



SAINT JAMES PARISH

ARLINGTON HEIGHTS

The Lord is my shepherd;
there is
nothing
I shall want.

Psalm 23

MARCH 15
2026

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THE FOURTH SUNDAY OF LENT



Today's Readings

First Reading

God chooses David as king, reminding Samuel that God looks at the heart, not outward appearance.

1 Samuel 16:1b, 6-7, 10-13a

Second Reading

Live as children of light, doing what is good and true; expose darkness and rise to Christ's light.

Ephesians 5:8-14

Gospel

Jesus heals a man born blind, revealing God's works. While the healed man grows in faith and recognizes Jesus, the Pharisees' stubborn unbelief exposes their spiritual blindness.

John 9:1-41

"Rejoice, Jerusalem, and all who love her. Be joyful, all who were in mourning; exalt and be satisfied at her consoling breast." This entrance antiphon, taken from Isaiah 66, gives this fourth Sunday of Lent its name – "Laetare Sunday," in English "Rejoice Sunday." This Sunday offers a glimpse of the joy that awaits us at Easter, which is only a few weeks away, after the recounting of Jesus' suffering and death in Holy Week.

On this Sunday, our catechumens (those preparing for Baptism, receive a minor exorcism – a prayer by the priest invoking God's protection from Satan as they, along with our candidates for full communion with the Catholic Church, also receive the sacraments of Confirmation and Holy Communion. Bible professor Dr. John Bergsma reviews the teaching of the Church Fathers on the sacramental typology, or symbolism, of today's responsorial psalm, the beloved Psalm 23 :

"Beside restful waters he leads me; he refreshes my soul" – these are the waters of Baptism that give rest from our sins and "refresh" (better: "restore") our souls by infusing us with divine life.

"You spread the table before me in the sight of my foes" - this is the Eucharistic banquet, which gives us courage and strength amid the persecutions we experience in this life at the hands of our foes – Satan, his demons, and our persecutors.

"You anoint my head with oil" – this is the oil of Confirmation that strengthens us to give witness despite the opposition we encounter from others.

"My cup overflows" – this is the Eucharistic cup, which always overflows with the Holy Spirit, giving us new life (John Bergsma, *The Word of the Lord, Reflections on the Sunday Mass Readings*).

Relatedly, Jesus anoints the eyes of the man born blind and gives him his sight. The Light of Christ frees us from spiritual blindness through the efficacy of the sacraments. This is a good time to reflect our reception of the sacraments and the crucial difference they have made in our lives and relationship with God, as we pray for those preparing for the Easter sacraments.

God bless you,

Fr. Ed

HOLY WEEK & EASTER SCHEDULE

HOLY WEEK AND EASTER

Holy Thursday: April 2

Triduum Morning Prayer, 7:30AM

Mass of the Lord's Supper, 7:30PM (livestreamed)

Good Friday: April 3

Triduum Morning Prayer, 7:30AM

Traditional Stations, 12:00PM

Liturgy of the Lord's Passion, 3:00PM (livestreamed)

Good Friday Taizé and Veneration of the Cross, 7:30PM

Holy Saturday: April 4

Triduum Morning Prayer, 7:30AM

Blessing of Easter Baskets, 12:00PM

Easter Vigil, 7:30PM (livestreamed)

Easter Sunday Masses: April 5

In the Church:

8:00AM

10:00AM (livestreamed)

12:00PM

In the Parish Center:

8:15AM

10:15AM



SAINT JAMES PARISH
ARLINGTON HEIGHTS

UPCOMING EVENTS

St. James Church & School Present the Annual
Blessing of Easter Baskets and

Easter EGG HUNT

For walkers-3rd grade

Register by
April 1



Bring a family Easter basket to be blessed and
share that basket as a family on Easter.

Please bring non-perishable
food items to be blessed
and donated to the
Wheeling Township Food Pantry.

