



# SAINT JAMES PARISH

ARLINGTON HEIGHTS



Whoever  
eats my  
flesh and  
drinks  
my  
blood  
remains  
in me  
and I in  
him.

**JUNE 7**  
**2026**

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## Today's Readings

### First Reading

Moses reminds the Israelites of the care and providence of God in their journey.

*Deuteronomy 8:2-3, 14b-16a*

### Second Reading

St. Paul expresses that through Christ's sacrificial action, we are transformed and made new in him through his Body and Blood.

*1 Corinthians 10:16-17*

### Gospel

Jesus states that his body is the food given by God for our pilgrimage on earth.

*John 6:51-58*

Dear Friends,

The feast of Corpus Christi is celebrated on the Thursday following Trinity Sunday, or in some regions, including our own, on the following Sunday. It is the solemnity of the Church celebrating and honoring Jesus Christ's presence in the Holy Eucharist under the forms of bread and wine, a change called transubstantiation which is brought about in the Consecration of the Mass.

The substance - what a thing fundamentally is at its metaphysical core is miraculously changed from bread and wine into the Body and Blood of the Lord, while the accidents - the observable, physical characteristics of a thing that can be perceived by the senses - such as color, taste, texture, weight, and smell - remain unchanged.

Because the "accidents" stay the same, the Eucharist continues to look, taste, and feel like ordinary bread and wine, even though its true "substance" has completely transformed into Christ.

The Holy Eucharist is the greatest of all the sacraments. Within this sacrament, Jesus is substantially and really present and offers Himself to God the Father in the perfect sacrifice of love, making present in a very real way the sacrifice of the Cross. He then offers Himself to us in another great act of love.

This calls to mind the exhortation of St. John Vianney who once said, "there is nothing so

great as the Eucharist. If God had something more precious, He would have given it to us."

The great saint also wrote an evocative prayer which beautifully expresses the human longing for God. This prayer reads:

"I love You, O my God, and my only desire is to love You until the last breath of my life. I love You, O my infinitely lovable God, and I would rather die loving You, than live without loving You. I love You, Lord, and the only grace I ask is to love You eternally. My God, if my tongue cannot say in every moment that I love You, I want my heart to repeat it to You as often as I draw breath."

I invite you, on this Feast of Corpus Christi and always, to make this prayer your own.

God bless you,

Fr. Ed

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## Welcome! We're so glad you're here.

For anyone who is curious about the Catholic faith, "The Table" meets the second Sunday of each month after the 10:00 a.m. Mass in the Teen Room (LL of the church). This is a time to ask questions and engage in conversation with others - no commitment required. The next meeting is June 14. All are welcome!



## UPCOMING EVENTS

# BLOOD DRIVE AT ST. JAMES

Sunday, June 14  
9 am – 3 pm

Location:  
School Gym

*In memory of Matthew Petrillo*



Register for an  
appointment  
today!



## EIGHT REASONS TO DONATE BLOOD!

1. Help save lives during a critical shortage. Blood donations have fallen behind hospital needs in recent weeks, making every donor especially important.
2. Support patients during summer trauma season. Hospitals often see more serious injuries in the summer from car accidents, sports injuries, outdoor activities, and other emergencies.
3. One donation can make a significant impact. Trauma patients may require large amounts of blood, and donated blood can help multiple patients depending on how it is processed into components.
4. Blood cannot be manufactured. Hospitals rely entirely on volunteer donors because there is no artificial substitute for human blood.
5. The need never takes a vacation. While many people travel and change routines during the summer, patients still need blood every day for surgeries, cancer treatments, chronic illnesses, and emergencies.
6. Someone needs blood every few seconds. Across the United States, a patient requires a blood transfusion approximately every 2–3 seconds, creating a constant demand for donations.
7. Most people will benefit from blood at some point in life. Whether for themselves, a family member, or a friend, many people will need donated blood during their lifetime.
8. You can help others and receive donor appreciation incentives. June donors may receive a \$15 e-gift card and be entered for a chance to win one of two \$7,500 Visa gift cards, making it an easy way to give back while being recognized for your generosity.

