MERCY BOX FOOD CHECK LIST

___	1	Medium size (12oz) bag of GROUND regular coffee
___	1	medium jar of peanut butter
___	1	medium jar of jelly
___	1	4-pound bags of sugar
___	5	cans of fruit (16 oz) Please include a variety Peaches/pineapple/applesauce/pears/ Fruit cocktail/cranberry sauce/apricots
___	5	cans of vegetables (16 oz) Please include a variety Green beans/corn/peas/carrots/spinach
___	3	cans of refried beans (16 oz)
___	3	packages of flour tortillas
___	5	cans of protein (tuna, chicken, etc.)
___	1	2-3lb bag of rice
___	2	1lb bags of dry pasta
___	3	boxes of macaroni and cheese
___	1	package of cookies
___	1	container of salt (e.g. Morton salt)
____	1	package of 6-8 juice Boxes (Apple, grape, etc.)

Special Items: Include anything that you think may add to the specialness of the box. Your "Special Touch" can only enhance an already beautiful gift.

PLEASE TAPE THE BOX CLOSED ONCE YOU HAVE COMPLETED PACKING THE BOX WITH THE ABOVE ITEMS

SAINT JAMES PARISH
A CATHOLIC CHRISTIAN COMMUNITY

820 N Arlington Heights Road
Arlington Heights, Illinois 60004
Office 224-345-7200
Fax 224-345-7220
www.stjamesah.org

Dear Parishioner:

Thank you for taking part in the St James Mercy Box in December Charity. On the opposite side of this letter is the "Mercy Box Food Check List." The list has been created so that all the food fits in the box that is attached to this letter:

Please follow these instructions to complete your Mercy Box:

- Please assemble and tape the bottom of the box.
- Fill the box with the food items on the Mercy Box Food Check List.
- Tape the box closed. **You do not need to wrap the box.**
- Return the box after all masses on:
  - **SUNDAY DECEMBER 20th FROM 8AM-12:30 PM**

  Boxes can be returned to the St James School/Parish Center parking lot (West Side of Arlington Heights Road)
- We will have volunteers ready to unload your box.
  - PLEASE NOTE: There is **NO DROP OFF** at EITHER 5PM mass on Saturday or Sunday December 19th or 20th
  - Mercy boxes will be delivered on Monday, December 21st

We are looking for teens and adults to volunteer with unloading boxes from cars on the morning of Sunday, December 20th.

Please visit our website at: **www.stjamesah.org** for the volunteer sign-up link:

St. James - Arlington Heights: St. James Mercy Box Collection - 2026

We do ask that ALL volunteers be able to lift a 50-pound box.

We thank you again for participating in this new addition to our Mercy Box Charity. Extending the spirit of giving throughout the year, this time to those in need nearby.

Your Servant in Christ

Fr Ed