initiates the encounter. She is utterly changed by this encounter with Jesus. The once outcast sinner becomes the proclaimer of the Good News. This is what the Lord

desires for each of us - that we receive the living water which flows from him and be made new by it. Our presence at Mass every week, or even every day, is fruitful. Joining in the sacrifice of Jesus, hearing the Word of God, partaking of the Sacrament – these bear fruit in us over time. The Lord is real, his word living and effective, his Sacrament efficacious.

Our Parish Lenten Mission will take place next weekend, Saturday, Sunday and Monday, March 14, 15 and 16. Please come each evening at 6:30 p.m. for this focused effort of evangelization and spiritual renewal. Speaker Sean Hussey will be our presenter, and he will address the many aspects of why we pray, how to pray and how to make prayer a part of your daily life. I hope to see you then!

God bless you,

Fr. Ed



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### Men's Welcome Retreat - a Word of Thanks

Thank you to all who prayed for the success of last weekend's retreat. Your prayers were heard! The forty or so men who participated as givers or receivers did encounter Christ and experience the Holy Spirit.

## MARCH EVENTS

Experience the  
drama and beauty.

# VERDI Requiem

FREE CONCERT IN THE CHURCH

March 12 • 7:00 PM

sacred sounds  
*concert* series

 SAINT JAMES PARISH  
ARLINGTON HEIGHTS

JOIN US THIS LENT TO DEEPEN YOUR PRAYER LIFE.



BUILDING A

*Culture of*

MARCH 14-16

*Prayer*

Saturday-Monday

6:30-8:00 p.m.

**Hallow**

 SAINT JAMES PARISH  
ARLINGTON HEIGHTS



[www.stjamesah.org/hallowparishmission](http://www.stjamesah.org/hallowparishmission)

## HOLY WEEK & EASTER SCHEDULE

# HOLY WEEK AND EASTER

### **Holy Thursday: April 2**

Triduum Morning Prayer, 7:30 a.m.  
Mass of the Lord's Supper, 7:30 p.m.

### **Good Friday: April 3**

Triduum Morning Prayer, 7:30 a.m.  
Traditional Stations, 12:00 p.m.  
Liturgy of the Lord's Passion, 3:00 p.m.  
Good Friday Taizé and Veneration, 7:30 p.m.

### **Holy Saturday: April 4**

Triduum Morning Prayer, 7:30 a.m.  
Blessing of Easter Baskets, 12:00 p.m.  
Easter Vigil, 7:30 p.m. (reception to follow)

### **Easter Sunday: April 5**

In the Church:	In the Parish Center:
8:00 a.m. Mass	8:15 a.m. Mass
10:00 a.m. Mass	10:15 a.m. Mass
12:00 p.m. Mass	



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## UPCOMING EVENTS

### Family TAIZÉ PRAYER

Join us for an evening of meditative prayer designed for families. Taizé prayer uses song, scripture and candlelight to help us move our prayer from our head to our heart.

Tuesday, March 17  
in the church  
6:00 p.m. - 6:30 p.m.

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### Lent Observances

Additional Daily Mass  
Monday - Friday during Lent  
12:00 pm  
in the church

Stations of the Cross  
Fridays during Lent  
4:00 pm &  
7:00 pm  
in the church

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St. James Church & School Present the Annual  
Blessing of Easter Baskets and

## Easter EGG HUNT

For walkers-3<sup>rd</sup> grade

Register by  
April 1



Bring a family Easter basket to be blessed and  
share that basket as a family on Easter.

Please bring non-perishable  
food items to be blessed  
and donated to the  
Wheeling Township Food Pantry.