**Thank you for supporting the American Red Cross blood program!**

Scan the QR code above to make an appointment for the blood drive being held at St. James on June 14 from 9 am - 3 pm

# UPCOMING EVENTS



**FREE CONCERT  
IN THE CHURCH**

sacred sounds  
*concert* series  
Presented by Glueckert Funeral Home



In partnership with SALUTE, INC. dedicated to meeting the financial, physical and emotional needs of injured military service members, veterans and their families.

**Wed. July 1 • 6:00 p.m.**

 **SAINT JAMES PARISH**  
ARLINGTON HEIGHTS



**Reception to follow**



[stjamesoh.org/sacred-sounds/](http://stjamesoh.org/sacred-sounds/)

## MEN OF SAINT JAMES

7PM | 06.25.26

## SMOKES, SPIRITS, STEIN!

JOIN MSJ FOR AN EVENING OF BAGS (CARDS IF INDOORS)


MEETING IN THE RECTORY YARD

BYO CIGARS, BEVERAGES ALL MEN 21+

REGISTRATION NOT REQUIRED



**YOUR HOST:  
FR. PAUL**

 **SAINT JAMES PARISH**  
MEN OF SAINT JAMES

# SUPPORT SJ SCHOOL

SAVE THE DATE!

Saturday, June 13 at 7:00 pm

# Concert

*Under the Stars*

Featuring  
Deacon Johnny Burnett  
and his band



[stjamesah.org/concert-under-the-stars/](http://stjamesah.org/concert-under-the-stars/)

SAINT JAMES PARISH  
ARLINGTON HEIGHTS, IL

Proceeds will benefit St. James School

**Location**  
St. James School  
Parking Lot  
rain location: Gym



## Registration Closes

MONDAY 8 JUNE



## SECURE YOUR SPOT TODAY



Not able to join us?  
Swing at a chance  
to win our 50/50 raffle!



# UPCOMING EVENTS

sacred sounds  
*concert* series

Presented by Glueckert Funeral Home

## 2026-27 Season

Saluting the Red, White, and Brass • July 1

A Night of Hope • Sept. 30

All Souls Requiem Mass • Nov. 2

Advent Carols & Songs • Dec. 12

A Cinematic Odyssey • Feb. 8

Mozart's *Requiem* • March 11



SAINT JAMES PARISH

#tjpsacredsounds

SAINT JAMES PARISH PRESENTS

## FAITH ROCK & ROLL FINDING THE MESSAGE IN THE MUSIC

**TUESDAY**  
**JULY 14TH**  
**6PM**

AN EVENING OF MUSIC REFLECTION HOSTED BY PAUL AGASE, FORMER GENERAL MANAGER OF WXRT RADIO. FAITH ROCK AND ROLL TAKES A DEEPER LOOK AT SPIRITUAL LYRICS IN POPULAR ROCK MUSIC.



SCAN TO RESERVE TICKETS

SAINT JAMES PARISH  
831 N ARLINGTON HEIGHTS ROAD  
ARLINGTON HEIGHTS, ILLINOIS  
IN THE LARAMIE ROOM

### FEATURING



FATHER MATT FOLEY



FATHER BRIAN WELTER



PAUL AGASE

### YOUR HOST

SAINT JAMES PARISH  
ARLINGTON HEIGHTS

ST. JAMES THEATRE PRESENTS



# Seussical™

July 16-26, 2026

**Tickets on Sale Now**

Scan to purchase tickets



#tjamestheatre.ludus.com

## Retired Men Get Together This Week

Retired Men will have a Mass and BBQ on Wednesday, June 10 at 10:00 AM in the Laramie Room. You must make a reservation by Monday, June 8 by calling Tom Adam at (847-394-4731). Please bring some cash to cover lunch.

# SPIRITUAL OPPORTUNITIES

A SYMBOL OF GOD'S BOUNDLESS LOVE FOR ALL

## First Friday Devotion

A NOVENA TO THE SACRED HEART OF JESUS

Attend 7:30 a.m. Mass and receive communion on the first Friday of each month to begin this devotion to the Sacred Heart of Jesus.



Join Fr. Paul on Mondays beginning June 1 for a

Summer Bible Study:

## Acts of the Apostles

Mornings: 8:00 - 9:00 am

Evenings: 7:00 - 8:30 pm

in the Laramie Room  
(Church basement)

No registration required; just bring your Bible!