SATURDAY, APRIL 4

12:00 -12:15 p.m. Blessing of baskets in the church

12:15 -1:30 p.m. egg hunt & pictures with the bunny

Location: south grass adjacent to the church parking lot

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ARLINGTON HEIGHTS

Lent Observances

Additional Daily Mass
Monday - Friday during Lent
12:00 pm
in the church

Stations of the Cross
Fridays during Lent
4:00 pm &
7:00 pm
in the church

 SAINT JAMES PARISH
ARLINGTON HEIGHTS

Family TAIZÉ PRAYER

Join us for an evening of meditative prayer designed for
families. Taizé prayer uses song, scripture and candlelight to
help us move our prayer from our head to our heart.

Tuesday, March 17
in the church
6:00 p.m. - 6:30 p.m.

 SAINT JAMES PARISH
ARLINGTON HEIGHTS

UPCOMING EVENTS

This Lent Be

Forgiven

Extra Dates for Confession:

Monday, March 23 at 7 pm - Our Lady of the Wayside, A.H.

Tuesday, March 24 at 3 pm - St. Edna, A.H.

Wednesday, March 25 at 7pm - St. Mary, B.G.



not sure how to go to confession?

← scan here for a guide

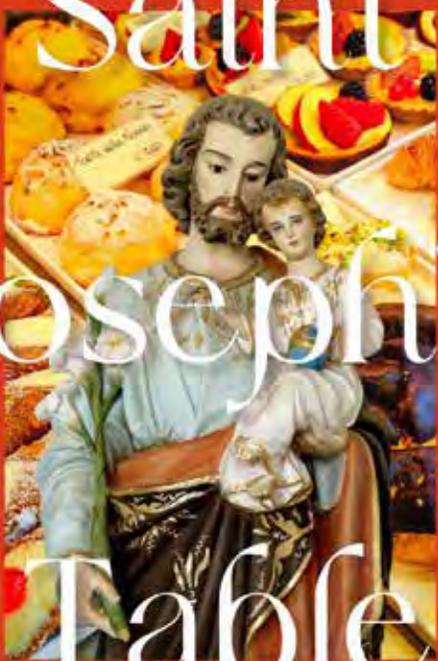
bit.ly/confession-guidebook



...MAY GOD GIVE YOU
PARDON AND PEACE,
AND I ABSOLVE YOU
FROM YOUR SINS...

POTLUCK
LUNCH

Saint Joseph's Table



MARCH 19
AFTER NOON
MASS

IN THE
LARAMIE
ROOM

 SAINT JAMES PARISH
ARLINGTON HEIGHTS

UPCOMING PARISH EVENTS

04.03.26 | 7:30 PM

GOOD FRIDAY EVENING

TAIZÉ SERVICE

INVITE IGNITE PRAY

a night of song, prayer, candlelight and
veneration of the cross



STJAMESAH 04/26/21



Easter Remembrances

Donate to Remember Loved Ones

If you would like to create a tangible remembrance of a loved one, you are invited to help fund the Easter season décor in the church. A donation of \$25 per remembrance would be appreciated. Contributions received by Friday, March 20 will have their names printed in the Easter bulletin.

Scan the QR code or visit stjamesah.org/easter-remembrances to request and donate.



Call the Parish Office with any questions.

Come Rest a While

Parish Pilgrimage to Marytown

"Come away by yourselves to a deserted place and rest a while." - Mark 6:31

Take a day to step away from the busyness of life and rest in the presence of the Lord. Join fellow parishioners for

A Parish Pilgrimage to Marytown
NATIONAL SHRINE OF ST. MAXIMILIAN KOLBE

Saturday, April 25

Cost: \$25 (includes lunch)

Register online - more info to follow

Questions? Contact Kathy Smigiel at smigiel41@msn.com

SAINT JAMES PARISH
ARLINGTON HEIGHTS

UPCOMING PARISH EVENTS

FSA Supper Club

PEGGY Kinnane's

IRISH RESTAURANT & PUB

MARCH 18th

Valid on Dine-in and To-Go

11AM-11PM

Please mention "St. James"
at time of ordering

**15% Total Sales
Donation**



Family & School
Association

Men's Golf League



If you enjoy golf and are looking to meet other men in the parish, then the Men's Golf League is for you! The guys play on Tuesday afternoons at the Buffalo Grove Golf Club. The league starts on April 14 and wraps up on August 25. For more information, please reach out to either Chris Perkins at chris.perkins@arwlgc.com or Chuck Frankiewicz at ctfrankiewicz@comcast.net.