SATURDAY, APRIL 4

12:00 -12:15 p.m. Blessing of baskets in the church

12:15 -1:30 p.m. egg hunt & pictures with the bunny

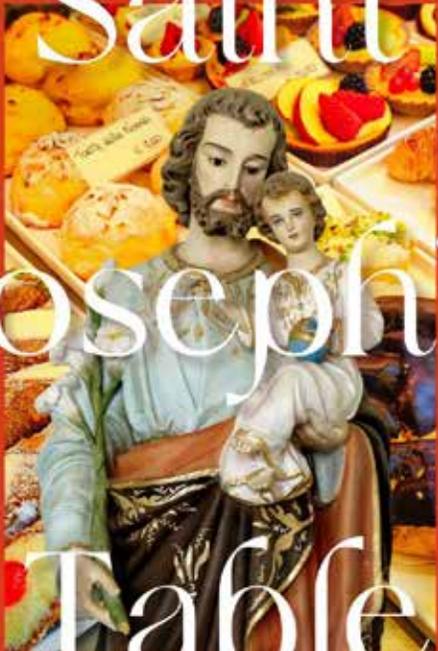
Location: south grass adjacent to the church parking lot

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## UPCOMING PARISH EVENTS

POTLUCK  
LUNCH

# Saint Joseph's Table



MARCH 19  
AFTER NOON  
MASS

IN THE  
LARAMIE  
ROOM

 SAINT JAMES PARISH  
ARLINGTON HEIGHTS

This Lent Be

# Forgiven

### Extra Dates for Confession:

Monday, March 23 at 7 pm - Our Lady of the Wayside, A.H.

Tuesday, March 24 at 3 pm - St. Edna, A.H.

Wednesday, March 25 at 7pm - St. Mary, B.G.



not sure how to go to confession?

← scan here for a guide

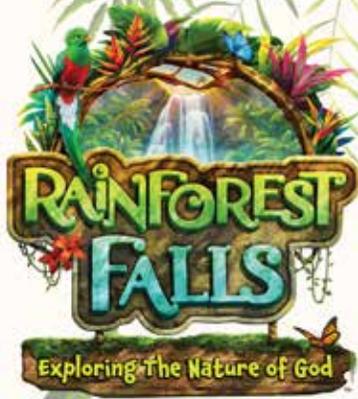
[bit.ly/confession-guidebook](http://bit.ly/confession-guidebook)



...MAY GOD GIVE YOU  
PARDON AND PEACE,  
AND I ABSOLVE YOU  
FROM YOUR SINS...

## UPCOMING PARISH EVENTS

**save the date**  
ST. JAMES VBS 2026



**JUNE 8-11**  
9:00am-12:00pm

**JUNE 12 - family picnic**  
5:30pm - 7:30pm

**REGISTER**  
**APRIL 1**  
Cost: \$75

Contact Kathryn Coughlin  
for more info  
[stjamesvbs@stjamesah.org](mailto:stjamesvbs@stjamesah.org)

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### Retired Men Meeting



Retired Men's meeting Wednesday, March 11 in the Senior/Teen room at a new time 9:30 AM so some of us can attend the Senior Luncheon. We will learn about St. Catherine of Siena.  
Tom Adam (847)397-4731

04.03.26 | 7:30PM

GOOD FRIDAY EVENING

# TAIZÉ SERVICE

INVITE      IGNITE      PRAY

a night of song, prayer, candlelight and  
veneration of the cross



STJAMESAH.ORG/NT

## Litany of Women for the Church

### Recognizing the contributions of women to our Catholic faith

Dear God, creator of women in your own image, born of a woman in the midst of a world half women, carried by women to mission fields around the globe, made known by women to all the children of the earth, give to the women of our time the strength to persevere, the courage to speak out, the faith to believe in you beyond all systems and institutions so that your face on earth may be seen in all its beauty, so that men and women become whole, so that the church may be converted to your will in everything and in all ways.

We call on the holy women who went before us, channels of Your Word in testaments old and new, to intercede for us so that we might be given the grace to become what they have been for the honor and glory of God.

Saint Esther, who pleaded against power for the liberation of the people, Pray for us.