Mondays with Mary

## Pray

with us

Open to all men at 7:00 am every Monday in the Teen Room.

Absolutely no rosary experience is needed, rosaries and 'crib sheets' will be available.



## MINISTRY MESSAGES



# Grief Support Group

What are we all about:  
Our grief support is a ministry at St. James for conversation and friendship with others who have also experienced a loss.  
Our group meets twice a month.

For more information, please contact:  
[griefsupport@stjamesah.org](mailto:griefsupport@stjamesah.org)

 SAINT JAMES PARISH  
ARLINGTON HEIGHTS

*Ut Vitam Habeant*



 SAINT JAMES PARISH  
RESPECT LIFE MINISTRY

*That They May Have Life*

## The Solemnity of the Most Sacred Heart of Jesus Friday, June 12

*"In that Sacred Heart all our hopes should be placed."*

(Annum Sacrum 8,12)

 Jesus, whose Sacred Heart began beating in the womb of Mary ... 

"bless all mothers and intercede with the Holy Spirit and Your Father,  
that every infant in the womb receive Your precious gift of life."

Connect the heart and mind of any mother considering abortion,  
and give to her a complete change of heart.

Convert, heal, and reconcile to the Father any soul wounded by abortion.  
And, may our national consecration to the Sacred Heart of Jesus draw the  
United States, and all nations, close to the infinite love of God.



# OUR PRAYERS & INTENTIONS

## Mass Intentions and Observances

### Saturday, June 6

5:00 Richard & Catherine Lyons  
Kevin & Patrick Houlihan  
Raimundas Lapsys

### Sunday, June 7 The Most Holy Body and Blood of Christ

7:00 Denise Mihok  
John Macioce  
8:30 For the people of the parish  
10:00 John Vincent  
Terry Corrigan  
Dolores Urban (3rd Anniv.)  
Bob & Andy Jarosz  
Jean Brauweiler  
11:30 Christine Watson  
5:00 Mark Anthony Baron  
Roger Anthony Baron  
Larry Theodore Baron  
James Elden Baron  
Gary Karrow

### Monday, June 8

7:30 Carol Ruane  
John F. Kordek  
Maureen McLoraine  
Arlene Swanson  
Robert Yaksich  
12:00 Susanne Heron

### Tuesday, June 9 St. Ephrem

7:30 Stanley Reed  
Raffaella Loizzo  
Thomas Ahern

### Wednesday, June 10

7:30 Dr. Ricardo Cruz  
12:00 Judith Eckert

### Thursday, June 11 St. Barnabas

7:30 Special Intention

### Friday, June 12 The Most Sacred Heart of Jesus

7:30 Rose Gaughan  
Edward Burke  
Kenneth Schwenk

### Saturday, June 13 Immaculate Heart of the BVM; St. Anthony of Padua

7:30 Special Intention

## In Loving Memory

Barbara Mayer  
Delia Sblendorio  
Edward Gerdes  
Brian Hitzeman

## Please pray for our sick

Norine Naselli  
Nicolas Leonardo  
Andy Kaplan  
Lucy Detlefsen  
Lucille Krajnik  
Sr. Joanne Grib  
Constante Tagamolila  
Barbara Reed  
Owen Patricoski  
Ashley Abraham