SAINT JAMES PARISH
ARLINGTON HEIGHTS

Women's Day Retreat

"Where Faith Grows and Roots Deepen."



Saturday, April 25

7:15 a.m. - 9 p.m.

Join us at St. James for a women's retreat designed to nourish your spirit, strengthen your faith, and create meaningful connections with fellow women of our parish. This is a welcoming space to pause from the busyness of life, reflect, and grow closer to God. Together, we'll explore faith, share stories, and deepen the roots that sustain us through life's journey. Come as you are and leave inspired, refreshed, and rooted more deeply in your spiritual life.



SAINT JAMES PARISH
ARLINGTON HEIGHTS

stjamesah.org/womenswelcome/

MINISTRY MESSAGES

Getting to Know **EARTH SHEPHERDS** at St. James

WHO WE ARE

We are dedicated parishioners with a passion for the care and preservation of God's creations on our common home, the Earth. We promote: responsible environmental stewardship in coordination with Catholic social teachings, best ecological practices, native plants, green spaces, and access for all to clean natural resources.

WHAT WE DO (PART 1 OF 3)

We offer a lending service for parishioners of about 40 dishes, glassware, utensils, and cloth napkins. No more need for throwaways! We ask that you wash after use and return. Contact co-leader Jan Gedmin to borrow.



COME JOIN US!

Co-leaders - Cathy McQuillan - cathymcqu@icloud.com / Jan Gedmin - jangedmin@gmail.com



Over 50 Group

THURSDAY, MARCH 26

Lenten Reflection & Fourth Annual Irish Soda Bread Competition

Noon Mass and a Lenten Reflection by Father Bill Zavaski!

Then it's onto the Laramie Room for the
"Irish Soda Bread Competition"

We look forward to those who wish to participate in the contest, and ask that you bring your soda bread to the Laramie Room PRIOR to celebrating Mass. For any non Irish Soda Bread Fans, a table will be set up if you would like to provide some tasty treats.

Beverages will be provided.

RSVP to Kathy 847-506-9295 or StJamesclub@yahoo.com

We need to know how many are going,
and if you will participate in the Soda Bread Competition

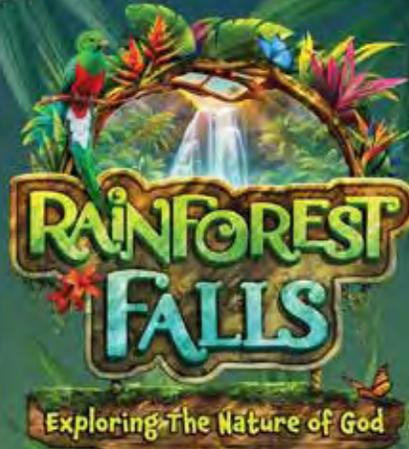
RELIGIOUS EDUCATION

VOLUNTEER!!

ST. JAMES VBS 2026

Volunteers Needed:

- Crew Leader
- Crafts
- Bible
- Games



JUNE 8-11
8:30am-12:15pm

Contact Kathryn Coughlin for more info
stjamesvbs@stjamesah.org

 SAINT JAMES PARISH
ARLINGTON HEIGHTS



SAINT JAMES PARISH RELIGIOUS EDUCATION

Save the Date Summer Intensive

June 8- 19, 2026

9:00am - 2:00pm Monday - Friday

The Summer Intensive Program is offered as an alternative to the traditional Tuesday night program held during the school year. This program is for students in grades 3-5 who have already made the sacraments of Reconciliation and First Holy Communion. Each week we will spend time building community, learning about our faith and practicing our faith in service to others. We will have time for fun summer activities, while fostering spiritual growth through interactive lessons and opportunities for prayer.

Registration opens April 1st!