Saint Judith, who routed the plans of men and saved the community,

Saint Deborah, laywoman and judge, who led the people of God,

Saint Elizabeth of Judea, who recognized the value of another woman,

Saint Mary Magdalene, minister of Jesus, the first evangelist of the Christ,

Saint Scholastica, who taught her brother Benedict to honor the spirit above the system,

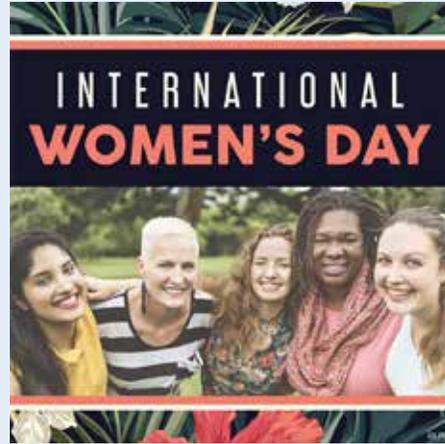
Saint Hildegard, who suffered interdict for the doing of right,

Saint Joan of Arc, who put no law above the law of God,

Saint Clare of Assisi, who confronted the pope with the image of woman as equal,

Saint Julian of Norwich, who proclaimed for all of us the motherhood of God,

Saint Thérèse of Lisieux, who knew the call to priesthood in herself,



Saint Catherine of Siena, to whom the pope listened, Saint Teresa of Avila, who brought women's gifts to the reform of the church,

Saint Edith Stein, who brought fearlessness to faith, Saint Elizabeth Seton, who broke down boundaries between lay women and religious by wedding motherhood and religious life,

Saint Dorothy Day, who led the church in a new sense of justice,

Mary, mother of Jesus, who heard the call of God and answered,

Mary, mother of Jesus, who drew strength from the woman Elizabeth,

Mary, mother of Jesus, who underwent hardship bearing Christ,

Mary, mother of Jesus, who ministered at Cana,

Mary, mother of Jesus, inspirited at Pentecost,

Mary, mother of Jesus, who turned the Spirit of God into the body and blood of Christ, pray for us. Amen.

*By Joan Chittister, OSB*

*Used with permission of the author*

*Joan Chittister, OSB*

*joanchittister.org*

### **Everyone deserves to be in safe, healthy relationships.**

If you, or someone you know, may be in an abusive relationship, a path to safety exists. Get help. National Domestic Violence Hotline 800-799-SAFE. - St. James Stepping Stones Ministry

# PARISH NEWS

A group of families from our parish visited Feed My Starving Children on February 27 and 28.



...d with the poor."  
- Proverbs 17:9

Number of boxes: 122!  
Meals: 26,352  
Kids fed a daily meal for a year: 72!  
Cost: \$7,842



Over two days, St. James brought 100 people to pack nutritious meals for children around the world.

We packed 47,520 meals!



Boxes: 95  
Meals: 21,168  
Kids fed a daily meal for a year: 58  
Cost: \$6,138.72



# OUR PRAYERS & INTENTIONS

## Mass Intentions and Observances

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### Saturday, March 7

5:00 Irene & Julius Kopielski  
Kevin & Patrick Houlihan

### Sunday, March 8 3rd Sunday of Lent

7:00 For the people of the parish  
8:30 Maureen Joyce  
10:00 John Vincent  
Aloisio Chiovari  
Bob & Andy Jarosz  
Michael Kane  
11:30 Dominic Farry  
5:00 Angela & Cono Abbate

### Monday, March 9 St. Frances of Rome

7:30 Patrick Kett  
John F. Kordek  
12:00 For the people of the parish

### Tuesday, March 10

7:30 John Roth (20th Anniv.)  
Laura Coda  
James J. McGrath  
Carol & Lloyd Benjamin  
Don Murray  
Ida Novales  
12:00 For the people of the parish

### Wednesday, March 11

7:30 Dr. Ricardo Cruz  
12:00 Dunsten Dsouza\*

### Thursday, March 12

7:30 Fr. John Roller  
Robert Coda  
Joyce Kochan  
Stanley DuBonn  
12:00 Michael Stefanowski

### Friday, March 13

7:30 For the people of the parish  
12:00 For the people of the parish

### Saturday, March 14

7:30 Brian Reed  
Stella Favia  
Hy Lai

## In Loving Memory

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Dr. Ricardo Cruz  
Joseph Trytek

## Please pray for our sick

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Noreen Naselli  
Nicolas Leonardo  
Andy Kaplan  
Lucy Detlefsen  
Evelyn Mutzabaugh  
Owen Patricoski  
Ebrahim Sojoodi  
Sharon Sojoodi  
Mary Ann O'Brien  
Adam S.  
Narcisa Lucas  
Dunsten Dsouza