## Wedding Banns

I. Randy & Stephanie Kochanski

## Recent Baptisms

**Margot Cecelia Rohleder**, child of Joshua Rohleder & Erin (Bula) Rohleder

**Vincenza Maria Ferrazzuolo**, child of  
Michael Ferrazzuolo & Brenda (Kavalerski) Ferrazzuolo

**Benjamin Leonard Young**, child Steven Young & Lauren (Leonard) Young

**Kevin George Brenner**, child of Kenneth Brenner & Kimberly (Fisher) Brenner

**Kelly Lynn Brenner**, child of Kenneth Brenner & Kimberly (Fisher) Brenner

**Kaia Joe Budinsky**, child of Alec Budinsky & Cori (Sobota) Budinsky

**Joseph Henry Szleszynski**, child of  
Matthew Szleszynski & Caroline (Kurdej) Szleszynski

**Harper Marie Hernandez**, child of  
Daniel Hernandez & Ashley (Arvidson) Hernandez

**Margot Ryn Chignoli**, child of John Chignoli & Grace (Ahern) Chignoli

**Matteo Raffael Prestianni**, child of John Prestianni & Angelina (Ruiz) Prestianni

## Readings for the week of June 8

Monday: 1 Kgs 17:1-6/ Ps 121:1bc-2, 3-4, 5-6, 7-8/Mt 5:1-12

Tuesday: 1 Kgs 17:7-16/ Ps 4:2-3, 4-5, 7b-8/Mt 5:13-16

Wednesday: 1 Kgs 18:20-39/ Ps 16:1b-2ab, 4, 5ab and 8, 11/Mt 5:17-19

Thursday: Acts 11:21b-26; 13:1-3 (580)/Ps 65:10, 11, 12-13/Mt 5:20-26

Friday: Dt 7:6-11/Ps 103:1-2, 3-4, 6-7, 8, 10/1 Jn 4:7-16/Mt 11:25-30

Saturday: 1 Kgs 19:19-21/Ps 16:1b-2a and 5, 7-8, 9-10/Mt 5:33-37

Next Sunday: Ex 19:2-6a/Ps 100:1-2, 3, 5/Rom 5:6-11/Mt 9:36-10:8

## Celebrant Schedule June 13-14

5:00 Fr. Ed  
7:00 Fr. Michael  
8:30 Fr. Michael  
10:00 Fr. Michael  
11:30 Fr. Ed  
5:00 Fr. Ed

\*Indicates Living

# PARISH INFORMATION

**DON'T FALL BEHIND**  
STAY CURRENT WITH THIS WEEK'S EVENTS  
AND WHAT'S COMING UP AT ST. JAMES

SCAN HERE TO  
JOIN OUR EMAIL LIST



## PARISH GROUPS AND APOSTOLATES

**Earth Shepherds** provides opportunities to learn about the relationship between Scripture, Catholic Social Teaching and our responsibility to be stewards of God's Creation. [sjearthshepherds@gmail.com](mailto:sjearthshepherds@gmail.com)

**Grief Support Group** is about helping with your grief. Are you struggling with a loss? Having a hard time coping? We meet twice per month. Please email the address below for more details. [griefsupport@stjamesah.org](mailto:griefsupport@stjamesah.org)

**Jr. Ambassadors** is a group for all children of St. James to practice their faith in service to others and as an example of our Catholic faith to everyone. Jr. Ambassadors act as representatives and promoters of our faith while learning about the Corporal and Spiritual Works of Mercy and Catholic Social Teaching. [kcoughlin@stjamesah.org](mailto:kcoughlin@stjamesah.org)

**Loaves and Fishes** provides lunches for those experiencing homelessness in Chicago's Uptown neighborhood. [stjameslandf@gmail.com](mailto:stjameslandf@gmail.com)

**Men of St. James** provides opportunities for Christian fellowship through social, spiritual and service activities for men of the parish at least 21 years of age. [msj@stjamesah.org](mailto:msj@stjamesah.org)

**Mental Health Group** provides support, education and awareness to our parish communities on issues related to mental health. Strives to provide resources of support, education and hope. [tsherva@gmail.com](mailto:tsherva@gmail.com)

**Ministers of Care** bring the Holy Eucharist to parishioners who are unable to leave their homes or are in care homes. Ministry volunteers must complete a mandatory training session and follow Archdiocesan guidelines. [ministryofcare@stjamesah.org](mailto:ministryofcare@stjamesah.org)

**Moms Plus** provides support and fellowship to Catholic moms. This group is part of Women of St. James. [momsplus@stjamesah.org](mailto:momsplus@stjamesah.org)

**Mondays with Mary** small group of men who pray the Rosary every Monday morning in the Teen Room at 7:00 a.m., then attend Mass together. New members are welcome. A remote option is available for those unable to attend in person. [mike\\_smigiel@msn.com](mailto:mike_smigiel@msn.com)

**Over 50 Social Club** provides social outings, speakers, and parties to any parishioner over the age of 50. [stecstan@sbcglobal.net](mailto:stecstan@sbcglobal.net)

**PADS Outreach** provides safety, temporary shelter and services to the unhoused. [st.james.pads@gmail.com](mailto:st.james.pads@gmail.com)

**Parish Pastoral Council** serves as a representative body of the St. James parish community, guided by the Holy Spirit. [PPC@stjamesah.org](mailto:PPC@stjamesah.org)

**Peace & Justice** educates the faithful on the Catholic social teachings, supports and complements parish ministries and empowers people to transform lives and society, both locally and globally. Meets the last Tuesday of each month.