Contact: blarson@stjamesah.org

OUR PRAYERS & INTENTIONS

Mass Intentions and Observances

Saturday, March 14

5:00 Maureen Joyce
Kevin & Patrick Houlihan

Sunday, March 15 4th Sunday of Lent

7:00 James Banaszak
8:30 For the people of the parish
10:00 John Vincent
Rose Gaughan
Pasquale & Vita Coppola
Calogero & Filomena Pullara
11:30 Irene & Julius Kopielski
Kelly & Jim Reilly*
5:00 The Zablocki Family
The Grobelny Family
The Shereshovech Family

Monday, March 16

7:30 George Mazurek
Margarita Rodriguez
John F. Kordek
Dennis Thune
John McGuinness

Tuesday, March 17 St. Patrick

7:30 Patrick Connor Reilly
Noreen M. Nordin
Catherine Sabay
Meggan McDermott
Jay Sasek
Patricia Buckley
John Malone
12:00 Edith Landerholm
John Malone

Wednesday, March 18 St. Cyril of Jerusalem

7:30 Christina Mahoney
Lydia Novales
Dr. Ricardo Cruz
Kenneth Gurney
12:00 Dunsten Dsouza*

Thursday, March 19 St. Joseph

7:30 Joe Maher
Cornelius Vanderwiel
Jessica McNamara
12:00 Francisca McDonald
Helean Ray

Friday, March 20

7:30 Carol Siminski
Tom Clark (4th Anniv.)
Art Massa (17th Anniv.)
12:00 Mark Thielen

*Indicates living

In Loving Memory

Raymond Topczewski
Mary McIntyre
Theresa Sullivan
Karen Jenni
Narcisa Lucas

Please pray for our sick

Noreen Naselli
Nicolas Leonardo
Andy Kaplan
Lucy Detlefsen
Evelyn Mutzabaugh
Owen Patricoski
Ebrahim Sojoodi
Sharon Sojoodi
Mary Ann O'Brien
Adam S.
Dunsten Dsouza
Mary Kirwan
Barbara Reed
Ashley Abraham

Wedding Banns

II. Robert Meskan and Donna Meskan

Readings for the week of March 16

Monday: Is 65:17-21/Ps 30:2-13/Jn 4:43-54
Tuesday: Ez 47:1-9, 12/Ps 46:2-3, 5-6, 8-9/Jn 5:1-16
Wednesday: Is 49:8-15/Ps 145:8-9, 13cd-14, 17-18/Jn 5:17-30
Thursday: 2 Sm 7:4-16/Ps 89:2-29/Rom 4:13-22/Mt 1:16, 18-21, 24a
Friday: Wis 2:1a, 12-22/Ps 34:17-23/Jn 7:1-2, 10, 25-30
Saturday: Jer 11:18-20/Ps 7:2-3, 9bc-10, 11-12/Jn 7:40-53
Next Sunday: Ez 37:12-14/Ps 130:1-2, 3-4, 5-6, 7-8/Rom 8:8-11/Jn 11:1-45

Celebrant Schedule March 21-22

5:00 Fr. Michael
7:00 Fr. Ed
8:30 Fr. Ed
10:00 Fr. Paul
11:30 Fr. Paul
5:00 Fr. Ed

PARISH INFORMATION

Thank you, St. James Community, for your contributions during February, 2026

Sunday Collections ⇒	Budgeted \$163,206.00	Actual \$163,454.99 <i>Envelopes: \$63,383.01</i> <i>Online Giving: \$100,071.98</i>	Variance \$248.99
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PARISH GROUPS AND APOSTOLATES

Earth Shepherds provides opportunities to learn about the relationship between Scripture, Catholic Social Teaching and our responsibility to be stewards of God's Creation. sjearthshepherds@gmail.com

Grief Support Group is about helping with your grief. Are you struggling with a loss? Having a hard time coping? We meet twice per month. Please email the address below for more details. griefsupport@stjamesah.org

Jr. Ambassadors is a group for all children of St. James to practice their faith in service to others and as an example of our Catholic faith to everyone. Jr. Ambassadors act as representatives and promoters of our faith while learning about the Corporal and Spiritual Works of Mercy and Catholic Social Teaching. kcoughlin@stjamesah.org

Loaves and Fishes provides lunches for those experiencing homelessness in Chicago's Uptown neighborhood. stjameslandf@gmail.com

Men of St. James provides opportunities for Christian fellowship through social, spiritual and service activities for men of the parish at least 21 years of age. msj@stjamesah.org

Mental Health Group provides support, education and awareness to our parish communities on issues related to mental health. Strives to provide resources of support, education and hope. tsherva@gmail.com