## Recent baptisms

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**Jack Robert Kelly**, child of  
Zachary Kelly and Julie (Muskat) Kelly

**Celine Margaret Kay Francis**, child of  
Jackson Francis and Donielle (Maihack) Francis

**Aubrey Mae Nelson**, child of  
Gregory Nelson and Laura (Kempf) Nelson

**James Peter Petmezas**, child of  
Peter Petmezas and Seanna (Fitzpatrick) Petmezas

## Readings for the week of March 9

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**Monday:** 2 Kgs 5:1-15ab/Ps 42:2, 3; 42:3, 4/Lk 4:24-30

**Tuesday:** Dn 3:25, 34-43/Ps 25:4-9/Mt 18:21-35

**Wednesday:** Dt 4:1, 5-9/Ps 147:12-13, 15-16, 19-20/Mt 5:17-19

**Thursday:** Jer 7:23-28/Ps 95:1-2, 6-7, 8-9/Lk 11:14-23

**Friday:** Hos 14:2-10/Ps 81:6-17/Mk 12:28-34

**Saturday:** Hos 6:1-6/Ps 51:3-4, 18-19, 20-21ab/Lk 18:9-14

**Next Sunday:** 1 Sm 16:1b, 6-7, 10-13a/Ps 23:1-6/Eph 5:8-14/Jn 9:1-41

## Celebrant Schedule March 14-15

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5:00 Fr. Ed

7:00 Fr. Paul

8:30 Fr. Paul

10:00 Fr. Michael

11:30 Fr. Michael

5:00 Fr. Ed

# PARISH INFORMATION

Beyond Sunday  
**Worship**  
with us during the week

**Lent Daily Mass**  
Monday - Saturday at 7:30am  
Monday - Friday at Noon

## PARISH GROUPS AND APOSTOLATES

**Earth Shepherds** provides opportunities to learn about the relationship between Scripture, Catholic Social Teaching and our responsibility to be stewards of God's Creation.  
[sjearthshepherds@gmail.com](mailto:sjearthshepherds@gmail.com)

**Grief Support Group** is about helping with your grief. Are you struggling with a loss? Having a hard time coping? We meet twice per month. Please email the address below for more details.  
[griefsupport@stjamesah.org](mailto:griefsupport@stjamesah.org)

**Jr. Ambassadors** is a group for all children of St. James to practice their faith in service to others and as an example of our Catholic faith to everyone. Jr. Ambassadors act as representatives and promoters of our faith while learning about the Corporal and Spiritual Works of Mercy and Catholic Social Teaching.  
[kcoughlin@stjamesah.org](mailto:kcoughlin@stjamesah.org)

**Loaves and Fishes** provides lunches for those experiencing homelessness in Chicago's Uptown neighborhood.  
[stjameslandf@gmail.com](mailto:stjameslandf@gmail.com)

**Men of St. James** provides opportunities for Christian fellowship through social, spiritual and service activities for men of the parish at least 21 years of age.  
[msj@stjamesah.org](mailto:msj@stjamesah.org)

**Mental Health Group** provides support, education and awareness to our parish communities on issues related to mental health. Strives to provide resources of support, education and hope.  
[tsherva@gmail.com](mailto:tsherva@gmail.com)

**Ministers of Care** bring the Holy Eucharist to parishioners who are unable to leave their homes or are in care homes. Ministry volunteers must complete a mandatory training session and follow Archdiocesan guidelines.  
[ministryofcare@stjamesah.org](mailto:ministryofcare@stjamesah.org)

**Moms Plus** provides support and fellowship to Catholic moms. This group is part of Women of St. James.  
[momsplus@stjamesah.org](mailto:momsplus@stjamesah.org)

**Over 50 Social Club** provides social outings, speakers, and parties to any parishioner over the age of 50.  
[stecstan@sbcglobal.net](mailto:stecstan@sbcglobal.net)

**PADS Outreach** provides safety, temporary shelter and services to the unhoused.  
[st.james.pads@gmail.com](mailto:st.james.pads@gmail.com)

**Parish Pastoral Council** serves as a representative body of the St. James parish community, guided by the Holy Spirit.  
[PPC@stjamesah.org](mailto:PPC@stjamesah.org)

**Peace & Justice** educates the faithful on the Catholic social teachings, supports and complements parish ministries and empowers people to transform lives and society, both locally and globally. Meets the last Tuesday of each month.