**Prayer Shawl Group** creates a wide variety of shawls for anyone in need of prayers or blessings. We pray as we knit or crochet, and meet on the 3rd Sunday of each month to bless the fruits of our labors. [prayershawlministry@stjamesah.org](mailto:prayershawlministry@stjamesah.org)

**Respect Life** strives to transform society into a Culture of Life where every human being is valued and protected from the moment of conception until natural death. [respectlife@stjamesah.org](mailto:respectlife@stjamesah.org)

**Stepping Stones** raises awareness, promotes understanding and prevents relational violence by educating communities and providing referrals to victims and survivors of emotional, financial, physical and sexual abuse. (IL Domestic Violence Helpline: 877-863-6338), [steppingstones@stjamesah.org](mailto:steppingstones@stjamesah.org)

**St. Vincent de Paul** provides emergency, short-term financial help for anyone living within the parish boundaries. For information on volunteering for or using this service, call the Parish Office followed by x8517. All requests kept confidential.

**The Table** meets the second Sunday of each month after the 10:00 am Mass in the Teen Room (LL of the church). For anyone who is curious about the Catholic faith. This is a time to ask questions and engage in conversation with others.

**Women of St. James** provides support to Catholic women who are committed to growing and sharing their faith through sisterhood and service. [wosjministryleads@gmail.com](mailto:wosjministryleads@gmail.com)

# YOU MIGHT BE INTERESTED IN

## True Food

By Colleen Jurkiewicz Dorman

Like most millennial women, I have a bizarre relationship with food.

I'm so busy and distracted that most days, I forget to eat — until nighttime, when I make some very questionable decisions, usually involving cake. I also came of age in a time when any woman without a visible eating disorder was labeled as "curvy" (and curvy was understood by everyone to be A Very Bad Thing). Thus, I have a deep feeling of shame whenever I do eat, even when I am hungry, and even when it's something good for me.

I'm so messed up when it comes to food that I often wonder if I even have a good point of reference for understanding the Eucharist. What is "true food" and "true drink," when you live in a society where bodily nourishment is so plentiful — at least for certain fortunate people like me — that we reject it out of pride, that we feel a shame for needing it, and that we use it as a balm for feelings of boredom, pain, and fear?

But I suppose there's no better way to understand the Eucharist, when you really think about it. The Israelites survived on manna from Heaven — what they would have given for a grocery store. What they would have given for redemption.

I am given both. I appreciate neither to the extent that I should.

True food, true nourishment, true life — physical and spiritual — these are things we all desperately want. And so many of us have them. But our ability to understand what they mean — well, it's hampered. This isn't Eden, after all.

We are reading a book missing half its pages, singing a harmony missing half its parts. We stumble forward, knowing that the fullness can come, will come — one day.

If we keep trying.

©LPi

## Creation Care Corner



*"The pace of consumption, waste and environmental change. . . can only precipitate catastrophes..." "Truly much can be done!" — Pope Francis*

### Electric Vehicles: A Creation Care Benefit ?

Transportation emissions in the United States are a large source of both air pollution and climate-warming greenhouse gas emissions (GHGs). The Iran war's oil price shock, which has pushed the US national average above \$4 per gallon has reignited consumer interest in EVs. But are there creation care and economic benefits to making the switch?