Ministers of Care bring the Holy Eucharist to parishioners who are unable to leave their homes or are in care homes. Ministry volunteers must complete a mandatory training session and follow Archdiocesan guidelines. ministryofcare@stjamesah.org

Moms Plus provides support and fellowship to Catholic moms. This group is part of Women of St. James. momsplus@stjamesah.org

Over 50 Social Club provides social outings, speakers, and parties to any parishioner over the age of 50. stecstan@sbcglobal.net

PADS Outreach provides safety, temporary shelter and services to the unhoused. st.james.pads@gmail.com

Parish Pastoral Council serves as a representative body of the St. James parish community, guided by the Holy Spirit. PPC@stjamesah.org

Peace & Justice educates the faithful on the Catholic social teachings, supports and complements parish ministries and empowers people to transform lives and society, both locally and globally. Meets the last Tuesday of each month.

Prayer Shawl Group creates a wide variety of shawls for anyone in need of prayers or blessings. We pray as we knit or crochet, and meet on the 3rd Sunday of each month to bless the fruits of our labors. prayershawlministry@stjamesah.org

Respect Life strives to transform society into a Culture of Life where every human being is valued and protected from the moment of conception until natural death. respectlife@stjamesah.org

Stepping Stones raises awareness, promotes understanding and prevents relational violence by educating communities and providing referrals to victims and survivors of emotional, financial, physical and sexual abuse. (IL Domestic Violence Helpline: 877-863-6338), steppingstones@stjamesah.org

St. Vincent de Paul provides emergency, short-term financial help for anyone living within the parish boundaries. For information on volunteering for or using this service, call the Parish Office followed by x8517. All requests kept confidential.

The Table meets the second Sunday of each month after the 10:00 am Mass in the Teen Room (LL of the church). For anyone who is curious about the Catholic faith. This is a time to ask questions and engage in conversation with others.

Women of St. James provides support to Catholic women who are committed to growing and sharing their faith through sisterhood and service. wosjministryleads@gmail.com



Please Note:
EARLY DEADLINES
For the Bulletin

HOLIDAY	DATE	DEADLINE
Palm Sunday	3/29 issue	Friday, 3/20
Easter	4/5 issue	Tuesday, 3/24

Please email all bulletin requests to Natalie Conseur.

YOU MIGHT BE INTERESTED IN



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From Swimming and Soccer to Theater and Service & Song, Saint Viator has you covered.

Join us for a summer of fun! Register today.
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Adoration Chapel Seeks Adorers

Make a commitment to adore Jesus in our 24/7 chapel.

New Opening: 8am Sat.
Scan here to sign up for a time slot.

Questions?
ksowa@stjamesah.org



I Was There: Reflections at the Foot of the Cross Friday, March 27

St. Mary of the Annunciation Parish,
22333 W. Erhart Rd., Mundelein IL

7:30 p.m. in the Main Church
(following the 6:30 p.m. Stations of the Cross)

I Was There is a reflection and meditation on The Passion of the Lord Jesus from people who were historically noted to be there. It is a compilation of contemporary, imagined monologues written for biblical characters and includes a selection of songs to accompany the characters and stories told by the paralyzed man, the blind man, the bride from Cana, Mary and Martha, the Centurion, and others, including Mary the Mother of Jesus.

There is no registration required or cost to attend.



NCFCA CHRISTIAN SPEECH & DEBATE TOURNAMENT

MARCH 25 - 27, 2026 - SCHAUMBURG CHRISTIAN SCHOOL
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Questions? Contact Josephina George 224-565-8771.



Questions:

schaumburgjudges@ncfca.org



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TO COMMUNICATE TRUTH WITH INTEGRITY AND GRACE.



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 SAINT JAMES PARISH
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Make
disciples
of Christ

LENTEN MASS SCHEDULE

Daily Mass: Mon. - Fri. 7:30 a.m. & Noon | Sat. 7:30 a.m.

Saturday 5:00 p.m. Praise & Worship Ensemble
Sunday 7:00 a.m. Cantor and Organ
Sunday 8:30 a.m. Traditional Choir & Organ
Sunday 10:00 a.m. Contemporary Choir
Sunday 11:30 a.m. Contemporary Choir
Sunday 5:00 p.m. Praise & Worship Ensemble

PARISH OFFICE HOURS

Monday - Friday 9:00 a.m. - 4:00 p.m.