**Prayer Shawl Group** creates a wide variety of shawls for anyone in need of prayers or blessings. We pray as we knit or crochet, and meet on the 3rd Sunday of each month to bless the fruits of our labors.  
[prayershawlministry@stjamesah.org](mailto:prayershawlministry@stjamesah.org)

**Respect Life** strives to transform society into a Culture of Life where every human being is valued and protected from the moment of conception until natural death.  
[respectlife@stjamesah.org](mailto:respectlife@stjamesah.org)

**Stepping Stones** raises awareness, promotes understanding and prevents relational violence by educating communities and providing referrals to victims and survivors of emotional, financial, physical and sexual abuse. (IL Domestic Violence Helpline: 877-863-6338),  
[steppingstones@stjamesah.org](mailto:steppingstones@stjamesah.org)

**St. Vincent de Paul** provides emergency, short-term financial help for anyone living within the parish boundaries. For information on volunteering for or using this service, call the Parish Office followed by x8517. All requests kept confidential.

**The Table** meets the second Sunday of each month after the 10:00 am Mass in the Teen Room (LL of the church). For anyone who is curious about the Catholic faith. This is a time to ask questions and engage in conversation with others.

**Women of St. James** provides support to Catholic women who are committed to growing and sharing their faith through sisterhood and service.  
[wosjministryleads@gmail.com](mailto:wosjministryleads@gmail.com)



**Please Note:**  
**EARLY DEADLINES**  
**For the Bulletin**

HOLIDAY	DATE	DEADLINE
Palm Sunday	3/29 issue	Friday, 3/20
Easter	4/5 issue	Tuesday, 3/24

Please email all bulletin requests to Natalie Conseur.

# PARISH EVENTS AND OPPORTUNITIES

## Men's Golf League



If you enjoy golf and are looking to meet other men in the parish, then the Men's Golf League is for you! The guys play on Tuesday afternoons at the Buffalo Grove Golf Club. The league starts on April 14 and wraps up on August 25. For more information, please reach out to either Chris Perkins at [chris.perkins@arwlgc.com](mailto:chris.perkins@arwlgc.com) or Chuck Frankiewicz at [cfrankiewicz@comcast.net](mailto:cfrankiewicz@comcast.net).

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ARLINGTON HEIGHTS

## Easter Remembrances

### Donate to Remember Loved Ones

If you would like to create a tangible remembrance of a loved one, you are invited to help fund the Easter season décor in the church. A donation of \$25 per remembrance would be appreciated. Contributions received by Friday, March 20 will have their names printed in the Easter bulletin.

Scan the QR code or visit [stjamesah.org/easter-remembrances](http://stjamesah.org/easter-remembrances) to request and donate.



Call the Parish Office with any questions.

## Moms Plus 2026

**Next Meet Up**  
Friday, March 13  
In the Teen Room (LL Church)  
9:00 - 11:00 a.m.

Monthly meetups for moms and kids take place in the Teen Room in the church basement on the second Friday of each month.

**More Spring Meetup Dates:**  
April 10 & May 8

Please contact Rachel Lucas or Mary Jo Eley to be added to our email list or for more information  
[momsplus@stjamesah.org](mailto:momsplus@stjamesah.org)

 SAINT JAMES PARISH  
ARLINGTON HEIGHTS

## Women's Day Retreat

*"Where Faith Grows and Roots Deepen."*

Create meaningful connections with fellow women of our parish.

When: Saturday, April 25

Where: St. James Parish

Contact:

[sjwomenswelcomechrp@gmail.com](mailto:sjwomenswelcomechrp@gmail.com)



[www.stjamesah.org/womensdayretreat/](http://www.stjamesah.org/womensdayretreat/)

 SAINT JAMES PARISH  
ARLINGTON HEIGHTS

Be disciples  
of Christ

820 N. Arlington Heights. Road  
Arlington Heights, IL 60004  
(224) 345-7200  
www.stjamesah.org

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Make  
disciples  
of Christ

## LENTEN MASS SCHEDULE

Daily Mass: Mon. - Fri. 7:30 a.m. & Noon | Sat. 7:30 a.m.