When comparing EVs to gas powered vehicles, EVs typically are a creation care benefit. According to the US Dept. of Energy, electric vehicles today produce 46% fewer GHGs than comparable gasoline powered vehicles on a life cycle basis. Whether it is an economic benefit depends on numerous factors, including whether you have a garage to charge the vehicle, the current price of gas, the number of miles you drive, and state electricity rates. The equivalent "cost per gallon" for average EV charging costs is less than \$1.65 per gallon for most states. A vibrant EV used car market could accelerate the payback calculation. Don't forget other emission reducing alternatives like reducing # of vehicles/family, driving less, and using public transportation. For more information: <https://tinyurl.com/CCCEVinfo>

ARCHDIOCESE OF CHICAGO



## Vicariate I | Fall 2026

# ADULT CONFIRMATION

Are you an adult who missed receiving the Sacrament of Confirmation?

### Preparation for Confirmation:

An 8-week preparation session for Vicariate I parishioners will meet on Mondays beginning **August 31, 2026, 7–9 p.m.**

**St. Edna Parish, Arlington Heights**

**Confirmation Mass on November 4, 7 p.m.**

**Registration closes** on Monday, August 10, 2026.

Cost: \$70/person.

Contact Lorie Crepeau for information and registration:  
[lcrepeau@stedna.org](mailto:lcrepeau@stedna.org) or **847.398.3362, ext. 325.**





Be disciples  
of Christ

820 N. Arlington Heights. Road  
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(224) 345-7200  
[www.stjamesah.org](http://www.stjamesah.org)

Make  
disciples  
of Christ

 SAINT JAMES PARISH  
ARLINGTON HEIGHTS

## MASS SCHEDULE

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Daily Mass: Mon. - Sat. 7:30 a.m. | Mon. & Wed. 12:00 p.m.

Saturday 5:00 p.m. Praise & Worship Ensemble  
Sunday 7:00 a.m. Cantor and Organ  
Sunday 8:30 a.m. Traditional Choir & Organ  
Sunday 10:00 a.m. Contemporary Choir  
Sunday 11:30 a.m. Contemporary Choir  
Sunday 5:00 p.m. Praise & Worship Ensemble

## PARISH OFFICE HOURS

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Monday - Friday 9:00 a.m. - 4:00 p.m.

## ANOINTING OF THE SICK

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Contact the Parish Office (224) 345-7200 as soon as possible when your loved one is dying or has just begun hospice. Please use extension 2 after hours. The Anointing of the Sick may be administered to those dying as well as those who are not dying but are dealing with serious illness, major surgery, or advanced age. (The Last Rites includes Anointing, as well as Confession and Communion.) A person may be anointed more than once if needed.

## PARISH STAFF AND PERSONNEL

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Rev. Edward J. Pelrine, Pastor  
[frpelrine@stjamesah.org](mailto:frpelrine@stjamesah.org) • 224-345-7222

Rev. Paul Stein, Associate Pastor  
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Rev. Michael Grzesik, Associate Pastor  
[frgrzesik@stjamesah.org](mailto:frgrzesik@stjamesah.org) • 224-345-7201

Rev. William Zavaski, Pastor Emeritus  
James Bannon (Laura), Deacon  
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Campus Maintenance Engineer, Mike Tomaszewicz  
[mtomaszewicz@stjamesah.org](mailto:mtomaszewicz@stjamesah.org) • 224-345-7200 ext. 6128

## SACRAMENTS & DEVOTIONS

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**BAPTISM** - Please contact the Parish Office with a preferred date one month in advance.

**MARRIAGE** - At least six months prior to your wedding, please contact the Parish Office to set a date.

**HOLY HOUR** - Thursday 6:00 - 7:00 p.m. in the church for procession of the blessed sacrament, evening prayer, and rosary

**FIRST FRIDAY** - Devotion to the Sacred Heart after the 7:30 a.m. Mass on the first Friday of each month

**CONFESSION** - Thursdays at 6:00 pm & Saturdays at 8:00 am

**THE ADORATION CHAPEL** - Open to the public, M-F from 6:30 a.m. - 8:30 p.m. and Sat & Sun 6:30 a.m. - 6:30 p.m.  
Or sign up for a time at [adorationpro.org/jamesil](http://adorationpro.org/jamesil)

Director of Digital Evangelization, Aurelio Garcia  
[agarcia@stjamesah.org](mailto:agarcia@stjamesah.org) • 224-345-7218

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Open Doors Ministry Coordinator, Kathryn Coughlin  
[kcoughlin@stjamesah.org](mailto:kcoughlin@stjamesah.org)

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## Edward Jones

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