ANOINTING OF THE SICK

Contact the Parish Office (224) 345-7200 as soon as possible when your loved one is dying or has just begun hospice. Please use extension 2 after hours. The Anointing of the Sick may be administered to those dying as well as those who are not dying but are dealing with serious illness, major surgery, or advanced age. (The Last Rites includes Anointing, as well as Confession and Communion.) A person may be anointed more than once if needed.

PARISH STAFF AND PERSONNEL

Rev. Edward J. Pelrine, Pastor
frpelrine@stjamesah.org • 224-345-7222

Rev. Paul Stein, Associate Pastor
frstein@stjamesah.org • 224-345-7215

Rev. Michael Grzesik, Associate Pastor
frgrzesik@stjamesah.org • 224-345-7201

Rev. William Zavaski, Pastor Emeritus
James Bannon (Laura), Deacon
jbannon@archchicago.org • 847-577-6328

Johnny Burnett (Susan), Deacon
jburnett@stjamesah.org • 847-707-3360

School Principal, Dr. Greg Scalia
principal@stjamesah.org • 224-345-7145

Director of Operations, John Maher
jmaher@stjamesah.org • 224-345-7207

Stewardship & Development Director, Julie Jacobson
jjacobson@stjamesah.org • 224-345-7212

Director of Music & Liturgy, Tamaron Conseur
tconseur@stjamesah.org • 224-345-7204

Assistant Director of Music, Dr. Leah Kang
lkang@stjamesah.org • 224-345-7221

Finance Director, Judith Mulvihill
jmulvihill@stjamesah.org • 224-345-7203

Campus Maintenance Engineer, Mike Tomaszewicz
mtomaszewicz@stjamesah.org • 224-345-7200 ext. 6128

SACRAMENTS & DEVOTIONS

BAPTISM - Please contact the Parish Office with a preferred date one month in advance.

MARRIAGE - At least six months prior to your wedding, please contact the Parish Office to set a date.

HOLY HOUR - Thursday 6:00 - 7:00 p.m. in the church for procession of the blessed sacrament, evening prayer, and rosary

FIRST FRIDAY - Devotion to the Sacred Heart after the 7:30 a.m. Mass on the first Friday of each month

CONFESSION - Thursdays at 6:00 pm & Saturdays at 8:00 am

THE ADORATION CHAPEL - Open to the public, M-F from 6:30 a.m. - 8:30 p.m. and Sat & Sun 6:30 a.m. - 6:30 p.m. Or sign up for a time at adorationpro.org/jamesil

PLEASE NOTE

APRIL 2-4

During Holy Week, usual confession times on
Thursday & Saturday are canceled.
No Holy Hour on Thursday.



Director of Digital Evangelization, Aurelio Garcia
agarcia@stjamesah.org • 224-345-7218

Religious Education Coordinator, Bethany Larson
blarson@stjamesah.org • 224-345-7152

High School Ministry Coordinator, Joshua Jones
jjones@stjamesah.org • 224-345-7214

Middle School Ministry Coordinator, Dora Mendoza
dmendoza@stjamesah.org

Campus Minister, Marisa Pollastrini
mpollastrini@stjamesah.org • 224-345-7223

FOCUS Parish Missionary, Matt Marcheschi
mmarcheschi@stjamesah.org • 224-345-7210

Admin to Pastor/Liturgy Coordinator/VIRTUS Administrator, Katie Sowa
ksowa@stjamesah.org • 224-345-7239

Reception & Front Desk, Flo Trunk
ftrunk@stjamesah.org • 224-345-7200

Print & Digital Communications Specialist, Natalie Conseur
nconseur@stjamesah.org • 224-345-7217

Administrative Assistant, Carly White
cwhite@stjamesah.org • 224-345-7213

Sacramental Records, Patty Reilly
preilly@stjamesah.org

Open Doors Ministry Coordinator, Kathryn Coughlin
kcoughlin@stjamesah.org

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Dr. Ernest Costello and his family are Parishioners of St. James Catholic Church



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