Saturday 5:00 p.m. Praise & Worship Ensemble  
Sunday 7:00 a.m. Cantor and Organ  
Sunday 8:30 a.m. Traditional Choir & Organ  
Sunday 10:00 a.m. Contemporary Choir  
Sunday 11:30 a.m. Contemporary Choir  
Sunday 5:00 p.m. Praise & Worship Ensemble

## PARISH OFFICE HOURS

Monday - Friday 9:00 a.m. - 4:00 p.m.

## ANOINTING OF THE SICK

Contact the Parish Office (224) 345-7200 as soon as possible when your loved one is dying or has just begun hospice. Please use extension 2 after hours. The Anointing of the Sick may be administered to those dying as well as those who are not dying but are dealing with serious illness, major surgery, or advanced age. (The Last Rites includes Anointing, as well as Confession and Communion.) A person may be anointed more than once if needed.

## PARISH STAFF AND PERSONNEL

Rev. Edward J. Pelrine, Pastor  
frpelrine@stjamesah.org • 224-345-7222

Rev. Paul Stein, Associate Pastor  
frstein@stjamesah.org • 224-345-7215

Rev. Michael Grzesik, Associate Pastor  
frgrzesik@stjamesah.org • 224-345-7201

Rev. William Zavaski, Pastor Emeritus

James Bannon (Laura), Deacon  
jbannon@archchicago.org • 847-577-6328

Johnny Burnett (Susan), Deacon  
jburnett@stjamesah.org • 847-707-3360

School Principal, Dr. Greg Scalia  
principal@stjamesah.org • 224-345-7145

Director of Operations, John Maher  
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Stewardship & Development Director, Julie Jacobson  
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Director of Music & Liturgy, Taron Conseur  
tconseur@stjamesah.org • 224-345-7204

Assistant Director of Music, Dr. Leah Kang  
lkang@stjamesah.org • 224-345-7221

Finance Director, Judith Mulvihill  
jmulvihill@stjamesah.org • 224-345-7203

Campus Maintenance Engineer, Mike Tomaszewicz  
mtomaszewicz@stjamesah.org • 224-345-7200 ext. 6128



## SACRAMENTS & DEVOTIONS

**BAPTISM** - Please contact the Parish Office with a preferred date one month in advance.

**MARRIAGE** - At least six months prior to your wedding, please contact the Parish Office to set a date.

**HOLY HOUR** - Thursday 6:00 - 7:00 p.m. in the church for procession of the blessed sacrament, evening prayer, and rosary

**FIRST FRIDAY** - Devotion to the Sacred Heart after the 7:30 a.m. Mass on the first Friday of each month

**CONFESSION** - Thursdays at 6:00 pm & Saturdays at 8:00 am

**THE ADORATION CHAPEL** - Open to the public, M-F from 6:30 a.m. - 8:30 p.m. and Sat & Sun 6:30 a.m. - 6:30 p.m. Or sign up for a time at [adorationpro.org/jamesil](http://adorationpro.org/jamesil)

Director of Digital Evangelization, Aurelio Garcia  
agarcia@stjamesah.org • 224-345-7218

Religious Education Coordinator, Bethany Larson  
blarson@stjamesah.org • 224-345-7152

High School Ministry Coordinator, Joshua Jones  
jjones@stjamesah.org • 224-345-7214

Middle School Ministry Coordinator, Dora Mendoza  
dmendoza@stjamesah.org

Campus Minister, Marisa Pollastrini  
mpollastrini@stjamesah.org • 224-345-7223

FOCUS Parish Missionary, Matt Marcheschi  
mmarcheschi@stjamesah.org • 224-345-7210

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Open Doors Ministry Coordinator, Kathryn Coughlin  
kcoughlin@stjamesah.org

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847.962.4622  
richhayes@sbcglobal.net



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OUR PARISH



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A MOTHER-DAUGHTER TEAM  
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Hart Dental Barrington in Foundry Shopping Center  
(847) 865-4278 | www.HartDentalBarrington.com

**Edward Jones**

edwardjones.com Member SIPC

What's important to you? Let's plan for your future together.



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